

Ice Cream Specialties

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Ordering Conditions: \$125.00 minimum for free delivery

NET 30 days

Address: 92 Broadway, Bedford, OH 44140

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School Nutritionals 2011/12

Item #	MEC ITEM	Case Cost	Unit Price	Case Cnt	Qualified	Size	Serv'g Size	Calories Per Serving	Calories Fr Fat	Tot'l Fat	Sat. Fat	Trans Fat	Cholest.	Sodium	Carb.	Dietary Fiber	Sugar	Protein	VITAMIN		Calcium % DV	Iron % DV
																			A % DV	C % DV		
Rich's Ice Cream																						
5021	Crumbled Cookie Cone	9.05	0.377	24	M,H	3.0oz.	70g	170	30	3.5g	1.5g	0		105mg	31g	0g	15g		10%		6%	4%
5093	Fudge Frenzy	5.49	0.229	24	E,M,H	3.0oz.	75g	80	5	.5g	0g	0		75mg	19g		7g		0	0	10%	6%
5085	Orange & Cream Bar	4.99	0.208	24	E,M,H	3.0oz.	68g	90	10	1g	1g	0		40mg	18g		14g		15%	0	4%	0%
5042	Chocolate Crunch bar	6.99	0.291	24	E,M,H	3.0oz.	70g	140	40	4.5g	1.5g	0		60mg	22g		15g		10%		4%	4%
5051	Strawberry Crunch Bar	6.99	0.291	24	E,M,H	3.0oz.	70g	130	30	3.5g	1g	0		40mg	23g		15g		6%		4%	
5111	Rainbow Polar Pop	8.99	0.375	24	E,M,H	2.75oz.	58g	70	10	1g	.5g	0		20mg	13g		12g		15%	0	2%	0
5091	RF Ice Cream Sandwich	7.23	0.301	24	M,H	4.0oz.	68g	160	25	3g	1g	0		95mg	30g		15g		10%		4%	
Gambel's Ice Cream																						
3 oz. RF Cups																						
4753	Chocolate Ripple	6.59	0.275	24	E,M,H	3 fl.oz.	51g	90	15	2g	1g	0g	5mg	60mg	17g	0g	11g	2g	8	0	6	2
4751	Cotton Candy	6.59	0.275	24	E,M,H	3 fl.oz.	51g	90	15	2g	1g	0g	10mg	55mg	15g	0g	10g	2g	8	0	6	2
4755	Strawberry Ripple	6.59	0.275	24	E,M,H	3 fl.oz.	51g	90	15	1.5	1g	0g	5mg	55mg	16g	0g	11g	2g	8	0	6	2
4 oz. NSA Cups																						
4735	NSA Cherry Vanilla	6.99	0.291	24	E,M,H	4 fl.oz.	70g	70	0	0g	0g	0g	0mg	60mg	16g	3g	5g	3g	6	2	10	0
4733	NSA Choc.	6.99	0.291	24	E,M,H	4 fl.oz.	70g	70	0	0g	0g	0g	0mg	50mg	17g	4g	4g	3g	6	2	10	0
4731	NSA Vanilla	6.99	0.291	24	E,M,H	4 fl.oz.	70g	70	0	0g	0g	0g	0mg	60mg	16g	3g	5g	3g	6	2	10	0
4 oz. Sherbet Cups																						
4743	Orange Juice Sherbet	5.50	0.229	24	E,M,H	4fl.oz.	75g	120	10	1g	.5g	0g	5mg	20mg	26g	0g	14g	1g	0	10	4	4
4744	Raspberry Juice Sherbet	5.50	0.229	24	E,M,H	4fl.oz.	75g	120	10	1g	.5g	0g	5mg	15mg	27g	0g	14g	1g	0	10	4	4
3 oz Reduced Fat Push Up Pops																						
4772	Cotton Candy	8.40	0.350	24	E,M,H	3 fl.oz.	51g	90	15	2g	1g		10mg	55mg	14g	0g	10g	2g	8%	0%	6%	2%
4773	Vanilla/Fudge	8.40	0.350	24	E,M,H	3 fl.oz.	51g	90	15	2g	1g		15mg	60mg	17g	0g	11g	2g	8%	0%	6%	2%
4771	Orange Juice Sherbet	7.65	0.319	24	E,M,H	3 fl.oz.	56g	90	15	1g	0g		5mg	15mg	21g	0g	10g	1g	0%	10%	4%	4%
Mini Reduced Fat Sandwich																						
Vanilla	NUTRITIONAL'S Pending				E,M,H																	
	J&J Sandwiches																					
4901	Frozen Squeeze Tubes Icee	15.99	0.666	24	E,M,H	4.0oz.	118g	118	0	0	0	0	0	10mg	0		14g	0	0			
4903	Italian Ice Squeeze Tubes	15.99	0.666	24	E,M,H	4.0oz.	118g	118	0	0	0	0	0	15mg	0		14g	0	0			
4907	Minute Maid 2 oz juice bar	25.42	0.254	100	E,M,H	2.0oz.	59.2g	40	0	0	0	0	0	5mg	0	2g	7g	0	6%	11%	8%	0
4909	Whole Fruit Juice Cup	37.36	0.389	96	E,M,H	4.0oz.	118g	118	0	0	0	0	0	10mg	23g	3g	18g	0	10%			

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Noble Snow																						
4020	Mini Cone	8.40	0.350	24	E,M,H	2 oz.	40g	80	20	2	1	0	5mg	50mg	14g	0	9g	1g	2	0	4	0
4034	Red, White & Blue Pop	4.45	0.371	12	E,M,H	3.5 oz.	99g	80	0	0	0	0	0	5mg	19g	0	19g	0	0	0	0	0
4045	Frog Spit Bar Lemon/Lime	8.40	0.350	24	E,M,H	2.5oz.	41g	60	10	1g	.5g	0	5mg	50mg	11g		9g	1g	6%	0		
4087	Strawberry Juice Pop	7.50	0.313	24	E,M,H	2.5 oz.	71g	60	0	0	0	0	0	5mg	16g	0	15g	0	0	20	0	0
4089	Banana Blast Bar	4.25	0.354	12	E,M,H	3.5 oz.		90	10	1	.5g	0	5mg	45mg	19g	0	18g	1g	2	0	2	0
4092	RF Cookie & Cream Bar	8.90	0.371	24	E,M,H	2.5oz.	40g	100	15	1.5g	1g	0	5mg	70mg	19g		13g	2g	4%	0		
4094	RF Strawberry & Cream Bar	8.90	0.371	24	E,M,H	2.5oz.	41g	60	10	1g	.5g	0	5mg	50mg	11g		9g	1g	6%	0		
4095	RF NS Van/Choc Bar	6.25	0.260	24	E,M,H	2.5oz.	41g	60	10	1g	.5g	0	5mg	50mg	12g		10g	1g	6%	0		
4096	Asst Twin Pops	5.06	0.211	24	E,M,H	2.5 oz.	71g	70	0	0	0	0	0	5mg	17g	0	14g	0	0	0	0	0
4097	Root Beer Float Bar	4.25	0.354	12	E,M,H	3.5 oz.	99g	90	15	2	1g	0	5mg	45g	19g	0	17g	2g	2	0	6	0
4113	Frog Spit Lemon/Lime Pushup	9.40	0.392	24	E,M,H	3 oz.	65g	80	10	1	0.5	0	5mg	10mg	18g	0	14g	1g	60	60	2	0
Frog Spit Lemon Pop																						
47007	Sour Cherry Crybaby	28.85	0.321	90	E,M,H	4 oz.	113g	118		0				15mg	29.5g	0		0		20		0
47011	Blue Raspberry Typhoon	28.85	0.321	90	E,M,H	4 oz.	113g	118		0				15mg	29.5g	0		0		20		0
47017	Charms Blow Pop Crybaby	28.85	0.321	90	E,M,H	4 oz.	113g	118		0				15mg	29.5g	0		0		20		0
47018	Sour Apple Crybaby	29.53	0.328	90	E,M,H	4 oz.	113g	118		0				15mg	29.5g	0		0		20		0
47013	Sno Jo Crybaby-seasonal	29.53	0.328	90	E,M,H	4 oz.	113g	118		0				15mg	29.5g	0		0		20		0
47015	Casper Crybaby-seasonal	29.53	0.328	90	E,M,H	4 oz.	113g	118		0				15mg	29.5g	0		0		20		0
47014	Peter Cottontail - seasonal	29.53	0.328	90	E,M,H	4 oz.	113g	118		0				15mg	29.5g	0		0		20		0
47020	Sweetheart Crybaby-seasonal	29.53	0.328	90	E,M,H	4 oz.	113g	118		0				15mg	29.5g	0		0		20		0
Good Humor																						
1039	Hyper Stripe	9.95	0.415	24	E,M,H	2.7 oz.	73g.	80	0	0	0	0	0	10mg	19g	0	15g	0	0	0	0	0
1063	Lemon-Lime Shots	10.15	0.846	12	E,M,H	3.2 oz	90g	80	10	1g	1g	0	0	0	17g	0	17g	0	0	0	0	0
1064	Sour Fruit Shots	10.15	0.846	12	E,M,H	3.2 oz.	90g	80	10	1g	1g	0	0	0	17g	0	17g	0	0	0	0	0
1117	Lick-a-Color	9.95	0.415	24	E,M,H	3.5 oz	113g	90	0	0	0	0	0	10mg	22g	0	16g	0	0	6	0	0
1119	Scribblers	7.59	0.316	24	E,M,H	1.2 oz.	79g	60	0	0	0	0	0	5mg	15g	0	11g	0	0	20	0	0
1161	Firecracker Jr.	18.95	0.263	72	E,M,H	1.6 oz	44g	35	0	0	0	0	0	0	8g	0	7g	0	0	20	0	0
1043	Big Stick Cherry	9.95	0.415	24	E,M,H	3.5 oz.	81g	60	0	0	0	0	0	5mg	15g	0	10g	0	0	0	0	0