



Making the right food choices, together.

Healthy Choices for Healthy Children (SB210) Check off Sheet

		YES	NO
1.	Consultation with a licensed dietitian, registered diet tech, or SNS credentialed		
2.	Beverage Standards Beverages sold as a fundraiser by school sponsored organizations outside the regular school day are exempt from the beverage standards*		
	Standards are followed for all beverages sold to students in all areas of the school during the regular school day		
	In grades 9-12, at least 50% of the a la carte beverages available during the regular and extended school day are water or beverages containing no more than 10 calories per 8 oz		
	Schools that participate in USDA funded meals are not selling carbonated beverages in the cafeteria or other areas where reimbursable meals are being served and consumed during the meal serving times		
	Milk contains no more than 150 calories per 8 oz by July 1 2014		
3.	A La Carte Food Standards A La Carte sold as a fundraiser by school sponsored organizations outside the regular school day are exempt from the a la carte standards		
3a	Any a la carte food must meet the <i>Alliance for a Healthier Generation</i> Guidance, or the Nutrient density format unless it can be a component of the USDA meal program		
3b	Foods sold a la carte are sold in the same serving size as on the reimbursable meal to be exempted **		
3c	If using the Nutrient density format: 20 % of a la carte food items on school campus are in the highest rated category by <i>July 1 2011</i> 40 % of the a la carte food is rated inn the highest category By <i>July 1, 2012</i>		
4.	Board policy has been adopted		
5.	Board has designated staff to be responsible for ensuring nutrition standards are met		
6.	Annual report is completed and submitted to ODE and presented at a regular Board meeting		

*-Interscholastic athletic events are exempt at all times

** - If a food item that can be component of a reimbursable meal is only available as an a la carte item, the serving size is defined by the school after consulting the dietary guidelines.