



Metropolitan Educational
Council

Bakery Supplies

August 1, 2011 – July 31, 2012

For counties: Adams, Ashland, Athens, Carroll, Champaign, Coshocton, Crawford, Delaware, Erie, Gallia, Guernsey, Hardin, Highland, Hocking, Huron, Jackson, Knox, Lawrence, Logan, Mahoning, Marion, Medina, Meigs, Mercer, Monroe, Morgan, Morrow, Muskingum, Paulding, Perry, Pickaway, Pike, Portage, Richland, Ross, Scioto, Stark, Summit, Trumbull, Tuscarawas, Union, Vinton, Washington, Wayne, Wyandot

Nickles BAKERY



www.mecdc.org

2100 Citygate Dr. Columbus, OH 43219



Metropolitan Educational Council

www.mecdc.org

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METROPOLITAN EDUCATIONAL COUNCIL CONTACTS

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Executive Assistant

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VENDOR CONTACT

Company Name: Nickles Bakery

Company Website: www.nicklesbakery.com

Contact: Ron Fields

Phone: 1-800-982-3321

614-276-5477

Fax: 614-276-4699

Cell: 614-296-4813

Email: rfields@nicklesbakery.com

Ordering Information: Contact Branch Managers at Branch (see next page).
Orders need to be placed on Tuesday for next week delivery.

Payment Terms: Net 30 days

Nutritional Information: Available on the MEC website. Go to the Purchasing tab and then select Food Catalogs.

Minimum Order: \$25.00

Address: 590 North Hague Ave., Columbus, OH 43204

BRANCH ADDRESSES, PHONE & FAX NUMBERS

Akron, OH

3775 Mogadore Rd.
Mogadore, OH 44260
phone 800-562-9508
fax 330-628-0198
Mgr. Jim Chriss

East Liverpool, OH

1275 Pennsylvania Ave.
East Liverpool, OH 43920
phone 800-860-7996
fax 330-385-5205
Mgr. Dave Heaton

Marion, OH

787 N. Main St.
Marion, OH 43301
phone 800-860-8017
fax 740-383-2439
Mgr. Mike Rankin

Toledo, OH

2698 Hill St.
Toledo, OH 43607
phone 800-635-2136
fax 419-536-4934
Mgr. Steve Fournier

Cambridge, OH

1465 Woodlawn
Cambridge, OH 43725
phone 800-238-8712
fax 740-432-3636
Mgr. Gene Netting

Fremont, OH

721 White
Fremont, OH 43420
phone 800-321-0037
fax 419-332-8165
Mgr. Dave Roth

Martins Ferry, OH

1000 Broadway
Martins Ferry, OH 43935
phone 800-810-3795
fax 740-633-6852
Sup. Jeff Kent

Warren, OH

2502 Mahoning Ave.N.W.
Warren, OH 44483
phone 800-472-5008
fax 330-394-5418
Mgr. Denny Yeckel

Cincinnati, OH*

3253 East Kemper Rd.
Cincinnati, OH 45241
phone 800-237-5897
fax 513-772-8544
Mgr. Gary Huffman

Girard, (Youngstown)OH

420 N. State St.
Girard, OH 44420
phone 800-932-8577
fax 330-545-6446
Mgr. Paul Kunder

Massillon, OH

3939 Erie St., S.
Massillon, OH 44646
phone 800-597-9096
fax 330-879-2451
Mgr. Dick Baker

Wash. C. House, OH

1659 Rt. 22 East
Wh. Ct. House, OH 43160
phone 800-524-7991
fax 740-335-1506
Mgr. Gary Zingery

Cleveland, OH

13500 Snow Rd.
Brookpark, OH 44142
phone 800-932-8311
fax 216-0508
Mgr. Jody Stevelak

Lima, OH

1121 Latham
Lima, OH 45805
phone 800-821-3742
fax 419-228-7357
Mgr. Tony Davis

Napoleon, OH

1015 Welsted
Napoleon, OH 43545
phone 800-438-7443
fax 419-599-4577
Mgr. Jim Holden

Zanesville, OH

1147 Newark Rd.
Zanesville, OH 43701
phone 877-221-4213
fax 740-453-7311
Mgr. Gene Netting

Columbus, OH

590 N. Hague
Columbus, OH 43204
phone 800-982-3321
fax 614-276-4699
Mgr. Ron Fields

Lorain, OH

3215 W. 21st St.
Lorain, OH 44052
phone 800-970-1184
fax 440-282-3883
Mgr. Mike Moran

Orwell, OH

270 E. Main St.
Orwell, OH 44076
phone 800-588-0622
fax 440-437-6672
Mgr. Jeff MacCarthy

Parkersburg, WV

701 Division St.
Parkersburg, WV 26101
phone 877-424-6901
fax 304-424-6902
Mgr. Charlie Elliott

Dayton, OH

201 Pritz Ave.
Dayton, OH 45403
phone 800-638-8403
fax 937-256-4365
Mgr. Gary Huffman

Mansfield, OH

194 Park Ave., East
Mansfield, OH 44902
phone 800-524-9844
fax 419-524-2527
Mgr. Jim Wilson

Steubenville, OH

1039 Wilson Ave.
Steubenville, OH 43952
phone 800-368-5889
fax 740-282-7016
Mgr. Dave Heaton

Item No.	Description	Product No.	Slice/Pack Count	Price
	<u>BREAD</u>			
1	White Round Top Bread, 20 oz.	1006	21 sl	1.19
2	Whole Grain White Bread, 20 oz	1059	20 sl	1.45
3	White Sandwich Bread, 24 oz.	1008	30 sl	1.25
4	Whole Wheat Sandwich Bread, 24 oz.	1012	30 sl	1.30
5	Whole Wheat Bread, 100% whole grains	1290 - 16 oz 1293 - 24 oz	16 sl 16 sl	1.35 1.80
6	Whole Wheat Honey Bread, 100% whole grains, 26 oz	1245	16 sl	1.90
7	Honey Cracked Wheat Bread, 20 oz.	1050	16 sl	1.57
8	Split Top Wheat Bread, 20 oz.	1135	21 sl	1.57
9	Stone Ground Wheat Bread, 16 oz.	1015	16 sl	1.34
10	Sesame Bread, 16 oz.	1214	13 sl	1.31
11	Texas Toast, 24 oz.	1091	17 sl	1.3
12	Club Pullman, 32 oz.	1082	30 sl	1.74
13	Club Wheat Pullman Bread, 32 oz.	1083	30 sl	1.85
14	Restaurant wheat pullman bread, 24 oz.	1008	30 sl	1.25
15	Restaurant white pullman bread, 24 oz.	1012	30 sl	1.30
16	French bread, short seeded, 1 lb.	1092	unsliced	1.33
17	French bread, short plain, 1 lb.	1093	unsliced	1.33
18	Italian Pan Bread, 20 oz.	1087	16 sl	1.35
19	Seeded Italian Bread, 16 oz.	1214	13 sl	1.31
20	Restaurant pullman, thick slices, 24 oz.	1041	16 sl	1.30
21	Rye Pullman Bread, 24 oz.	1011	30 sl	1.40
22	Rye bread, deli, 24 oz.	1031	22 sl	1.72
23	Sour Dough Bread, 24 oz.	1024	19 sl	1.77
24	Raisin Bread, 16 oz.	1101	15 sl	2.27
25	12 Grain Bread, 20 oz.	1239	16 sl	1.57
26	Cinnamon Bread	2006	12 sl	2.27

Item No.	Description	Product No.	Slice/Pack Count	Price
	<u>BREADSTICKS</u>			
27	Plain breadsticks	1616	8 ct	0.99
28	Finger rolls (soft breadsticks), 1.25-1.5 oz	1744	24 ct	2.18
	<u>BUNS</u>			
29	Round Buns, 4"			
	A. White	1524	12 ct	1.22
	B. Multigrain	1854	8 ct	1.26
	C. Rye	1598	8 ct	1.26
	D. Whole grain wheat	1766	12 ct	1.90
	E. Whole grain wheat (deli style)	1965	8 ct	1.50
30	Round Buns, 4", plain	1691	60 ct	5.94
31	Round Buns, 3 1/2"			
	A. White	1502	12 ct	1.16
32	Small beef bun, 3 1/2"	1694	12 ct	1.13
33	Cluster hamburger bun, 4 in.	1565	12 ct	1.49
34	Sesame hamburger bun, 4 in.	1576	12 ct	1.31
35	Whole grain white hamburger bun	1793	8 ct	1.33
36	Deli Italian Split Buns	1930	8 ct	1.53
37	Weiner Buns, 6"	1509	12 ct	1.13
38	New England Split Top Wiener Buns	1600	6 ct	1.11
39	Whole Grain white wiener buns	1794	8 ct	1.33
40	Wheat wiener dog buns	1817	8 ct	1.25
41	Footlong Wiener Buns, 12"	1513	8 ct	2.10
42	Footlong Wiener Buns, 9"	1512	8 ct	1.72
43	Hoagy Bun 6"	1522	12 ct	2.08
44	Submarine Buns, Standard, 2 1/2 x 5"			
	A. Seeded	1717	8 ct	1.25
	B. Plain	1515	8 ct	1.25

Item No.	Description	Product No.	Slice/Pack Count	Price
45	Submarine Buns, 2 x 8"			
	A. Blunt end	1816	6 ct	1.48
	B. Soft plain	1518	6 ct	1.34
	C. Soft seeded	1519	6 ct	1.35
	D. Unsliced	1811	6 ct	1.48
46	Submarine Buns (Slab Sliced), 8"	1828	6 ct	1.48
47	Submarine Buns, 2 ½ x 6", white	1802	6 ct	1.41
48	Cornmeal Steak Bun, 6"	1791	24 ct	4.80
49	Cornmeal Steak Bun, 6"	1786	12 ct	2.48
50	Whole Grain steak buns	1980	12 ct	2.27
51	Special Kaiser Bun	1879	12 ct	1.57
52	5" Bulk Seeded Kaiser Buns	1570	20 ct	4.61
53	4" Plain Kaiser Buns	1898	12 ct	1.53
54	Double Decker Bun			
	A. Plain	1592	6 ct	1.17
	B. Seeded	1593	6 ct	1.18
55	4" Bulk Seeded Double Deck Buns	1701	30 ct	4.31
	<u>DINNER ROLLS</u>			
56	Snowflake Dinner Roll, 15 oz.	1661	12 ct	1.13
57	Large Cup Dinner Roll, 17 oz.	1542	12 ct	1.66
58	Potato Dinner Rolls, 12 oz.	1540	12 ct	1.60
59	Cluster Rolls	1655	24 ct	1.95
60	Multigrain dinner rolls, 1.25-1.5 oz.	1649	12 ct	1.94
61	Whole grain dinner rolls	1975	16 ct	1.84
62	Wheat dinner rolls, 1.25-1.5 oz.	1649	12 ct	1.94
63	8 grain dinner rolls	1966	16 ct	1.84
64	Honey dinner rolls	1964	16 ct	1.84
65	Split Top 8 Grain Dinner Rolls, 1.2 oz.	1966	16 ct	1.84

Item No.	Description	Product No.	Slice/Pack Count	Price
66	Sliced Hard Rolls	1719	8 ct	1.41
67	Assorted Dinner Rolls	1544	12 ct	1.48
68	Sno Ball Dinner Rolls	1556	12 ct	1.45
69	English muffins	557	6 ct	1.46
	<u>MISCELLANEOUS</u>			
70	Blueberry Bagels	192	6 ct	1.60
71	Plain Bagels	188	6 ct	1.60
72	Individual Banana Flips	2503	1 ct	0.78
73	Chocolate Delites	2510	1 ct	0.78
74	Crème Sticks	3255	2 ct	0.78
75	Maple Twist Rolls	2009	6 ct	2.64
76	Mini Powder Sugar Donuts, 19 oz.	3248	44 ct	2.64
	DELIVERY - Monday, Tuesday, Thursday, Friday. Delivery schedule as warranted by volume and mileage constraints.			

Product # 116

Label Description: 2 lb Marble Rye Bread

Product Description: Dark Rye with a Light colored rye dough swirl

Specifications: Crumb: dark brown and tan / NO seeds

Loaf Wt: 32 oz.

Emergency Contact 1.800.362.9775

Allergen: **wheat, soy**

Ingredients:

enriched bromated wheat flour (bleached wheat flour barley malt, niacin, iron, thiamin mononitrate, potassium bromate, riboflavin, folic acid), rye flour, rye meal, water, contains 2% or less of the following: yeast, salt, ground caraway, sugar, dextrose, soybean oil, caramel color, calcium propionate (preservative), monocalcium phosphate, monoglycerides, sodium stearoyl lactylate, ascorbic acid, L- cysteine, calcium sulfate, amylase, soy lecithin.

Nutrition facts:

Serving size: 1 slice

Wt.per serving: 58 gram slice

Servings per container: approx 18 slices

Nutrient	Values	Unit	%DailyValue
Calories	135	kcal	
Calories From Fat	10	kcal	
Total Fat	1	g	1%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0
Sodium	330	mg	15%
Total Carbohydrate	27	g	8%
Dietary Fiber	3	g	10%
Sugars	1	g	2%
Protein	5	g	
Vitamin A	0		0
Vitamin C	0		0
Calcium	0		4%
Iron	0		10%

cellone 2010

Product # 140

Product Description: Cellone Unsliced Italian Bread
Loaf Wt: 16 oz.
Number of slices: unsliced

Ingredients:

Enriched Bromated Bleached Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Potassium Bromate, Riboflavin, Folic Acid), Water, contains less than 2% of each of the following: Yeast, Wheat Flour, Salt, Sugar Dextrose, Soybean Oil, Calcium Propionate (Preservative), Monocalcium Phosphate, Datem, Sodium Stearoyl Lactylate, Ascorbic Acid added as a dough conditioner, Lcysteine, Calcium Sulfate, Potassium Bromate, Enzymes.

Allergens **wheat, Soy**

Nutrition facts:

Serving size: 2 slice

Wt.per serving: 2.0oz. 57 gram slice

Servings per container: 8

Nutrient	Values	Unit	%DailyValue
Calories	140	Kcal	
Calories From Fat	5	kcal	
Total Fat	0.5	g	1%
Saturated Fat	0	g	0
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0
Sodium	230	mg	6%
Total Carbohydrate	28	g	5%
Dietary Fiber	less than 1	g	1%
Sugars	1	g	
Protein	5	g	
Vitamin A	0		0
Vitamin C	0		0
Calcium	0		4%
Iron	0		10%
Thiamin	0		20%
Riboflavin	0		10%
Niacin	0		10%
Folate	0		15%

Product # 165

Product Description: Deli Style Slice French Bread

Loaf wt: 16 oz.

Ingredients:

Bleached enriched wheat flour (wheat flour, malted barley flour, thaimine mononitrate ferrous sulfate, riboflavin), water, yeast. Contains 2% or less of the following: salt, sugar, dextrose, soybean oil, calcium propionate (mold inhibitor), monocalcium phosphate, mono and diglycerides, calcium sulfate, potassium bromate.

Nutrition facts:

Serving size: **2 slices**

Wt.per serving: 2.0 oz.

58 gram bun

Nutrient	Values	Unit	%DailyValue
Calories	150	Kcal	0
Calories From Fat	10	kcal	0
Total Fat	1	g	1%
Saturated Fat	0	g	0
Trans Fat	0	g	0
Polyunsaturated Fat	0	g	0
Monounsaturated Fat	0.5	g	0
Cholesterol	0	mg	0
Sodium	310	mg	13%
Total Carbohydrate	30	g	10%
Dietary Fiber	1	g	4%
Sugars	0	g	0
Protein	5	g	0
Vitamin A	0		0
Vitamin C	0		0
Calcium	0		4%
Iron	0		10%
Thiamin	0		10%
Riboflavin	0		4%
Niacin	0		6%
Folate	0		10%

from: Cellone's Bakery - 2010

Product # 172

Product Description: Bulk Crumbs
6 months

Allergens: **wheat**

Ingredients:

Bleached Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin (A-B Vitamin), Thiamine Mononitrate (Vitamin B-1), Ferrous Sulfate (Iron), Riboflavin (Vitamin B-2), Folic Acid), Water, Yeast, contains 2% or less of the following: Salt, Sugar, Dextrose, Soybean Oil, Calcium Propionate (a preservative), Monocalcium Phosphate, Mono and Diglycerides, Calcium Sulphate, Ascorbic Acid, Potassium Bromate, L-Cystine Hydrochloride, Amylase.

Nutrition facts:

Serving size: 1/4 cup

Servings per container: 80

Nutrient	Values	Unit	%DailyValue
Calories	70	Kcal	
Calories From Fat	0	kcal	
Total Fat	0	g	1%
Saturated Fat	0	g	1%
Trans Fat	0	g	0%
Polyunsaturated Fat	0	g	0%
Monounsaturated Fat	0	g	0%
Cholesterol	0	mg	0%
Sodium	150	mg	6%
Potassium	0	mg	0%
Total Carbohydrate	15	g	5%
Dietary Fiber	0	g	2%
Sugars	0	g	
Protein	2	g	
Vitamin A			0%
Vitamin C			4%
Calcium			7%
Iron			10%
Thiamin			0%
Riboflavin			0%
Niacin			0%
Folate			0%

Product # 174

Product Description: Bulk Croutons
6 months

Allergens: **wheat**

Ingredients:

Enriched Bromated Bleached Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Potassium Bromate, Riboflavin, Folic Acid), Water, contains less than 2% of each of the following: Yeast, Sugar, Dextrose, Soybean Oil, Calcium Propionate (Preservative), Monocalcium Phosphate, Datem, Sodium Stearoyl Lactylate, Ascorbic Acid added as a dough conditioner, L-Cysteine, Calcium Sulfate, Potassium Bromate, Enzymes.

Nutrition facts:

Serving size: 1 cup

wt./serving

Servings per container: 20

Nutrient	Values	Unit	%DailyValue
Calories	140	Kcal	
Calories From Fat	0	kcal	
Total Fat	0	g	1%
Saturated Fat	0	g	1%
Trans Fat	0	g	0%
Polyunsaturated Fat	0	g	0%
Monounsaturated Fat	0	g	0%
Cholesterol	0	mg	0%
Sodium	280	mg	12%
Potassium	0	mg	0%
Total Carbohydrate	28	g	9%
Dietary Fiber	1	g	4%
Sugars	0	g	
Protein	4	g	
Vitamin A			0%
Vitamin C			8%
Calcium			4%
Iron			10%
Thiamin			0%
Riboflavin			0%
Niacin			0%
Folate			0%

aib

Product # 188

Product Description: Plain Bagels

Label Wt. 1 lb. 2 oz. (18 oz.) 510 g

Allergens: wheat

Emergency Contact: 800-362-9775

Ingredients:

Enriched high gluten flour (wheat flour, malted barley, niacin (A "B" vitamin), reduced iron, thiamine mononitrate (vitamin B1), riboflavin (vitamin B2), folic acid), water, sugar, malt, yeast, salt, mono-diglycerides, calcium propionate (to preserve freshness), cornmeal.

Nutrition facts:

Serving size: 1 bagel

Wt.per serving:approx. 3 oz. (85 g)

Servings per container: 6 bagels

Nutrient	Values	Unit	%DailyValue
Calories	250	Kcal	
Calories From Fat	10	kcal	
Total Fat	1.5	g	2%
Saturated Fat	0	g	0%
Trans Fat	0	g	0%
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	380	mg	16%
Total Carbohydrate	50	g	17%
Dietary Fiber	2	g	6%
Sugars	2	g	
Protein	9	g	
Vitamin A			0%
Vitamin C			0%
Calcium			10%
Iron			15%
Thiamin			30%
Riboflavin			16%
Niacin			18%
Folate			25%

Product # 189

Product Description: Cinnamon/Raisin Bagels

Label Wt. 1 lb. 2 oz. (18 oz.) 510 g

Allergens: wheat

Emergency Contact: 800-362-9775

Ingredients:

Enriched high gluten flour (wheat flour, malted barley, niacin (A "B" vitamin), reduced iron, thiamine mononitrate (vitamin B1), riboflavin (vitamin B2), folic acid), water, raisins, sugar, cinnamon, malt, yeast, salt, mono-diglycerides, calcium propionate (to preserve freshness), cornmeal.

Nutrition facts:

Serving size: 1 bagel

Wt.per serving:approx. 3 oz. (85 g)

Servings per container: 6 bagels

Nutrient	Values	Unit	%DailyValue
Calories	265	Kcal	
Calories From Fat	10	kcal	
Total Fat	1	g	1%
Saturated Fat	0	g	0%
Trans Fat	0	g	0%
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	370	mg	15%
Total Carbohydrate	54	g	18%
Dietary Fiber	2	g	7%
Sugars	5	g	
Protein	9	g	
Vitamin A			0%
Vitamin C			0%
Calcium			10%
Iron			20%
Thiamin			30%
Riboflavin			16%
Niacin			18%
Folate			25%

Product # 190

Product Description: Wheat Bagels

Label Wt. 1 lb. 2 oz. (18 oz.) 510 g

Allergens: wheat

Emergency Contact: 800-362-9775

Ingredients:

Enriched high gluten flour (wheat flour, malted barley, niacin (A "B" vitamin), reduced iron, thiamine mononitrate (vitamin B1), riboflavin (vitamin B2), folic acid), water, whole wheat flour, sugar, malt, yeast, salt, mono-diglycerides, calcium propionate (to preserve freshness), cornmeal.

Nutrition facts:

Serving size: 1 bagel

Wt.per serving:approx. 3 oz. (85 g)

Servings per container: 6 bagels

Nutrient	Values	Unit	%DailyValue
Calories	240	Kcal	
Calories From Fat	10	kcal	
Total Fat	1	g	1%
Saturated Fat	0	g	0%
Trans Fat	0	g	0%
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	370	mg	15%
Total Carbohydrate	48	g	16%
Dietary Fiber	6	g	22%
Sugars	3	g	
Protein	9	g	
Vitamin A			0%
Vitamin C			0%
Calcium			10%
Iron			15%
Thiamin			30%
Riboflavin			16%
Niacin			18%
Folate			25%

Product # 191

Product Description: Onion Bagels

Label Wt. 1 lb. 2 oz. (18 oz.) 510 g

Allergens: wheat

Emergency Contact: 800-362-9775

Ingredients:

Enriched high gluten flour (wheat flour, malted barley, niacin (A "B" vitamin), reduced iron, thiamine mononitrate (vitamin B1), riboflavin (vitamin B2), folic acid), water, onion, sugar, malt, yeast, salt, mono-diglycerides, calcium propionate (to preserve freshness), cornmeal.

Nutrition facts:

Serving size: 1 bagel

Wt.per serving:approx. 3 oz. (85 g)

Servings per container: 6 bagels

Nutrient	Values	Unit	%DailyValue
Calories	250	Kcal	
Calories From Fat	10	kcal	
Total Fat	1.5	g	2%
Saturated Fat	0	g	0%
Trans Fat	0	g	0%
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	370	mg	15%
Total Carbohydrate	50	g	17%
Dietary Fiber	2	g	7%
Sugars	2	g	
Protein	9	g	
Vitamin A			0%
Vitamin C			0%
Calcium			10%
Iron			15%
Thiamin			30%
Riboflavin			16%
Niacin			18%
Folate			25%

Product # 192

Product Description: Blueberry Bagels

Label Wt. 1 lb. 2 oz. (18 oz.) 510 g

Allergens: wheat

Emergency Contact: 800-362-9775

Ingredients:

Enriched high gluten flour (wheat flour, malted barley, niacin (A "B" vitamin), reduced iron, thiamine mononitrate (vitamin B1), riboflavin (vitamin B2), folic acid), water, blueberries, sugar, malt, yeast, salt, mono-diglycerides, calcium propionate (to preserve freshness), natural flavor, artificial flavor, cornmeal, red #40, blue #2.

Nutrition facts:

Serving size: 1 bagel

Wt.per serving:approx. 3 oz. (85 g)

Servings per container: 6 bagels

Nutrient	Values	Unit	%DailyValue
Calories	270	Kcal	
Calories From Fat	10	kcal	
Total Fat	1.5	g	2%
Saturated Fat	0	g	0%
Trans Fat	0	g	0%
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	370	mg	15%
Total Carbohydrate	55	g	18%
Dietary Fiber	2	g	7%
Sugars	9	g	
Protein	9	g	
Vitamin A			0%
Vitamin C			0%
Calcium			15%
Iron			15%
Thiamin			30%
Riboflavin			16%
Niacin			18%
Folate			25%

Product # 201

Product Description: Everything Bagels
Label Wt. 1 lb. 2 oz. (18 oz.) 510 g
6 bagels/package

Allergens: **wheat**
Emergency Contact: 800-362-9775

Ingredients:
Enriched high gluten flour (wheat flour, malted barley, niacin (A "B" vitamin), reduced iron, thiamine mononitrate (vitamin B1), riboflavin (vitamin B2), folic acid), water, sugar, malt, yeast, salt, sesame seeds, poppy seeds, garlic, onion, mono-diglycerides, calcium propionate (to preserve freshness), cornmeal.

Nutrition facts:
Serving size: 1 bagel
Wt.per serving:approx. 3 oz. (85 g)
Servings per container: 6 bagels

Nutrient	Values	Unit	%DailyValue
Calories	250	Kcal	
Calories From Fat	10	kcal	
Total Fat	1	g	1%
Saturated Fat	0	g	0%
Trans Fat	0	g	0%
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	370	mg	15%
Total Carbohydrate	50	g	17%
Dietary Fiber	2	g	7%
Sugars	2	g	
Protein	9	g	
Vitamin A			0%
Vitamin C			0%
Calcium			10%
Iron			15%
Thiamin			30%
Riboflavin			16%
Niacin			18%
Folate			25%

2009 old world bakery

Product # 217

Product Description: Cellone Little Rounds
Pack Wt: 16 oz.
Number of slices: 2 loaves

Ingredients:

Enriched Bromated Bleached Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Ferrous Sulfate (Iron), Thiamine, Potassium Bromate, Riboflavin, Folic Acid), Water, contains less than 2% of each of the following: Yeast, Salt, Sugar, Soy Oil, Calcium Propionate (A Preservative), Diacetyl Tartaric Esters of Mono-Glycerides (Datem), Dextrose, Soybean Oil, Potassium Bromate, Ascorbic Acid, Enzyme, Lcysteine, Azodicarbonate (ADA).

Allergens **wheat, Soy**

Nutrition facts:

Serving size: 2 slice

Wt.per serving: 50 gram slice

Servings per container: 9

Nutrient	Values	Unit	%DailyValue
Calories	150	Kcal	
Calories From Fat	5	kcal	
Total Fat	1	g	2%
Saturated Fat	0	g	0
<i>Trans</i> Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0
Sodium	260	mg	11%
Total Carbohydrate	32	g	11%
Dietary Fiber	1	g	4%
Sugars	1	g	
Protein	4	g	
Vitamin A	0		0
Vitamin C	0		1%
Calcium	0		3%
Iron	0		6%
Thiamin	0		
Riboflavin	0		
Niacin	0		
Folate	0		

Product # 323

Product Description: 13" Wheat Sub
Bun Wt: 8 oz.

Ingredients:

Enriched bromated bleached flour (bleached wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, potassium bromate, riboflavin folic acid), water, whole wheat flour. Contains 2% or less of the following: yeast, sugar, crushed whole wheat, honey, vital wheat gluten, dextrose, soybean oil, calcium propionate (mold inhibitor), monocalcium phosphate, DATEM, sodium stearoyl lactylate, ascorbic acid, l-cysteine, calcium sulfate, potassium bromate, enzymes.

Allergens: Wheat

Nutrition facts:

Serving size: 1/2 roll

Wt.per serving: 4 oz. 113 gram bun

Nutrient	Values	Unit	%DailyValue
Calories	260	kcal	
Calories From Fat	10	kcal	
Total Fat	1	g	2%
Saturated Fat	0	g	0%
Trans Fat	0	g	0%
Cholesterol	0	mg	0%
Sodium	340	mg	14%
Total Carbohydrate	54	g	18%
Dietary Fiber	3	g	12%
Sugars	4	g	
Protein	8	g	
Vitamin A	0		0
Vitamin C	0		10%
Calcium	0		2%
Iron	0		15%

from: Cellone's Bakery-2009

Product # 369

Product Description: 12" Hoagy/Sub
Bun Wt: 9 oz.

Ingredients:

Bleached enriched wheat flour (wheat flour, malted barley flour, thaimine mononitrate ferrous sulfate, riboflavin), water, yeast. Contains 2% or less of the following: salt, sugar, dextrose, soybean oil, calcium propionate (mold inhibitor), vinegar, monocalcium phosphate, mono and diglycerides, sodium stearoyl lactylate calcium sulfate, potassium bromate, ascorbic acid, l-cysteine, hydrochloride, amylase.

Nutrition facts:

Serving size: 1/5 roll

Wt.per serving: 1.75 oz.

50 gram bun

Nutrient	Values	Unit	%DailyValue
Calories	120	Kcal	0
Calories From Fat	0	kcal	0
Total Fat	0.5	g	1%
Saturated Fat	0	g	0
Trans Fat	0	g	0
Polyunsaturated Fat	0	g	0
Monounsaturated Fat	0	g	0
Cholesterol	0	mg	0
Sodium	220	mg	9%
Total Carbohydrate	25	g	18%
Dietary Fiber	1	g	4%
Sugars	1	g	0
Protein	5	g	0
Vitamin A	0		0
Vitamin C	0		0
Calcium	0		4%
Iron	0		15%
Thiamin	0		25%
Riboflavin	0		15%
Niacin	0		10%
Folate	0		20%

from: Cellone's Bakery

Product #550

Product Description: Brown & Serve Twin Dinner Rolls

Label Description Dinner Rolls

Label Wt. 11oz (312 grams)

Kosher Symbol PAREVE

Allergens wheat, soy

Nutritional Claims none

Ingredients:

Enriched wheat flour (wheat flour, malted barley flour, niacin, iron, thaimin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, vegetable oil (soybean or canola) contains 2% or less of: salt, wheat gluten, dough conditioners (sodium stearoyl lactylate, calcium stearoyl lactylate, monoglycerides, calcium iodate, ethoxylated mono and diglycerides, calcium peroxide, DATEM), soy flour, calcium propionate (mold inhibitor), yeast nutrients (calcium sulfate, ammonium chloride), monocalcium phosphate.

Nutrition facts:

Serving size: 2 rolls

Wt.per serving:approx 1.7 oz. approx 47 gram bun

Servings per container: 6 servings

Nutrient	Values	Unit	%DailyValue
Calories	120	Kcal	
Calories From Fat	20	kcal	
Total Fat	2.5	g	4%
Saturated Fat	0	g	0
Trans Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	1	g	
Cholesterol	0	mg	0%
Sodium	190	mg	8%
Total Carbohydrate	22	g	7%
Dietary Fiber	0	g	0%
Sugars	2	g	
Protein	4	g	
Vitamin A			0
Vitamin C			0
Calcium			4%
Iron			8%
Thiamin			15%
Riboflavin			6%
Niacin			10%
Folate			10%

from supplier

Product # 557

Product Description: English Muffins
Pack Wt: 12 oz.
Number of slices: 6

Ingredients:

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Contains 2% Or Less Of The Following: Wheat Gluten, Corn Sugar, Calcium Propionate (A Preservative), Partially Hydrogenated Soybean Oil, Soya Flour, Fumaric Acid, Vinegar, Yeast Nutrients, & Leavening Agents, (Monocalcium Phosphate, Sodium Bicarbonate, Sodium Acid Pyrophosphate), Corn Meal, Dough Conditioner (Calcium Peroxide), Corn Starch.

Allergens **wheat, Soy**

Nutrition facts:

Serving size: 1 muffin

Wt.per serving: 2.0 oz. 56 gram slice

Servings per container: 6

Nutrient	Values	Unit	%DailyValue
Calories	130	Kcal	
Calories From Fat	10	kcal	
Total Fat	1	g	2%
Saturated Fat	0	g	0
Trans Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0
Sodium	270	mg	12%
Total Carbohydrate	25	g	9%
Dietary Fiber	2	g	8%
Sugars	1	g	
Protein	5	g	
Vitamin A	0		0
Vitamin C	0		1%
Calcium	0		6%
Iron	0		8%
Thiamin	0		15%
Riboflavin	0		8%
Niacin	0		10%
Folate	0		10%

Product # 740

Product Description: Nickles 100% Whole Wheat One Bun (8)

Product Specification: Net weight: 11.25 oz. per package / 1.56 oz. (43 grams) per bun
Dimensions 4.25" thick x .5" Height

Shelf-life sales day plus 13 days

Kosher Symbol: PAREVE

Packaging: 8 buns are packaged in polyethylene bag with plastic clips

Emergency Contact: 1.800.362.9775

Allergens: **wheat**

Ingredients:

Whole Wheat Flour, Filtered Water, Cellulose, Organic Evaporated Cane Syrup, Gluten, Yeast, Sunflower Oil, Sea Salt, Mono and Di-glycerides, Citric Acid, Cultured Wheat Starch, Amylase (enzyme), Calcium Propionate, Glucono Delta Lactone, Sodium Stearoyl Lactylate.

Nutrition facts:

Serving size: 1 bun

SERVINGS PER CONTAINER: 8 43 gram bun

Nutrient	Values	Unit	%DailyValue
Calories	100	Kcal	
Calories From Fat	5	kcal	
Total Fat	1	g	2%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	150	mg	6%
Potassium	5	mg	0%
Total Carbohydrate	18	g	6%
Dietary Fiber	5	g	20%
Insoluble Fiber	0	g	
Sugars	2	g	
Protein	4	g	
Vitamin A			0%
Vitamin C			0%
Calcium			4%
Iron			6%

Product # 741

Product Description: Nickles Multigrain One Bun (8)

Product Specification: Net weight: 11.25 oz. per package / 1.56 oz. (43 grams) per bun
Dimensions 4.25" thick x .5" Height

Shelf-life sales day plus 13 days

Kosher Symbol: PAREVE

Packaging: 8 buns are packaged in polyethylene bag with plastic clips

Emergency Contact: 1.800.362.9775

Allergens: **wheat**

Ingredients:

Filtered Water, Whole Wheat Flour, Cellulose, Multigrain Mix (Flax Seeds, Crushed Flax Seeds, Cracked Wheat, Cracked Rye, Barley Grits, Millet Meal, Sunflower Seeds, Durum Grits, Rolled Oats and Cracked Triticale), Organic Evaporated Cane Syrup, Gluten, Crushed Flax, Yeast, Oats, Millet, Sea Salt, Sunflower Oil, Cultured Wheat Starch, Calcium Propionate, Amylase (enzyme), Glucone Delta Lactone, Sodium Stearoyl Lactylate.

Nutrition facts:

Serving size: 1 bun

SERVINGS PER CONTAINER: 8 43 gram bun

Nutrient	Values	Unit	%DailyValue
Calories	100	Kcal	
Calories From Fat	10	kcal	
Total Fat	1	g	2%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	120	mg	5%
Potassium	15	mg	0%
Total Carbohydrate	17	g	6%
Dietary Fiber	5	g	20%
Sugars	2	g	
Protein	4	g	
Vitamin A			0%
Vitamin C			0%
Calcium			4%
Iron			6%

Product # 742

Product Description: Nickles Whole Wheat Whole Grain 6" folded One Bun (8)

Product Specification: Net weight: 14 oz. per package / 1.75 oz. (50 grams) per bun
Dimensions 6" length x 5" width

Shelf-life sales day plus 7 days

Kosher Symbol: PAREVE

Packaging: 8 buns are packaged in polyethylene bag with plastic clips

Emergency Contact: 1.800.362.9775

Allergens: **wheat**

Ingredients:

Whole grain whole wheat flour including the germ, filtered water, sour dough (unbleached flour [wheat flour, ascorbic acid (natural dough conditioner), niacin, iron [ferrous sulphate], thiamin mononitrate, riboflavin, folic acid], filtered water, organic evaporated cane syrup, yeast, sea salt, sunflower oil), organic evaporated cane syrup, yeast, durum semolina (semolina, niacin, iron [ferrous sulphate], thiamin mononitrate, riboflavin, folic acid), wheat gluten, sea salt, sunflower oil, amylase (enzyme), calcium propionate.

Nutrition facts:

Serving size: 1 bun

SERVINGS PER CONTAINER: 8 50 gram bun

Nutrient	Values	Unit	%DailyValue
Calories	130	Kcal	
Calories From Fat	10	kcal	
Total Fat	1	g	2%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	230	mg	10%
Potassium	80	mg	2%
Total Carbohydrate	25	g	8%
Dietary Fiber	2	g	8%
Sugars	3	g	
Protein	5	g	
Vitamin A			0%
Vitamin C			0%
Calcium			10%
Iron			6%
Thiamin			8%
Riboflavin			6%
Niacin			8%
Folate			6%

Product # 743

Product Description: Nickles Multigrain 6" folded One Bun (8)

Product Specification: Net weight: 14 oz. per package / 1.75 oz. (50 grams) per bun
Dimensions 6" length x 5" width

Shelf-life sales day plus 7 days

Kosher Symbol: PAREVE

Packaging: 8 buns are packaged in polyethylene bag with plastic clips

Emergency Contact: 1.800.362.9775

Allergens: **wheat** may contain sesame seeds

Ingredients:

Whole grain whole wheat flour including the germ, filtered water, multigrain mix (cracked wheat, cracked rye, crushed flax seeds, millet meal, cracked triticale, barley grits, sunflower seeds, rolled oats, durum semolina), sour dough (unbleached flour [wheat flour, ascorbic acid (natural dough conditioner), niacin, iron [ferrous sulphate], thiamin mononitrate, riboflavin, folic acid], filtered water, organic evaporated cane syrup, yeast, sea salt, sunflower oil), organic evaporated cane syrup, crushed flax, yeast, wheat gluten, oats, millet, sea salt, sunflower oil, calcium propionate, enzymes (amylase).

Nutrition facts:

Serving size: 1 bun

SERVINGS PER CONTAINER: 8 50 gram bun

Nutrient	Values	Unit	%DailyValue
Calories	130	Kcal	
Calories From Fat	10	kcal	
Total Fat	1.5	g	2%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	210	mg	9%
Potassium	90	mg	3%
Total Carbohydrate	24	g	8%
Dietary Fiber	3	g	12%
Sugars	3	g	
Protein	5	g	
Vitamin A			0%
Vitamin C			0%
Calcium			10%
Iron			6%
Thiamin			10%
Riboflavin			6%
Niacin			8%
Folate			6%

Product # 745

Product Description: Nickles Whole Grain White One Bun (8)

Product Specification: Net weight: 11.25 oz. per package / 1.56 oz. (43 grams) per bun
Dimensions 4.25" thick x .5" Height

Shelf-life sales day plus 13 days

Kosher Symbol: PAREVE

Packaging: 8 buns are packaged in polyethylene bag with plastic clips

Emergency Contact: 1.800.362.9775

Allergens: **wheat**

Ingredients:

Filtered Water, Whole Wheat Flour, Unbleached Flour (Wheat Flour, Ascorbic Acid (natural dough conditioner), Niacin, Iron (ferrrous sulphate), Thaimin Mononitrate, Riboflavin, Folic Acid), Cellulose, Organic Evaporated Cane Syrup, Wheat Gluten, Yeast, Durum Semolina (Semolina, Niacin, Iron (ferrrous sulphate), Thiamin Mononitrate, Riboflavin, Folic Acid), Sea salt, Sunflower Oil, Cultured Wheat Starch, Mono and Di-glycerides, Citric Acid, Calcium Propionate, Amylase (enzyme), Glucone Delta Lactone, Sodium Stearoyl Lactylate.

Nutrition facts:

Serving size: 1 bun

SERVINGS PER CONTAINER: 8 43 gram bun

Nutrient	Values	Unit	%DailyValue
Calories	100	Kcal	
Calories From Fat	5	kcal	
Total Fat	0.05	g	1%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	135	mg	6%
Potassium	5	mg	0%
Total Carbohydrate	18	g	6%
Dietary Fiber	5	g	20%
Insoluble Fiber	0	g	
Sugars	2	g	
Protein	3	g	
Vitamin A			0%
Vitamin C			2%
Calcium			4%
Iron			8%

Product # 1006/1097

Product Description: White Round Top

Label Description: Toastmaster Nickles Enriched White Bread

Ingredients:

Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Yeast, Contains 2% or less of the following: Soybean Oil, Salt, Calcium Sulfate, Calcium Propionate (Preservative), Dough Conditioners (DATEM, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Diammonium Phosphate, Tricalcium Phosphate, Soy Lecithin.

Allergens: **wheat, soy**

Nutrition Facts:

Serving size: 1 slice

Wt.per serving: .87 oz. 25 gram slice

Servings per container: 23 slices

Nutrient	Values	Unit	%DailyValue
Calories	60	Kcal	
Calories From Fat	5	kcal	
Total Fat	0.5	g	1%
Saturated Fat	0	g	0
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	125	mg	5%
Potassium	20	mg	1%
Total Carbohydrate	13	g	4%
Dietary Fiber	0	g	0%
Sugars	1	g	
Protein	2	g	
Vitamin A			0
Vitamin C			0
Calcium			2%
Iron			4%
Thiamin			10%
Riboflavin			6%
Niacin			6%
Folate			6%

mjb/finished product spec/thelongco2011b

Product # 1008

Product Description: White Pullman
Loaf Wt: 24oz.
Number of slices: 32
Slice Thickness: 15/32"

Allergens: **wheat, soy**

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, soybean oil, contains 2% or less of the following: yeast, salt, yeast nutrients (calcium sulfate, ammonium chloride), corn starch, calcium propionate (preservative), dough conditioners (sodium stearoyl lactylate, monoglycerides, calcium peroxide), diammonium phosphate, tricalcium phosphate, soy lecithin.

Nutrition facts:

Serving size: 1 slice

Wt. per serving: approx. 0.75 oz. approx. 22 gram slice

Servings per container: 32 slices

Nutrient	Values	Unit	%DailyValue
Calories	60	Kcal	
Calories From Fat	10	kcal	
Total Fat	1	g	1%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0.5	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	115	mg	5%
Total Carbohydrate	11	g	4%
Dietary Fiber	0	g	0%
Sugars	1	g	
Protein	2	g	
Vitamin A			
Vitamin C			
Calcium			2%
Iron			4%
Thiamin			8%
Riboflavin			4%
Niacin			4%
Folate			6%

Product # 1011

Product Description: Rye Pullman
slice size: approx. 4" x 4"
Slices/loaf: 32
Slice Thickness: 15/32"

Allergens: **wheat, soy**

Ingredients:

Wheat Flour, Water, Rye Flour, High Fructose Corn Syrup, Yeast, Contains 2% or less of the following: Wheat Gluten, Soybean Oil, Salt, Lactic Acid, Monocalcium Phosphate, Phosphoric Acid, Acetic Acid, Caramel Color, Caraway Seeds, Calcium Propionate (Preservative), Monoglycerides, DATEM, Calcium Sulfate, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide, Soy Lecithin.

Nutrition facts:

Serving size: **2 slices (43 g)**

Wt.per serving: approx. 1.5 oz./2 slices

Servings per container: 16

(There are 32 slices total in the loaf)

Nutrient	Values	Unit	%DailyValue
Calories	110	kcal	
Calories From Fat	10	kcal	
Total Fat	1	g	1%
Saturated Fat	0	g	0
Trans Fat	0	g	
Polyunsaturated Fat	0	g	0
Monounsaturated Fat	0	g	0
Cholesterol	0	mg	0
Sodium	220	mg	9%
Potassium	20	mg	1%
Total Carbohydrate	21	g	7%
Dietary Fiber	1	g	4%
Sugars	2	g	
Protein	4	g	
Vitamin A			0%
Vitamin C			0%
Calcium			0%
Iron			4%

Product # 1012

Product Description: Wheat Pullman

Specifications: Loaf Wt: 24oz.
Number of slices: 32
Slice Thickness: 15/32"

Kosher: Pareve

Allergens: **wheat, soy**

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimin mononitrate, riboflavin, folic acid), water, whole wheat flour, high fructose corn syrup, contains 2% or less of each of the following: yeast, soybean oil, salt, wheat gluten, dough conditioners (sodium stearoyl lactylate, monoglycerides, calcium peroxide), caramel color, calcium propionate (mold inhibitor), corn starch, yeast nutrients (calcium sulfate, ammonium chloride), soy lecithin.

Nutrition facts:

Serving size: 1 slice

Wt.per serving: approx. 0.75oz. approx. 22 gram slice

Servings per container: 32 slices

Nutrient	Values	Unit	%DailyValue
Calories	60	Kcal	
Calories From Fat	5	kcal	
Total Fat	0.5	g	1%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0.5	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0
Sodium	110	mg	4%
Total Carbohydrate	11	g	4%
Dietary Fiber	less than 1	g	2%
Sugars	1	g	
Protein	2	g	
Vitamin A			
Vitamin C			
Calcium			2%
Iron			6%
Thiamin			8%
Riboflavin			4%
Niacin			6%
Folate			6%

Product # 1015

Product Description: Stone Ground Wheat
Loaf Wt: 16 oz.
Number of slices: 18
Slice Thickness: 9/16"

Allergen: **wheat, soy**

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, whole wheat flour, wheat bran, yeast, contains 2% or less of the following: brown sugar, molasses soybean oil, salt, wheat gluten, rolled wheat, raisin juice concentrate, yeast nutrients (calcium sulfate, ammonium chloride), corn starch, caramel color, dough conditioners (sodium stearoyl lactylate, monoglycerides, calcium peroxide), vinegar, soy lecithin.

Nutrition facts:

Serving size: 1 slice

Wt.per serving: approx. 1.0 oz. 28 gram slice

Servings per container: 16 slices

Nutrient	Values	Unit	%DailyValue
Calories	70	Kcal	0
Calories From Fat	5	kcal	0
Total Fat	0.5	g	1%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	130	mg	5%
Potassium	35	mg	1%
Total Carbohydrate	14	g	5%
Dietary Fiber	1	g	4%
Sugars	2	g	
Protein	2	g	
Vitamin A			0%
Vitamin C			0%
Calcium			2%
Iron			4%
Thiamin			10%
Riboflavin			6%
Niacin			6%
Folate			6%

PRODUCT SPECIFICATION

Product #	1018										
Product Description:	<u>Wheat (Hillbilly) Bread</u> Fresh baked, wheat bread with split top										
Label Description:	<i>Hillbilly Bread</i>										
Intended use:	Ready-to-eat										
Intended customer:	Food Service &/or Retail										
Food Safety/HACCP:	This product is food grade and in all respects is in compliance with the Federal Food , Drug and Cosmetic Act CFR. 21, Good Manufacturing Practices. The processing facility follows an approved HACCP Plan										
Sensory Attributes:	<u>Crust color</u> : brown with light brown center <u>Crumb color</u> : light brown with bran flakes <u>Flavor</u> : subtle wheat & salty flavors with wheat & yeast characters and freshly baked bread aroma. No off odors. <u>Texture</u> : fine to medium cell structure										
Natural Defect Levels:	Products with visible defects will not be shipped. Product shall be free of visible mold or yeast colonies.										
Physical Characteristics:	<table><thead><tr><th><u>Characteristic</u></th><th><u>Approx.Target</u></th></tr></thead><tbody><tr><td>loaf wt.:</td><td>20 oz.</td></tr><tr><td>Number of Slices/loaf:</td><td>23 including heels</td></tr><tr><td>Slice width:</td><td>9/16" + or - 1/16"</td></tr><tr><td>Topping:</td><td>split top</td></tr></tbody></table>	<u>Characteristic</u>	<u>Approx.Target</u>	loaf wt.:	20 oz.	Number of Slices/loaf:	23 including heels	Slice width:	9/16" + or - 1/16"	Topping:	split top
<u>Characteristic</u>	<u>Approx.Target</u>										
loaf wt.:	20 oz.										
Number of Slices/loaf:	23 including heels										
Slice width:	9/16" + or - 1/16"										
Topping:	split top										
Code:	"Fresh Thru" Code (or use by date) plant/bagger#/shift Julian Date(Production D										
Code Example:	Fresh Thru Dec 22 N3A RL 344										
Shelf-life/Storage:	12 days at ambient temperature										
Packaging:	Packaged and shipped in ambient temperature in food grade polyethylene bags with wire twist tie										
Shipping/Distribution:	7 loaves per tray Transported to distribution outlets for delivery on wholesale routes Transport trailers are inspected for cleanliness and food safety prior to loading										
Kosher Symbol:	PAREVE										
Kosher Certification:	Quality Kosher Supervision										
Emergency Contact:	1.800.635.1110										
2009											

Product # 1019

Label Description

Nickles Country Style Deli Rye Bread

Product Description:

Rye Bread

Loaf Wt: 20 oz.

Number of slices: 18

Slice Thickness: 1/2"

Allergens:

wheat, soy

Ingredients:

Enriched wheat flour (wheat flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, rye flour, high fructose corn syrup, wheat gluten, soybean oil, yeast, salt, whole caraway seeds, contains 2% or less of the following: yeast nutrients (calcium sulfate, ammonium sulfate), dough conditioners (mono and diglycerides, sodium stearoyl lactylate, calcium peroxide), corn starch, calcium propionate (mold inhibitor), soy lecithin.

Nutrition facts:

Serving size: 1 slice

Wt. per serving: approx. 1.1 oz. approx. 31 gram per slice

Servings per container: 18 slices

Nutrient	Values	Unit	%DailyValue
Calories	80	Kcal	
Calories From Fat	10	kcal	
Total Fat	1	g	2%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0
Sodium	130	mg	5%
Total Carbohydrate	14	g	4%
Dietary Fiber	0	g	0%
Sugars	2	g	
Protein	4	g	
Vitamin A			0%
Vitamin C			0%
Calcium			2%
Iron			8%
Thiamin			4%
Riboflavin			4%
Niacin			4%
Folate			4%

Product # 1020

Product Description: Jewish Rye Bread

Loaf Wt: 20 oz.

Number of slices: approx. 23

Slice Thickness: 1/2"

Allergens:

wheat, soy

Ingredients:

wheat flour, water, rye flour, yeast, soybean oil, wheat gluten, high fructose corn syrup, yeast, salt, caraway seeds, rye flavor, contains 2% or less of the following: ground caraway, yeast nutrients (calcium sulfate, ammonium chloride), corn starch, dough conditioners (monoglycerides, calcium peroxide), calcium propionate (mold inhibitor), lactic acid, monocalcium phosphate, phosphoric acid, acetic acid, l-cysteine HCL, soy lecithin.

Nutrition facts:

Serving size: 1 slice

Wt.per serving: 0.88 oz.

25 gram slice

Servings per container: 24 slices

Nutrient	Values	Unit	%DailyValue
Calories	60	Kcal	
Calories From Fat	5	kcal	
Total Fat	0.5	g	1%
Saturated Fat	0	g	
<i>Trans</i> Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	140	mg	6%
Total Carbohydrate	12	g	4%
Dietary Fiber	1	g	2%
Sugars	less than 1	g	
Protein	2	g	
Vitamin A			0
Vitamin C			0
Calcium			2%
Iron			4%
Thiamin			6%
Riboflavin			4%
Niacin			2%
Folate			4%

aib

Product # 1024
 Product Description: Sour Dough Bread
 Label Wt. 24 oz.
 Nutrition Claims: 0 grams Trans Fat
 Allergens: **wheat, soy**

Ingredients: Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Yeast, High Fructose Corn Syrup, Soybean Oil, Contains 2% or less of the following: Salt, Wheat Gluten, Corn Flour, Fumaric Acid, Acetic Acid, Monocalcium Phosphate, Calcium Sulfate, Calcium Propionate (Preservative), Lemon Juice, Sugar, Lemon Pulp Cells, Lemon Juice Concentrate, Ground Lemon Peel, Lemon Oil, Corn Syrup, Barley Malt Extract, Dough Conditioners (DATEM, Monoglycerides, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Soy Lecithin.

Nutrition facts:

Serving size: 1 slice
 Wt.per serving: 33 gram slice
 Servings per container: 21 slices

Nutrient	Values	Unit	%DailyValue
Calories	90	Kcal	
Calories From Fat	15	kcal	
Total Fat	1.5	g	2%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0
Sodium	190	mg	8%
Total Carbohydrate	16	g	5%
Dietary Fiber	1	g	4%
Sugars	1	g	
Protein	3	g	
Vitamin A			0
Vitamin C			0
Calcium			4%
Iron			4%
Thiamin			10%
Riboflavin			6%
Niacin			8%
Folate			8%

the long co.Reviewed 3-14-11 (same as 11/10/2008) mjb/finished product specs
 mjb/finished productspecfolder/1024/LN/ab

Product # 1025

Product Description: White Round Top Bread
Portion Pack/Individually Wrapped
100 slices/plastic
Slice Thickness: 9/16"
Code: "white" 7 days

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, contains 2% or less of the following: salt, soybean oil, yeast nutrients (calcium sulfate, ammonium chloride), dough conditioners (monoglycerides, sodium stearoyl lactylate, calcium peroxide), calcium propionate (preservative), corn starch, diammonium phosphate, tricalcium phosphate, soy lecithin.

Allergens **wheat, soy**

Nutrition facts:

Serving size: 1 slice

Wt.per serving: .87 oz. 25 gram slice

Servings per container: 23 slices

Nutrient	Values	Unit	%DailyValue
Calories	70	Kcal	
Calories From Fat	5	kcal	
Total Fat	0.5	g	1%
Saturated Fat	0	g	0
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	135	mg	6%
Potassium	20	mg	1%
Total Carbohydrate	13	g	4%
Dietary Fiber	0	g	0%
Sugars	1	g	
Protein	2	g	
Vitamin A	0		0
Vitamin C	0		0
Calcium	0		2%
Iron	0		4%
Thiamin	0		10%
Riboflavin	0		6%
Niacin	0		6%

Product # 1027

Product Description: Rye Pullman/pp
Individually Sliced
25 slices/box
slice size: approx. 4" x 4"
Slice Thickness: 15/32"
Code: "rye" 7 days

Allergens: **wheat, soy**

Ingredients:
wheat flour, rye flour, water, high fructose corn syrup, wheat gluten, contains 2% or less of the following: soybean oil, yeast, salt, dough conditioners (sodium stearoyl lactylate, calcium peroxide), caramel color, ground caraway, corn starch, yeast nutrients (ammonium chloride, calcium sulfate), calcium propionate (mold inhibitor), artificial and natural flavors, soy lecithin.

Nutrition facts:

Serving size: 1 slice

Wt.per serving: approx. 0.75 oz. 22 gram slice

Nutrient	Values	Unit	%DailyValue
Calories	60	kcal	
Calories From Fat	5	kcal	
Total Fat	0.5	g	1%
Saturated Fat	0	g	0
Trans fat	0	g	
Polyunsaturated Fat	0	g	0
Monounsaturated Fat	0	g	0
Cholesterol	0	mg	0
Sodium	115	mg	5%
Total Carbohydrate	12	g	4%
Dietary Fiber	Less than 1	g	1%
Sugars	1	g	
Protein	2	g	
Vitamin A			0%
Vitamin C			0%
Calcium			0%
Iron			0%
Thiamin			4%
Riboflavin			2%
Niacin			2%
Folate			2%

Product # 1029

Product Description: Wheat Pullman Slices
Portion Pack/Ind. Wrapped
25 slices /box
Code: "wheat" 7days

Allergens: **wheat, soy**

Ingredients:

Wheat Flour, Water, Whole Wheat Flour, High Fructose Corn Syrup, Yeast, Contains 2% or less of the following: Soybean Oil, Salt, Wheat Gluten, Caramel Color, Yeast Nutrients (Calcium Sulfate, Ammonium Chloride), Corn Starch, Dough Conditioners (Mono & Diglycerides, Ethoxylated Mono & Diglycerides, Sodium Stearoyl Lactylate, Calcium Peroxide), Calcium Propionate (Preservative), Diammonium Phosphate, Tricalcium Phosphate, soy lecithin.

Nutrition facts:

Serving size: 1 slice

Wt.per serving: .75oz. 22 gram slice

Servings per container: 1 slice

Nutrient	Values	Unit	%DailyValue
Calories	50	Kcal	
Calories From Fat	5	kcal	
Total Fat	0.5	g	1%
Saturated Fat	0	g	
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	
Sodium	125	mg	5%
Potassium	20		1%
Total Carbohydrate	11	g	4%
Dietary Fiber	1	g	4%
Sugars	1	g	
Protein	2	g	
Vitamin A			0
Vitamin C			0
Calcium			2%
Iron			6%
Thiamin			8%
Riboflavin			4%
Niacin			6%
Folate			6%

Product # 1030

Product Description: White Pullman Slice
portion pack/individually wrapped
140 slices per plastic
Slice Height: 4"
Slice width: 4"
Slice Thickness: 15/32"

Kosher Pareve
Emergency Contact 1.800.362.9775

Allergens: **wheat, soy**

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, soybean oil, contains 2% or less of the following: yeast, salt, yeast nutrients (calcium sulfate, ammonium chloride), corn starch, calcium propionate (preservative), dough conditioners (sodium stearoyl lactylate, monoglycerides, calcium peroxide), diammonium phosphate, tricalcium phosphate, soy lecithin.

Nutrition facts:

Serving size: 1 slice

Wt.per serving: approx. 0.75 oz. approx. 22 gram slice

Servings per container: 1slice

Nutrient	Values	Unit	%DailyValue
Calories	60	Kcal	
Calories From Fat	10	kcal	
Total Fat	1	g	1%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0.5	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	115	mg	5%
Potassium	15		1%
Total Carbohydrate	11	g	4%
Dietary Fiber	0	g	0%
Sugars	1	g	
Protein	2	g	
Vitamin A			
Vitamin C			
Calcium			2%
Iron			4%
Thiamin			8%
Riboflavin			4%
Niacin			4%
Folate			6%

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Product # 1031

Product Description: Light Rye

Label Description: Nickles Deli Style Rye Bread

Allergens: wheat, soy

Ingredients:

wheat flour, water, rye flour, caraway seeds, yeast, contains 2% or less of the following: soybean oil, wheat gluten, salt, high fructose corn syrup, dough conditioners (mono & diglycerides, DATEM, ascorbic acid, calcium peroxide), calcium propionate (preservative), calcium sulfate, monocalcium phosphate, vinegar, lactic acid, phosphoric acid, acetic acid, soy lecithin.

Nutrition facts:

Serving size: 1 slice

Wt.per serving: 1 oz. 28 gram slice

Servings per container: 24 slices

Nutrient	Values	Unit	%DailyValue
Calories	70	kcal	
Calories From Fat	10	kcal	
Total Fat	1	g	2%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0
Sodium	150	mg	6%
Potassium	15	mg	0%
Total Carbohydrate	13	g	4%
Dietary Fiber	1	g	4%
Sugars	0	g	
Protein	2	g	
Vitamin A	0		0
Vitamin C	0		0
Calcium	0		4%
Iron	0		2%
Thiamin	0		4%
Riboflavin	0		2%
Niacin	0		2%
Folate	0		0%

the long co.Reviewed 3-14-11 (same as 2010) mjb/finished product specs
mjb/finished productspecfolder/1031/LN/ab

Product # 1032

Product Description: Dark Rye Bread

Label Description: Nickles Deli Style Rye Bread

Allergen: **wheat, soy**

Ingredients:

wheat flour, water, rye flour, yeast, contains 2% or less of the following: soybean oil, wheat gluten, salt, high fructose corn syrup, ground caraway seeds, dough conditioners (mono & diglycerides, DATEM, ascorbic acid, calcium peroxide), calcium propionate (preservative) calcium sulfate, monocalcium phosphate, vinegar, caramel color, lactic acid, phosphoric acid, acetic acid, soy lecithin.

Nutrition facts:

Serving size: 1 slice

Wt.per serving: 1 oz. 28 gram slice

Servings per container: 24 slices

Nutrient	Values	Unit	%DailyValue
Calories	60	kcal	
Calories From Fat	5	kcal	
Total Fat	0.5	g	1%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0
Sodium	120	mg	5%
Total Carbohydrate	12	g	4%
Dietary Fiber	less than 1	g	3%
Sugars	1	g	2%
Protein	2	g	
Vitamin A	0		0
Vitamin C	0		0
Calcium	0		4%
Iron	0		4%
Thiamin	0		6%
Riboflavin	0		2%
Niacin	0		2%
Folate	0		4%

the long co 2010b

mjb/finished productspecfolder/1032/N/ab

Product # 1041

Product Description: Texas Toast White

Label Description: Plain Bag

Specification Pullman loaf (approx. 4" x 4"), white crumb color, 7/8"-1" thick slice

Loaf Wt: approx. 24oz.

Number of slices: **18-19** (including heel)

Slice Thickness: 7/8" - 1"

Allergens: wheat, soy

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, soybean oil, contains 2% or less of the following: salt, yeast nutrients (calcium sulfate, ammonium chloride), corn starch, calcium propionate (preservative), dough conditioners (sodium stearoyl lactylate, monoglycerides, calcium peroxide), diammonium phosphate, tricalcium phosphate, soy lecithin.

Nutrition facts:

Serving size: 1 slice

Wt.per serving: approx.1.3 oz. approx. 37 gram slice

Servings per container: approx.19 slices

Nutrient	Values	Unit	%DailyValue
Calories	100	Kcal	
Calories From Fat	10	kcal	
Total Fat	1.5	g	2%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0.5	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	200	mg	8%
Total Carbohydrate	20	g	7%
Dietary Fiber	Less than 1	g	3%
Sugars	2	g	
Protein	3	g	
Vitamin A			0%
Vitamin C			0%
Calcium			4%
Iron			6%
Thiamin			10%
Riboflavin			6%
Niacin			6%
Folate			8%

Product # 1050

Product Description:

Honey Cracked Wheat Bread

Label Description

Nickles Honey Cracked Wheat Bread

Crumb color: light brown with bran flakes & grain

Crust: brown with grain topping (no split)

Loaf Wt: 20 oz.

Number of slices: about 18

Slice Thickness: 9/16"

Code/Shelf-life:

(plant/bagger#/shift) 11 days

Example: N2C Fresh Thru Oct 18

Kosher Symbol

Pareve

Nutritional Claims

0 grams Trans Fat per serving

Emergency Contact

1.800.362.9775

Allergens:

wheat, soy

Ingredients:

wheat flour, water, flaked wheat, wheat bran, wheat gluten, brown sugar, molasses, stone ground 100% whole wheat flour, honey, contains 2% or less of the following: yeast, soybean oil, high fructose corn syrup, oats, salt, rye meal, crushed wheat, wheat germ, vinegar, raisin juice, dough conditioners (sodium stearoyl lactylate, ethoxylated mono and diglycerides, monoglycerides, calcium peroxide), yeast nutrients (calcium sulfate, ammonium chloride), corn starch, soy lecithin.

Nutrition facts:

Serving size: 1 slice

Wt.per serving: approx. 1.1 oz. approx. 32 gram slice

Servings per container: 23 slices

Nutrient	Values	Unit	%DailyValue
Calories	80	Kcal	
Calories From Fat	10	kcal	
Total Fat	1	g	1%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	170	mg	7%
Total Carbohydrate	16	g	6%
Dietary Fiber	2	g	7%
Sugars	3	g	
Protein	3	g	
Vitamin A			0%
Vitamin C			0%
Calcium			2%
Iron			4%
Thiamin			4%
Riboflavin			2%
Niacin			4%
Folate			2%

aib

Product # 1059

Product Description: Whole White Bread

Label description: Nickles Healthy Slices made with Whole Grain White Bread

Label Wt: 20 oz.

Specifications: Loaf Weight approx. 20oz.

Number of slices: approx. 22

slice wt.: approx. 26 grams or **52 for 2 slices**

Code/Shelf-life: plant/bagger#/shift Suprv. Int. Julian Prod Date 12 day code

Code Example: N2C RL 187 Fresh Thru JUL 18

Health Claims: Excellent Source of Calcium, Good Source of Folic Acid, Good source of Fiber

Nutrition Claims: 0 grams trans fat per serving

12 grams whole grains per serving

Please note this product has a lower amount of whole grain and a higher amount of fiber compared to 100% whole wheat bread because it contains soy fiber that cannot be calculated as a grain

Allergens: **wheat, soy**

Kosher: Pareve

Emergency Contact Number: 1.800.362.9775

Ingredients:

Water, White Whole Wheat Flour, Wheat Flour, High Fructose Corn Syrup, Wheat Gluten, Yeast, Soy Fiber, Oat Fiber, Contains 2% or less of the following: Salt, Sugar, Soybean Oil, Calcium Sulfate, Soft White Wheat Flour, Dough Conditioners (DATEM, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide, L-cysteine), Artificial Flavor, Reduced Iron, Folic Acid, Polydextrose, Vitamin D, Soy Lecithin.

Nutrition facts:

Serving size: **2 slices**

Wt.per serving: approx. 52 grams

Servings per container: about 11

Nutrient	Values	Unit	%DailyValue
Calories	110	kcal	
Calories From Fat	10	kcal	
Total Fat	1	g	2%
Saturated Fat	0	g	0
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	220	mg	9%
Potassium	65	mg	2%
Total Carbohydrate	23	g	8%
Dietary Fiber	4	g	16%
Sugars	4	g	
Protein	6	g	
Vitamin A			0%
Vitamin C			0%
Calcium			30%
Iron			15%
Vitamin D			25%
Thiamin			8%
Riboflavin			2%
Niacin			6%
Folate			10%

mjb/finished product spec/the long co/reviewed JAN 2011

Product # 1060

Product Description: Thick Slice Dark Deli Rye

Label Description: Nickles Deli Style Rye Bread

Specifications dark brown crumb with rye flavor

Loaf Wt: 24oz.

Number of slices: 15 (including heels)

Code/Shelf-life: (plant/bagger#/shift) 12 days

Example: N2C Fresh Thru Oct 18

Kosher Symbol Pareve

Emergency Contact 1.800.362.9775

Allergen: wheat, soy

Ingredients:

wheat flour, water, rye flour, yeast, contains 2% or less of the following: soybean oil, wheat gluten, salt, high fructose corn syrup, ground caraway, dough conditioners dough conditioners (mono & diglycerides, DATEM, calcium peroxide), calcium propionate (preservative), yeast nutrients (calcium sulfate, ammonium chlorid, monocalcium phosphate), vinegar, lactic acid, phosphoric acid, acetic acid, soy lecithin.

Nutrition facts:

Serving size: 1 slice

Wt.per serving: 1.6 oz. 45 gram slice

Servings per container: 15 slices

Nutrient	Values	Unit	%DailyValue
Calories	115	kcal	
Calories From Fat	15	kcal	
Total Fat	1.5	g	2%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0.5	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	235	mg	10%
Potassium	20	mg	1%
Total Carbohydrate	21	g	7%
Dietary Fiber	1	g	5%
Sugars	1	g	
Protein		g	
Vitamin A			
Vitamin C			
Calcium			6%
Iron			4%
Thiamin			6%
Riboflavin			4%
Niacin			4%
Folate			2%

Product # 1078

Product Description: Low Salt Bread
Portion Pack/Individually Wrapped
20 slices/box
Slice Thickness: 9/16"

Allergens: **wheat, soy**

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, wheat gluten, contains 2% or less of each of the following: yeast, soybean oil, vinegar, yeast nutrients (calcium sulfate, ammonium sulfate, ammonium chloride), corn starch, dough conditioners (DATEM, mono & diglycerides, calcium peroxide), calcium propionate (preservative), soy lecithin.

Nutrition facts:

Serving size: 1 slice

Wt. per serving: approx. 1 oz. 28 gram slice

Servings per container: 1 slice

Nutrient	Values	Unit	%DailyValue
Calories	60	kcal	
Calories From Fat	5	kcal	
Total Fat	0.5	g	1%
Saturated Fat	0	g	0
<i>Trans</i> Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	20	mg	1%
Total Carbohydrate	14	g	5%
Dietary Fiber	less than 1	g	0%
Sugars	2	g	
Protein	2	g	
Vitamin A	0		0
Vitamin C	0		0
Calcium	0		2%
Iron	0		4%
Thiamin	0		8%
Riboflavin	0		4%
Niacin	0		4%
Folate	0		6%

Product # 1082

Product Description: White Club Pullman
Loaf Wt: 32 oz.
Number of slices: 32
Slice Thickness: approx. 15/32"

Allergens: **wheat, soy**

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, soybean oil, contains 2% or less of the following: yeast, salt, yeast nutrients (calcium sulfate, ammonium chloride), corn starch, calcium propionate (preservative), dough conditioners (sodium stearoyl lactylate, monoglycerides, calcium peroxide), diammonium phosphate, tricalcium phosphate, soy lecithin.

Nutrition facts:

Serving size: 1 slice

Wt.per serving: approximately 1 oz. 28 gram slice

Servings per container: about 32 slices

Nutrient	Values	Unit	%DailyValue
Calories	80	Kcal	
Calories From Fat	5	kcal	
Total Fat	0.5	g	1%
Saturated Fat	0	g	0%
Trans Fat	0	g	0%
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	160	mg	7%
Total Carbohydrate	16	g	5%
Dietary Fiber	Less than 1	g	2%
Sugars	1	g	
Protein	3	g	
Vitamin A			0%
Vitamin C			0%
Calcium			2%
Iron			4%
Thiamin			10%
Riboflavin			6%
Niacin			4%
Folate			6%

aib

Product # 1083

Product Description: Wheat Club Pullman

Specifications: Loaf Wt: 32 oz.
Loaf Length: 14 1/2" + or - 1/4"
Slice Height: 4 1/2" + or - 1/4"
Slice width: 4 1/2" + or - 1/8"
Number of slices: 32 (30 + 2 heels)
Slice Thickness: 15/32"

Kosher Symbol Pareve
Emergency Contact 1.800.362.9775
Allergens: **wheat, soy**

Ingredients:
wheat flour, water, whole wheat flour, high fructose corn syrup, contains 2% or less of the following: yeast, soybean oil, salt, wheat gluten, dough conditioners (sodium stearoyl lactylate, ethoxylated mono and diglycerides, calcium peroxide), corn starch, caramel color, yeast nutrients (calcium sulfate, ammonium chloride), calcium propionate (preservative), diammonium phosphate, tricalcium phosphate, soy lecithin.

Nutrition facts:

Serving size: 1 slice

Wt.per serving: approx. 1 oz. approx. 28 gram slice

Servings per container: 32 slices

Nutrient	Values	Unit	%DailyValue
Calories	70	Kcal	
Calories From Fat	5	kcal	
Total Fat	1	g	1%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0.5	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	190	mg	8%
Potassium	35		1%
Total Carbohydrate	14	g	5%
Dietary Fiber	1	g	4%
Sugars	2	g	
Protein	3	g	
Vitamin A			0%

Product # 1084

Product Description: Rye Club Pullman
Loaf Wt: 32 oz.
Number of slices: 32
Slice Thickness: approx. 15/32"

Allergens: **wheat, soy**

Ingredients:
wheat flour, water, rye flour, high fructose corn syrup, yeast, contains 2% or less of the following: wheat gluten, soybean oil, salt, caramel color, lactic acid, phosphoric acid, acetic acid, caraway seeds, yeast nutrients (monocalcium phosphate, calcium sulfate, ammonium chloride), corn starch, dough conditioners (sodium stearoyl lactylate, mono & diglycerides, ethoxylated mono & diglycerides, calcium peroxide), calcium propionate (preservative), soy lecithin.

Nutrition facts:

Serving size: 1 slice

Wt.per serving: approximately 1 oz. 28 gram slice

Servings per container: about 32 slices

Nutrient	Values	Unit	%DailyValue
Calories	70	Kcal	
Calories From Fat	5	kcal	
Total Fat	0.5	g	1%
Saturated Fat	0	g	0%
Trans Fat	0	g	0%
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	160	mg	7%
Potassium	10	mg	0%
Total Carbohydrate	13	g	4%
Dietary Fiber	1	g	4%
Sugars	1	g	
Protein	2	g	
Vitamin A			0%
Vitamin C			0%
Calcium			4%
Iron			2%
Thiamin			4%
Riboflavin			0%
Niacin			2%
Folate			0%

Product # 1087

Product Description:

Italian Pan

Label Description

Nickles Italian Bread

Loaf Wt: 20oz.

Number of slices: 18

Slice Thickness: 9/16"

Nutritional Claims

0 grams Trans Fat

Allergens

wheat, soy

Ingredients:

Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Yeast, High Fructose Corn Syrup, Contains 2% or less of the following: Soybean Oil, Salt, Wheat Gluten, Dough Conditioners (Mono & Diglycerides, DATEM, Calcium Peroxide), Calcium Propionate (Preservative), Yeast Nutrients (Calcium Sulfate, Diammonium Phosphate, Tricalcium Phosphate), Soy Lecithin.

Nutrition facts:

Serving size: 1 slice

Wt.per serving: approx. 1.1 oz.

32 gram slice

Servings per container: 18 slices

Nutrient	Values	Unit	%DailyValue
Calories	80	Kcal	
Calories From Fat	10	kcal	
Total Fat	1	g	2%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	180	mg	8%
Potassium	25	mg	1%
Total Carbohydrate	15	g	5%
Dietary Fiber	1	g	4%
Sugars	1	g	
Protein	3	g	
Vitamin A			0
Vitamin C			0
Calcium			2%
Iron			4%
Thiamin			10%
Riboflavin			6%
Niacin			8%
Folate			10%

Product # 1091

Label Description: Nickles Texas Toast Enriched Bread

Product Description: Yellow Pullman/Texas Toast

Crumb Color: pale yellow

Loaf Wt: 24oz.

Number of slices: 19 including the heels

Slice Thickness: 7/8"

Code/Shelf-life: plant/bagger#/shift Suprv. Int. Julian Prod Date 12 day code

Code Example: N2C RL 187 Fresh Thru JUL 18

Kosher Symbol Pareve

Emergency Contact 1.800.362.9775

Allergens **wheat, soy**

Ingredients:

Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Contains 2% or less of the following: Soybean Oil, Yeast, Salt, Calcium Sulfate, Calcium Propionate (Preservative), Corn Flour, Spice and Coloring, Dough Conditioners (DATEM, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Corn Starch, Diammonium Phosphate, Tricalcium Phosphate, Soy Lecithin.

Nutrition facts:

Serving size: 1 slice

Wt.per serving: approx.1.3 oz. 36 gram slice

Servings per container: 19 slices

Nutrient	Values	Unit	%DailyValue
Calories	90	kcal	
Calories From Fat	5	kcal	
Total Fat	0.5	g	1%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	
Sodium	210	mg	9%
Potassium	20		1%
Total Carbohydrate	18	g	6%
Dietary Fiber	less than 1	g	2%
Sugars	less than 1	g	
Protein	3	g	
Vitamin A			0%
Vitamin C			0%
Calcium			0%
Iron			6%
Thiamin			10%
Riboflavin			8%
Niacin			6%
Folate			10%

aib2009

Product # 1092

Product Description: French Bread, seeded

Loaf Wt: 16 oz.

Number of slices: none

Topping: sesame seeds

Allergens: **wheat**

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimin mononitrate, riboflavin, folic acid), water, contains 2% or less of each of the following: high fructose corn syrup, salt, wheat gluten, soybean oil, yeast, dough conditioners (sodium stearoyl lactylate, monoglycerides, calcium peroxide), yeast nutrients (calcium sulfate, ammonium chloride), calcium propionate (preservative), sesame seeds.

Nutrition facts:

Serving size: 1 slice

Wt.per serving:approx.1 oz.

28 gram slice

Servings per container: 16 slices

Nutrient	Values	Unit	%DailyValue
Calories	70	Kcal	
Calories From Fat	5	kcal	
Total Fat	0.5	g	1%
Saturated Fat	0	g	0%
Trans Fat	0		
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	170	mg	6%
Total Carbohydrate	14	g	4%
Dietary Fiber	Less than 1	g	1%
Sugars	1	g	
Protein	2	g	
Vitamin A			0%
Vitamin C			0%
Calcium			2%
Iron			2%
Thiamin			2%
Riboflavin			2%
Niacin			0%
Folate			2%

Product # 1093

Product Description: French Bread
Loaf Wt: 16 oz.
Number of slices: none
Slice Thickness: n/a

Allergens: **wheat**

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimin mononitrate, riboflavin, folic acid), water, contains 2% or less of each of the following: high fructose corn syrup, salt, wheat gluten, soybean oil, yeast, dough conditioners (sodium stearoyl lactylate, monoglycerides, calcium peroxide), yeast nutrients (calcium sulfate, ammonium chloride), calcium propionate (preservative).

Nutrition facts:

Serving size: 1 slice

Wt.per serving:approx.1 oz. 28 gram slice

Servings per container: 16 slices

Nutrient	Values	Unit	%DailyValue
Calories	70	Kcal	
Calories From Fat	5	kcal	
Total Fat	0.5	g	1%
Saturated Fat	0	g	0%
Trans Fat	0		
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	170	mg	6%
Total Carbohydrate	14	g	4%
Dietary Fiber	Less than 1	g	1%
Sugars	1	g	
Protein	2	g	
Vitamin A			0
Vitamin C			0
Calcium			2%
Iron			2%
Thiamin			2%
Riboflavin			2%
Niacin			0%
Folate			2%

Product # 1099

Product Description: Low Salt Bread
Wt. 16 oz.
Slice Thickness: 9/16" 1/2"

Allergens: **wheat, soy**

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, wheat gluten, contains 2% or less of each of the following: yeast, soybean oil, vinegar, yeast nutrients (calcium sulfate, ammonium sulfate, ammonium chloride), corn starch, dough conditioners (DATEM, mono & diglycerides, calcium peroxide), calcium propionate (preservative), soy lecithin.

Nutrition facts:

Serving size: 1 slice

Wt. per serving: approx. 1 oz. 28 gram slice

Servings per container: 21 slice

Nutrient	Values	Unit	%DailyValue
Calories	60	kcal	
Calories From Fat	5	kcal	
Total Fat	0.5	g	1%
Saturated Fat	0	g	0
<i>Trans</i> Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	20	mg	1%
Total Carbohydrate	14	g	5%
Dietary Fiber	less than 1	g	0%
Sugars	2	g	
Protein	2	g	
Vitamin A	0		0
Vitamin C	0		0
Calcium	0		2%
Iron	0		4%
Thiamin	0		8%
Riboflavin	0		4%
Niacin	0		4%
Folate	0		6%

Product # 1101

Product Description: Raisin Bread

Label Description: Nickles County Style Raisin Bread

Allergens **wheat, soy**

Ingredients:

Wheat Flour, Raisins, Water, Wheat Gluten, Yeast, Contains 2% or less of the following: High Fructose Cc Syrup, Soybean Oil, Salt, Calcium Sulfate, Ammonium Sulfate, Cinnamon, Calcium Propionate (Preservati Dough Conditioners (DATEM, Monoglycerides, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Diammonium Phosphate, Tricalcium Phosphate, Soy Lecithin.

Nutrition facts:

Serving size: 1 slice

Wt.per serving: 27 gram slice

Nutrient	Values	Unit	%DailyValue
Calories	70	Kcal	
Calories From Fat	5	kcal	
Total Fat	0.5	g	1%
Saturated Fat	0	g	
Trans Fat	0	g	
Polyunsaturated Fat	0.5	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0
Sodium	95	mg	4%
Potassium	60	mg	2%
Total Carbohydrate	15	g	5%
Dietary Fiber	0	g	0%
Sugars	5	g	
Protein	2	g	
Vitamin A			0%
Vitamin C			0%
Calcium			2%
Iron			2%
Thiamin			4%
Riboflavin			2%
Niacin			2%

Product # 1122

Product Description: Honey Cracked Wheat
Loaf Wt: 20oz.
Number of slices: 13
Slice Thickness: 7/8" **THICK SLICE**
Allergens: **wheat, soy**

Ingredients:
wheat flour, water, flaked wheat, stone ground wheat, wheat gluten, wheat bran, rye meal, brown sugar, honey, molasses, yeast, steel cut oats, rolled wheat, soybean oil, wheat germ, high fructose corn syrup, salt, raisin juice, vinegar, dough conditioners (sodium stearoyl lactylate, monoglycerides, calcium peroxide), yeast nutrients (calcium sulfate, ammonium chloride).

Nutrition facts:

Serving size: 1 slice

Wt.per serving: 1.6 oz. 46 gram slice

Servings per container: 13 slices

Nutrient	Values	Unit	%DailyValue
Calories	125	Kcal	
Calories From Fat	15	kcal	
Total Fat	1.5	g	2%
Saturated Fat	0	g	
Trans Fat	0	g	
Polyunsaturated Fat	0.5	g	
Monounsaturated Fat	0.5	g	
Cholesterol	0	mg	
Sodium	240	mg	10%
Total Carbohydrate	24	g	8%
Dietary Fiber	3	g	11%
Sugars	3	g	
Protein	3	g	
Vitamin A			0
Vitamin C			0
Calcium			0%
Iron			6%
Thiamin			6%
Riboflavin			4%
Niacin			6%
Folate			2%

Product # 1129

Toastmaster White Bread

Product Description:

White Round Top

Loaf Wt: 16oz.

Number of slices: 19

Slice Thickness: 9/16"

Ingredients:

Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Yeast, Contains 2% or less of the following: Soybean Oil, Salt, Calcium Sulfate, Calcium Propionate (Preservative), Dough Conditioners (DATEM, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Diammonium Phosphate, Tricalcium Phosphate, Soy Lecithin.

Allergens:

Wheat, Soy

Nutrition facts:

Serving size: 1 slice

Wt.per serving:

25 gram slice

Servings per container: 19 slices

Nutrient	Values	Unit	%DailyValue
Calories	60	Kcal	0
Calories From Fat	5	kcal	0
Total Fat	0.5	g	2%
Saturated Fat	0	g	0
Trans Fat	0	g	0
Polyunsaturated Fat	0.5	g	0
Monounsaturated Fat	0	g	0
Cholesterol	0	mg	0%
Sodium	125	mg	5%
Potassium	20	mg	1%
Total Carbohydrate	13	g	4%
Dietary Fiber	0	g	0%
Sugars	1	g	0
Protein	2	g	0
Vitamin A	0		0
Vitamin C	0		0
Calcium	0		2%
Iron	0		4%
Thiamin	0		10%
Riboflavin	0		6%
Niacin	0		6%
Folate	0		6%

Product # 1131

Product Description: Split Top White
Loaf Wt: approx. 20 oz.
Number of slices: about 23
Slice Thickness: approx. 9/16"

Allergens: **Wheat, soy**

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, soybean oil, contains 2% or less of each of the following: yeast, salt, dough conditioners (sodium stearoyl lactylate, monoglycerides, calcium peroxide), yeast nutrients (calcium sulfate, ammonium chloride), corn starch, calcium propionate(mold inhibitor), soy lecithin.

Nutrition facts:

Serving size: 1 slice

Wt.per serving:approx. 0.87 oz. approx. 25 gram slice

Servings per container: about 23 slices

Nutrient	Values	Unit	%DailyValue
Calories	70	Kcal	
Calories From Fat	5	kcal	
Total Fat	0.5	g	1%
Saturated Fat	0	g	0%
<i>Trans</i> Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	
Sodium	150	mg	6%
Total Carbohydrate	14	g	5%
Dietary Fiber	0	g	0%
Sugars	2	g	
Protein	2	g	
Vitamin A			0%
Vitamin C			0%
Calcium			2%
Iron			4%
Thiamin			8%
Riboflavin			4%
Niacin			4%
Folate			6%

Product # 1135

Product Description: Split Top Wheat

Specifications:

Crumb color:	light brown with bran flakes
Topping:	split top
Loaf Wt:	20 oz.
Loaf Length:	14 1/2" + or - 1/2"
Slice Height:	4"
Slice width:	4"
Number of slices:	23 (21 + 2 heels)
Slice Thickness:	9/16" + or - 1/16"

Kosher Symbol

Pareve

Shipping: Product is shipped fresh from producing facility at ambient temperatures

Emergency Contact 1.800.362.9775

Allergens: **wheat, soy**

Ingredients:

Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Whole Wheat Flour, Wheat Bran, Yeast, Contains 2% or less of the following: Soybean Oil, Wheat Gluten, Salt, Dough Conditioners (Mono Diglycerides, DATEM, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Calcium Propionate (Preservative), Calcium Sulfate, Corn Starch, Caramel Color, Soy Lecithin.

Nutrition facts:

Serving size: 1 slice

Wt.per serving:approx. 0.87 oz. 25 gram slice

Servings per container: 23 slices

Nutrient	Values	Unit	%DailyValue
Calories	60	Kcal	
Calories From Fat	5	kcal	
Total Fat	1	g	1%
Saturated Fat	0	g	0
<i>Trans</i> Fat	0	g	0
Polyunsaturated Fat	0	g	0
Monounsaturated Fat	0	g	0
Cholesterol	0	mg	0
Sodium	110	mg	5%
Potassium	30	mg	1%
Total Carbohydrate	12	g	4%
Dietary Fiber	1	g	4%
Sugars	2	g	
Protein	2	g	
Vitamin A			0
Vitamin C			0
Calcium			2%
Iron			4%
Thiamin			8%
Riboflavin			4%
Niacin			6%
Folate			6%

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Product # 1178

Product Description: Oatmeal Bread
Slice Thickness: 9/16"

Allergens: **wheat, soy**

Ingredients:

wheat flour, water, oats, high fructose corn syrup, yeast, molasses, wheat gluten, brown sugar, contains 2% or less of the following: soybean oil, salt, vinegar, raisin juice concentrate, yeast nutrients (calcium sulfate, ammonium chloride), dough conditioner (DATEM, calcium peroxide), caramel color, corn starch, soy lecithin.

Nutrition facts:

Serving size: 1 slice

Wt.per serving: approx.1.1 oz. approx. 32 gram slice

Servings per container: 18

Nutrient	Values	Unit	%DailyValue
Calories	80	Kcal	
Calories From Fat	10	kcal	
Total Fat	1	g	2%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0
Sodium	135	mg	6%
Total Carbohydrate	15	g	5%
Dietary Fiber	0	g	0%
Sugars	3	g	
Protein	3	g	
Vitamin A			0%
Vitamin C			0%
Calcium			2%
Iron			4%
Thiamin			6%
Riboflavin			2%
Niacin			2%
Folate			0%

Product # 1187

Product Description: White Sandwich (Thicker Sliced Pullman) **NEW 2011**

Label Description: Plain bag with red print: Nickles White Resaurant/School Sandwich Bread

Claims: **No HFCS, No ADA, Good Source of Vitamin D,
26 grams or 0.92 oz/slice per school requirement
wheat, soy**

Allergens

Ingredients:

INGREDIENTS: Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Yeast, Contains 2% or less of the following: Soybean Oil, Salt, DATEM, Monoglycerides, Calcium Propionate (Preservative), Calcium Carbonate, Calcium Sulfate, Diammonium Phosphate, Calcium Peroxide, Tricalcium Phosphate, Vitamin D3, Ascorbic Acid, Soy Lecithin.

Nutrition facts:

Serving size: 1 slice

Wt.per serving: 0.92 oz. 26 gram slice

Nutrient	Values	Unit	%DailyValue
Calories	70	Kcal	
Calories From Fat	5	kcal	
Total Fat	1	g	2%
Saturated Fat	0	g	
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0
Sodium	130	mg	5%
Potassium	20	mg	1%
Total Carbohydrate	13	g	4%
Dietary Fiber	0	g	0%
Sugars	2	g	
Protein	2	g	
Vitamin A			0%
Vitamin C			0%
Calcium			6%
Iron			4%
Vitamin D			10%
Thiamin			10%
Riboflavin			6%
Niacin			6%
Folate			8%

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mjb/finishedproductspecificationfile/#1187/LN/CG& CT

Product # 1192

Product Description: 100% Whole wheat / pp
Individually Wrapped
25 slices/box
Slice Thickness: 1/2" - 9/16"
code: "wheat" 7 days

Allergens: **Wheat, Soy**

Ingredients:
stoneground 100% whole wheat flour, water, high fructose corn syrup, wheat gluten, wheat bran, yeast, contains 2% or less of the following: soybean oil, salt, yeast nutrients (calcium sulfate, ammonium chloride, monocalcium phosphate), dough conditioners (mono & diglycerides, sodium stearoyl lactylate, calcium peroxide), vinegar, corn starch, calcium propionate (preservative), soy lecithin.

Nutrition facts:

Serving size: 1 slice

Wt.per serving: approx.1.2 oz. approx. 37 gram slice

Servings per container: 1 slice

Nutrient	Values	Unit	%DailyValue
Calories	85	kcal	
Calories From Fat	10	kcal	
Total Fat	1	g	2%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0.5	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	170	mg	7%
Potassium	95	mg	3%
Total Carbohydrate	16	g	5%
Dietary Fiber	3	g	12%
Sugars	2	g	
Protein	5	g	
Vitamin A			0%
Vitamin C			0%
Calcium			6%
Iron			6%
Thiamin			8%
Riboflavin			4%
Niacin			8%
Folate			2%

Product # 1214

Product Description:

Italian Sesame/ Thick Slice

Loaf Wt: 16oz.

Number of slices: 15

Slice Thickness: 7/8"

Crust: light golden brown, split top with sesame seeds

Crumb color: white

Kosher: Pareve

Packaging

Nickles Sesame Italian Bread Bag
with "thick slice" sticker

Allergens:

wheat, soy

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, contains 2% or less of each of the following: yeast, soybean oil, salt, dough conditioners (sodium stearoyl lactylate, ethoxylated mono and diglycerides, calcium peroxide), corn starch, yeast nutrients (calcium sulfate, ammonium chloride), calcium propionate (preservative), sesame seeds, soy lecithin

Nutrition facts:

Serving size: 1 slice

Wt.per serving: approx.1.0 oz.

28 gram slice

Servings per container: about 15 slices

Nutrient	Values	Unit	%DailyValue
Calories	70	kcal	
Calories From Fat	10	kcal	
Total Fat	1	g	2%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	170	mg	7%
Total Carbohydrate	13	g	4%
Dietary Fiber	Less than 1	g	2%
Sugars	Less than 1	g	
Protein	2	g	
Vitamin A			0%
Vitamin C			0%
Calcium			2%
Iron			8%
Thiamin			12%
Riboflavin			8%
Niacin			8%
Folate			10%

Product # 1238

Product Description: Individually Sliced White Sandwich (Thicker Sliced)
Slice Thickness: 5/8"

Allergens: wheat , soy

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, soybean oil, contains 2% or less of the following: yeast, salt, dough conditioners (sodium stearoyl lactylate, monoglycerides, calcium peroxide), corn starch, yeast nutrients (calcium sulfate, ammonium chloride), calcium propionate (preservative), soy lecithin.

Nutrition facts:

Serving size: 1 slice

Wt.per serving: approx. .92 oz. 26 gram slice

Nutrient	Values	Unit	%DailyValue
Calories	70	Kcal	0
Calories From Fat	10	kcal	0
Total Fat	1	g	2%
Saturated Fat	0	g	
Trans Fat	0	g	
Polyunsaturated Fat	0.5	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0
Sodium	140	mg	6%
Total Carbohydrate	14	g	5%
Dietary Fiber	Less than 1	g	2%
Sugars	1	g	0
Protein	2	g	0
Vitamin A			0
Vitamin C			0
Calcium			2%
Iron			4%
Thiamin			8%
Riboflavin			4%
Niacin			4%
Folate			6%

Product # 1239

Product Description: 12-Grain Bread

Label Description: Nickles Country Style 12 Grain Bread

Label Wt: **24 oz**

Number of slices: approx. 18

Slice Thickness: 9/16"

Nutritional Claims: Whole Grains per serving: 13 grams

ALLERGENS: wheat, soy

Ingredients:

Whole Wheat Flour, Water, Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sunflower Seeds, Wheat, Oats, Wheat Gluten, High Fructose Corn Syrup, Brown Sugar, Yeast, Contains 2% or less of the following: Flaxseed, Golden Flaxseed, Soybean Oil, Salt, Molasses, Degermed Yellow Corn Meal, Sesame Seeds, Barley, Rye, Triticale, Brown Rice, Millet, Yellow Corn, Buckwheat, Dough Conditioners (DATEM, Monoglycerides, Ascorbic Acid, Azodicarbonamide, Calcium Peroxide, L-cysteine), Sugar, Calcium Propionate (Preservative), Calcium Sulfate, Soy Lecithin.

Nutrition facts:

Serving size: 1 slice

Wt.per serving: 1.3 oz.

38 gram slice

Servings per container: **18 slices**

Nutrient	Values	Unit	%DailyValue
Calories	100	Kcal	
Calories From Fat	20	kcal	
Total Fat	2.5	g	4%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	1.5	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	160	mg	7%
Potassium	85	mg	2%
Total Carbohydrate	17	g	6%
Dietary Fiber	2	g	8%
Sugars	3	g	
Protein	5	g	
Vitamin A			0%
Vitamin C			0%
Calcium			4%
Iron			6%
Thiamin			10%
Riboflavin			4%
Niacin			6%
Folate			4%

Product # 1240

Product Description: White Club Pullman

Specifications:

Loaf Wt: 32 oz.
 Loaf Length: 14 1/2" + or - 1/4"
 Slice Height: 4 1/2" + or - 1/4"
 Slice width: 4 1/2" + or - 1/8"
Number of slices: 28 (26 + 2 heels)
 Slice Thickness: 5/8"

Kosher Symbol Pareve
 Emergency Contact 1.800.362.9775

Allergens: **wheat, soy**

Ingredients:
 Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, soybean oil, contains 2% or less of the following: yeast, salt, yeast nutrients (calcium sulfate, ammonium chloride), corn starch, calcium propionate (preservative), dough conditioners (sodium stearoyl lactylate, monoglycerides, calcium peroxide), diammonium phosphate, tricalcium phosphate, soy lecithin.

Nutrition facts:
 Serving size: 1 slice
 Wt.per serving: approximately 1.15 c 32 gram slice
 Servings per container: about 28 slices

Nutrient	Values	Unit	%DailyValue
Calories	90	Kcal	
Calories From Fat	10	kcal	
Total Fat	1	g	1%
Saturated Fat	0	g	0%
Trans Fat	0	g	0%
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	180	mg	8%
Potassium	22	mg	1%
Total Carbohydrate	18	g	6%
Dietary Fiber	1	g	3%
Sugars	1	g	
Protein	3	g	
Vitamin A			0%
Vitamin C			0%
Calcium			2%
Iron			4%
Thiamin			10%
Riboflavin			6%
Niacin			4%
Folate			6%

Product # 1241

Product Description: Sour Dough Thick Slice

Loaf Wt: 24oz.

Number of slices: 15

Slice Thickness: 7/8"

Allergens: **wheat, soy**

Ingredients:

Enriched wheat flour (wheat flour, malted barley flour, ferrous sulfate, niacin, thaimine hydrochloride, riboflavin, folic acid), water, yeast, high fructose corn syrup, soybean oil, contains 2% or less of each of the folowing: salt, yellow corn flour, vital wheat gluten, soy flour, sodium stearoyl lactylate, non-diastatic malt, fumaric acid, calcium propionate (preservative), monoglycerides, calcium sulfate, acetic acid, ammonium chloride, soy lecithin, monocalcium phosphate,sugar, citric acid lemon pulp, lemon juice concentrate, lemon oil barley malt, sodium citrate,calcium peroxide.

Nutrition facts:

Serving size: 1 slice

Wt.per serving: 1.7 oz. 48 gram slice

Servings per container: 15 slices

Nutrient	Values	Unit	%DailyValue
Calories	130	Kcal	
Calories From Fat	15	kcal	
Total Fat	2	g	3%
Saturated Fat	0	g	0
Trsans Fat	0		
Polyunsaturated Fat	1	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0
Sodium	310	mg	13%
Total Carbohydrate	25	g	8%
Dietary Fiber	Less than 1	g	3%
Sugars	1	g	
Protein	4	g	
Vitamin A			0
Vitamin C			0
Calcium			2%
Iron			8%
Thiamin			14%
Riboflavin			8%
Niacin			8%
Folate			12%

aib

Product # 1245

Product Description: 100%Whole Wheat Honey Bread
Loaf Wt: 26 oz.
of Slices: 18
Slice Thickness: 9/16"
Slice Width: 5" + or - 1/4" (wide pan)

Allergens: wheat, soy

Ingredients:

whole wheat flour, water, honey, wheat gluten, yeast, sugar, contains 2% or less of the following: salt, fractionated palm kernel oil, refiners syrup, corn sugar, natural flavoring, soy lecithin, soybean oil, raisin juice concentrate, yeast nutrients (calcium sulfate, ammonium chloride), corn starch, dough conditioners (monoglycerides, sodium stearoyl lactylate, calcium peroxide).

Nutrition facts:

Serving size: 1 slice

Wt.per serving: 1.4 oz. 41 gram slice

Servings per container: about 18 slices

Nutrient	Values	Unit	%DailyValue
Calories	100	Kcal	
Calories From Fat	15	kcal	
Total Fat	1.5	g	2%
Saturated Fat	0.5	g	3%
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0
Sodium	210	mg	9%
Potassium	95	g	3%
Total Carbohydrate	19	g	6%
Dietary Fiber	3	g	12%
Sugars	3	g	
Protein	4	g	
Vitamin A			0
Vitamin C			0
Calcium			8%
Iron			6%
Thiamin			8%
Riboflavin			4%
Niacin			8%
Folate			2%

Product # 1247

Product Description: Thick Slice Wheat Club Pullman

Specifications:

Loaf Wt: 32 oz.
 Loaf Length: 14 1/2" + or - 1/4"
 Slice Height: 4 1/2" + or - 1/4"
 Slice width: 4 1/2" + or - 1/8"
Number of slices: 28 (26 + 2 heels)
 Slice Thickness: approx. 5/8"

Kosher Symbol Pareve
 Emergency Contact 1.800.362.9775
 Allergens: **wheat, soy**

Ingredients:
 wheat flour, water, whole wheat flour, high fructose corn syrup, contains 2% or less of the following: yeast, soybean oil, salt, wheat gluten, dough conditioners (sodium stearoyl lactylate, ethoxylated mono and diglycerides, calcium peroxide), corn starch, caramel color, yeast nutrients (calcium sulfate, ammonium chloride), calcium propionate (preservative), diammonium phosphate, tricalcium phosphate, soy lecithin.

Nutrition facts:

Serving size: 1 slice

Wt.per serving: approx. 1.15 oz. approx. 32 gram slice

Servings per container: 28 slices

Nutrient	Values	Unit	%DailyValue
Calories	80	Kcal	
Calories From Fat	10	kcal	
Total Fat	1	g	1%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0.5	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	215	mg	9%
Potassium	40		1%
Total Carbohydrate	16	g	5%
Dietary Fiber	1	g	5%
Sugars	2	g	
Protein	3	g	
Vitamin A			0%
Vitamin C			0%
Calcium			0%
Iron			2%
Thiamin			4%
Riboflavin			0%
Niacin			0%
Folate			2%

Product # 1251

Product Description: Raisin Bread

Label Description Plain Bag

Slice Thickness: approx. 5/8"

Finished Baked Wt: 24 oz.

code: 11 days

sample code: N3C Fresh Thru July 7

Nutritional Claim: 0 Trans Fat

Allergens: **wheat, soy**

Ingredients:

wheat flour, raisins, water, wheat gluten, yeast, high fructose corn syrup, soybean oil, contains 2% or less of: salt, cinnamon, yeast nutrients (calcium sulfate, ammonium chloride), dough conditioners (mono & diglycerides, DATEM, calcium peroxide, azodicarbonamide), corn starch, calcium propionate (preservative), tricalcium phosphate, diammonium phosphate, soy lecithin.

Nutrition facts:

Serving size: 1 slice

Wt.per serving: approx. 34 gram slice

Servings per container: approx. 20 slices

Nutrient	Values	Unit	%DailyValue
Calories	80	Kcal	
Calories From Fat	10	kcal	
Total Fat	1	g	2%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0	mg	
Monounsaturated Fat	0	mg	
Cholesterol	0	mg	0%
Sodium	140	mg	6%
Potassium	70		3%
Total Carbohydrate	17	g	6%
Dietary Fiber	0	g	0%
Sugars	3	g	
Protein	3	g	
Vitamin A			0%
Vitamin C			0%
Calcium			2%
Iron			2%
Thiamin			4%
Riboflavin			2%
Niacin			2%
Folate			0%

Product # 1256

Product Description: Light 35 Multi-Grain Bread

Label Description: Reduced Calorie Nickles 35 Light Multi-Grain Bread

Label Wt.: 16 oz.

Number of slices: 22 (20 usable slices)

Slice Thickness: 9/16"

Allergen: **wheat, soy**

Ingredients:

water, wheat flour, cellulose fiber, high fructose corn syrup, wheat gluten, yeast, rye chops, cracked wheat, contains 2% or less of the following: soybean oil, salt, wheat bran, barley flakes, cellulose gum, guar gum, bulgar, dough conditioners (mono & diglycerides, calcium peroxide), calcium propionate (preservative), yeast nutrients (calcium sulfate, ammonium sulfate, ammonium chloride), corn starch, soy lecithin.

Nutrition facts:

Serving size: 1 **slice**

Wt.per serving: approx. 20 grams

Servings per container: 22

Nutrient	Values	Unit	%DailyValue
Calories	35	Kcal	
Calories From Fat	5	kcal	
Total Fat	0	g	0%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	120	mg	5%
Potassium	10	mg	0%
Total Carbohydrate	8	g	3%
Dietary Fiber	2	g	8%
Sugars	1	g	
Protein	2	g	
Vitamin A			0%
Vitamin C			0%
Calcium			2%
Iron			4%
Thiamin			2%
Riboflavin			0%
Niacin			2%
Folate			0%

The Long Co. 2007

Product # 1264

Product Description:

Sweet Dark Whole Grain

Label description

Country Style Swiss Multi-Grain Bread

revised 4-07

Specifications:

Loaf Wt: 26oz.

Number of slices: approx. 16

Slice Thickness: 5/8"

Shelf-life:

11 Days

Health Claims

100% Whole Grains/ 0 Trans Fat

Excellent source of whole grains

25 grams of whole grains per serving

3 grams of fiber /serving (1 slice)

Allergens

wheat, soy

Kosher

Pareve

Ingredients:

100% whole wheat flour, water, wheat gluten, high fructose corn syrup, brown sugar, oats, flaked wheat, contains 2 % or less of each of the following: triticale flakes, barley flakes, yeast, flaxseed, wheat germ, soft white wheat, amaranth, rye flakes, soybean oil, sunflower seeds, salt, corn meal, caramel color, calcium sulfate (source of calcium), dough conditioners (sodium stearoyl lactylate, monoglycerides), calcium propionate (mold inhibitor), enrichment (reduced iron, folic acid), soy lecithin.

Nutrition facts:

Serving size: 1 slice

Wt.per serving: 1.6 oz.

46 gram slice

Servings per container: 16 slices

Nutrient	Values	Unit	%DailyValue
Calories	130	Kcal	
Calories From Fat	15	kcal	
Total Fat	2	g	3
Saturated Fat	0	g	0
Trans Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0
Sodium	210	mg	9
Total Carbohydrate	23	g	8
Dietary Fiber	3	g	13%
Sugars	5	g	
Protein	6	g	
Vitamin A	0		0
Vitamin C	0		0
Calcium	0		10
Iron	0		15
Thiamin	0		10
Riboflavin	0		20
Niacin	0		10
Folate	0		10

revised 4-07

Product # 1266

Product Description:

Golden Flax & Grain

Label Description

Country Style Golden Flax & Grain Bread

Loaf Wt: 26oz.

Number of slices: approx.16 (14 + 2 heels)

Slice Thickness: 5/8"

Allergen:

wheat, soy

Ingredients:

Enriched wheat flour (wheat flour, malted barley flour, niacin, reduced iron, thaimin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, flaxseeds, oats, toasted sesame seeds, wheat gluten, toasted sunflower seeds, contains 2% or less of the following: brown sugar, wheat bran, millet, soybean oil, yeast, salt, corn flour, steel cut wheat, mono- and diglycerides, vinegar, sodium stearyl lactylate, calcium sulfate, soft white wheat flour, calcium propionate (preservative), soy lecithin.

Nutrition facts:

Serving size: 1 slice

Wt.per serving: 1.6 oz.

46 gram slice

Servings per container: approx. 16 slices

Nutrient	Values	Unit	%DailyValue
Calories	150	kcal	
Calories From Fat	45	kcal	
Total Fat	4.5	g	7
Saturated Fat	0.5	g	3
Trans Fat	0	g	
Polyunsaturated Fat	2	g	
Monounsaturated Fat	1.5	g	
Cholesterol	0	mg	0
Sodium	210	mg	9
Total Carbohydrate	22	g	7
Dietary Fiber	3	g	10
Sugars	3	g	0
Protein	5	g	0
Vitamin A	0		0
Vitamin C	0		0
Calcium	0		4
Iron	0		10
Thiamin	0		15
Riboflavin	0		15
Niacin	0		20

Product # 1268

Product Description:

Nine Grain Bread

Label Description

Nickles Country Style Nine Grain

Loaf Wt: 26oz.

Number of slices: approx. 16

Slice Thickness: 5/8"

Nutritional Claims:

100% Whole Grain 0 Trans Fat

Excellent source of whole grains

27 grams of whole grain per serving

3 grams of fiber per slice

Kosher

Pareve

Allergens:

wheat, soy

Ingredients:

100% stone ground whole wheat flour, water, oats, high fructose corn syrup, wheat gluten, flaked wheat, brown sugar, contains 2% or less of the following: yeast, triticale flakes, barley flakes, flaxseed, wheat germ, soft white wheat, amaranth seeds, rye flakes, soybean oil, cornmeal, salt, dough conditioners (calcium sulfate, mono-glycerides, sodium stearoyl lactylate), raisin juice, calcium propionate (preservative), reduced iron and folic acid (enrichment), soy lecithin.

Nutrition facts:

Serving size: 1 slice

Wt. per serving: 1.6 oz.

46 gram slice

Servings per container: about 16 slices

Nutrient	Values	Unit	%DailyValue
Calories	120	Kcal	
Calories From Fat	15	kcal	
Total Fat	2	g	3
Trans Fat	0	g	0
Polyunsaturated	1	g	
Monounsaturated	0		
Saturated Fat	0	g	0
Cholesterol	0	mg	0
Sodium	190	mg	8
Total Carbohydrate	23	g	8
Dietary Fiber	3	g	13
Sugars	5	g	
Protein	6	g	
Vitamin A			0
Vitamin C			0
Calcium			10
Iron			15
Thiamin			10
Riboflavin			4
Niacin			8
Folate			10

Product # 1273

Product Description: Flax & Grain Bread

Label Description: Plain bag with inkjet code date and product name

Health Claims ~ 0 Trans Fat ~3 grams of fiber/serv

Allergen: **wheat, soy**

Ingredients:

Enriched wheat flour (wheat flour, malted barley flour, niacin, reduced iron, thaimin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, flaxseeds, oats, toasted sesame seeds, wheat gluten, toasted sunflower seeds, contains 2% or less of the following: brown sugar, wheat bran, millet, soybean oil, yeast, salt, corn flour, steel cut wheat, mono- and diglyceriedes, vinegar, sodium stearyl lactylate, calcium sulfate, soft white wheat flour, calcium propionate (preservative), soy lecithin.

Nutrition facts:

Serving size: 1 slice

Wt.per serving: 1.6 oz. 46 gram slice

Servings per container: approx. 16 slices

Nutrient	Values	Unit	%DailyValue
Calories	150	kcal	
Calories From Fat	45	kcal	
Total Fat	4.5	g	7
Saturated Fat	0.5	g	3
Trans Fat	0	g	
Polyunsaturated Fat	2	g	
Monounsaturated Fat	1.5	g	
Cholesterol	0	mg	0
Sodium	210	mg	9
Potassium	100	mg	3
Total Carbohydrate	22	g	7
Dietary Fiber	3	g	10
Sugars	3	g	
Protein	5	g	
Vitamin A			0
Vitamin C			0
Calcium			4
Iron			10
Thiamin			15
Riboflavin			15
Niacin			20
Folate			8

the long co 2010b/reviewed 2011

Product # 1274

Product Description: Sweet Grain bread

Label Description: Plain bag with inkjet code date and product name

Health Claims 100% Whole Grains ~ 0 Trans Fat ~3 grams of fiber/serv
~26 grams of whole grain /serv

Allergens **wheat, soy**

Ingredients:

Whole Wheat Flour, Water, Steel Cut Wheat, Steel Cut Oats, Oat Flakes, Barley Flakes, Triticale Flakes, Soft White Wheat Flakes, Wheat Gluten, Brown Sugar, High Fructose Corn Syrup, Yeast, Contains 2% or less of the following: Sunflower Seeds, Soybean Oil, Rye Flakes, Amaranth, Flaxseed, Toasted Wheat Germ, Degermed Yellow Corn Meal, Caramel Color, Salt, Molasses, Oat Bran, Dough Conditioners (Sodium Stearoyl Lactylate, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Calcium Sulfate, Vinegar, Yeast Nutrients (Ammonium Chloride, Ammonium Sulfate), Corn Starch, Calcium Propionate (Preservative), Soy Lecithin.

Nutrition facts:

Serving size: 1 slice

Wt.per serving: 1.6 oz. 46 gram slice

Servings per container: 16 slices

Nutrient	Values	Unit	%DailyValue
Calories	120	Kcal	
Calories From Fat	15	kcal	
Total Fat	1.5	g	2%
Saturated Fat	0	g	0
Trans Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0
Sodium	190	mg	8%
Potassium	110		3%
Total Carbohydrate	21	g	7%
Dietary Fiber	3	g	12%
Sugars	4	g	
Protein	6	g	
Vitamin A			0
Vitamin C			0
Calcium			6
Iron			8
Thiamin			10
Riboflavin			4
Niacin			6
Folate			2

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mjb/finished productspecfolder/1274/M/ab

Product # 1290

Product Description: 100% Whole Wheat Bread

Label Description: 100% Whole Wheat Bread

Label Wt. 16 oz. (454 grams)

Specification: brown, whole grain bread with dark brown crust color
of Slices/Loaf: approx. 18 9/16" slice thickness

Availability: Monday & Thursday Sale Days

Shelf-life: 12 days

Code: Example: NB3 RL 158 Fresh Thru JUN 19
Code: Plant/Bagger/Shift Suprv Int. Julian Date 12 day cod

Packaging polyethylene bag with color coded, twist ties

Kosher Symbol PAREVE

Kosher Certification Quality Kosher Supervision

Emergency Contact 1.800.362.9775

Nutritional Claims **100% Whole Grains**, Good Source of Fiber, 0 grams Trans Fat

Made with 100% whole grain/whole wheat flour

100 % whole grains based on flour wt.

15 grams of whole grain per serving

2 grams of fiber per slice

Allergens **wheat, soy**


Ingredients:

100% whole wheat flour, water, high fructose corn syrup, wheat gluten, wheat bran, yeast, contains 2% or less of the following: soybean oil, salt, dough conditioners (mono & diglycerides, sodium stearoyl lactylate, DATEM, calcium peroxide), calcium propionate (preservative), yeast nutrients (calcium sulfate, monocalcium phosphate, ammonium sulfate), sugar, vinegar, soy lecithin.

Nutrition facts:

Serving size: 1 slice

Wt. per serving: 29 gram slice



Nutrient	Values	Unit	%DailyValue
Calories	60	Kcal	
Calories From Fat	5	kcal	
Total Fat	0.5	g	1%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0
Sodium	120	mg	5%
Potassium	70	mg	2%
Total Carbohydrate	12	g	4%
Dietary Fiber	2	g	8%
Sugars	1	g	
Protein	3	g	
Vitamin A		IU	0%
Vitamin C		mg	0%
Calcium		mg	4%
Iron		mg	4%
Thiamin		mg	6%
Riboflavin		mg	2%
Niacin		mg	6%
Folate		mcg	2%

Product # 1293
 Product Description: 100% Whole Wheat Bread
 Label Description: *Nickles Country Style 100% Whole Wheat Bread*
 Label Wt. 24 oz. (680 g)
 Specification: brown, dense, whole grain bread with dark brown crust color bread
 # of Slices/Loaf: approx. 18
 Shelf-life: 11 days
 Code: Example: NB3 RL 098 Fresh Thru APR 20
 Code:Plant/Bagger/Shift Suprv Int Julian Prod Date 12 day cod
 Packaging polyethylene bag with color coded, twist ties
 Kosher Symbol PAREVE
 Kosher Certification Quality Kosher Supervision
 Emergency Contact 1.800.362.9775
 Nutritional Claims 100% Whole Grains, Good Source of Fiber, 0 grams Trans Fat
 Excellent source of whole grains
20 grams of whole grain per serving
3 grams of fiber per slice
 Allergens wheat, soy

Ingredients:
 whole wheat flour, water, high fructose corn syrup, wheat gluten, wheat bran, yeast,
 contains 2% or less of the following:soybean oil, salt, dough conditioners (mono & diglycerides,
 sodium stearoyl lactylate, DATEM, calcium peroxide), calcium propionate (preservative), yeast
 nutrients (calcium sulfate, monocalcium phosphate, ammonium sulfate), sugar, vinegar,
 soy lecithin.

Nutrition facts:

Serving size: 1 slice

Wt.per serving: approx. 1.3 oz. 38 gram slice

Nutrient	Values	Unit	%DailyValue
Calories	90	Kcal	
Calories From Fat	10	kcal	
Total Fat	1	g	2%
Saturated Fat	0	g	0%
Trans Fat	0	g	0
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0
Sodium	180	mg	8%
Potassium	105	mg	3%
Total Carbohydrate	17	g	6%
Dietary Fiber	3	g	12%
Sugars	2	g	
Protein	5	g	
Vitamin A	0	IU	0%
Vitamin C	0	mg	0%
Calcium	52.21	mg	6%
Iron	1.09	mg	6%
Thiamin	0.12	mg	8%

Product # 1313

Product Description: Italian/ Thick Slice
Loaf Wt: 16oz.
Number of slices: 15
Slice Thickness: 7/8"
Crust: light golden brown, split top
Crumb color: white
Kosher: Pareve
Packaging: plain bag
Allergens: wheat, soybeans

Ingredients:

Enriched wheat flour (wheat flour, barley malt , niacin, reduced iron, thaimin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, contains 2% or less of each of the following: yeast, soybean oil, salt, dough conditioners (sodium stearoyl lactylate, ethoxylated mono and diglycerides, calcium peroxide), yeast nutrients (calcium sulfate, ammonium chloride), calcium propionate (preservative).

Nutrition facts:

Serving size: 1 slice

Wt.per serving: 1.0 oz. 28 gram slice

Servings per container: about 15 slices

Nutrient	Values	Unit	%DailyValue
Calories	70	Kcal	0
Calories From Fat	5	kcal	0
Total Fat	0.5	g	1%
Saturated Fat	0	g	0
Trans Fat	0	g	0
Polyunsaturated Fat	0	g	0
Monounsaturated Fat	0	g	0
Cholesterol	0	mg	0
Sodium	170	mg	7%
Total Carbohydrate	13	g	4%
Dietary Fiber	Less than 1	g	2%
Sugars	Less than 1	g	
Protein	2	g	
Vitamin A	0		0%
Vitamin C	0		0%
Calcium	0		2%
Iron	0		8%
Thiamin	0		12%
Riboflavin	0		8%
Niacin	0		8%
Folate	0		10%

Product # 1322

Product Description: Wheat Pullman (special slice)

Label Description: Plain bag with yellow print:
Nickles Wheat Restaurant Sandwich Bread

Allergens **wheat, soy**

Ingredients:

Wheat Flour, Water, Whole Wheat Flour, High Fructose Corn Syrup, Yeast,
Contains 2% or less of the following: Soybean Oil, Salt, Wheat Gluten, Caramel
Color, Dough Conditioners (Mono & Diglycerides,DATEM, Azodicarbonamide,
Calcium Sulfate, Ascorbic Acid, Calcium Peroxide), Calcium Propionate
(Preservative), Diammonium Phosphate, Tricalcium Phosphate, Soy Lecithin.

Nutrition facts:

Serving size: 1 slice

Wt.per serving: approx. 0.92 oz. approx. 26 gram slice

Servings per container: 26 slices

Nutrient	Values	Unit	%DailyValue
Calories	60	kcal	
Calories From Fat	5	kcal	
Total Fat	0.5	g	1%
Saturated Fat	0	g	
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0
Sodium	150	mg	6%
Potassium	23	mg	1%
Total Carbohydrate	13	g	4%
Dietary Fiber	1	g	4%
Sugars	2	g	
Protein	2	g	
Vitamin A			0%
Vitamin C			0%
Calcium			4%
Iron			2%
Thiamin			4%
Riboflavin			2%
Niacin			4%
Folate			0%

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Product # 1323

Product Description: Rye Pullman Sandwich Bread (thicker slice)

Label Description: Plain bag with green print: Nickles Restaurant Rye Sandwich Bread

Allergens: **wheat, soy**

Ingredients:

Wheat Flour, Water, Rye Flour, High Fructose Corn Syrup, Yeast, Contains 2% or less of the following: Wheat Gluten, Soybean Oil, Salt, Lactic Acid, Monocalcium Phosphate, Phosphoric Acid, Acetic Acid, Caramel Color, Caraway Seeds, Calcium Propionate (Preservative), Monoglycerides, DATEM, Calcium Sulfate, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide, Soy Lecithin.

Nutrition facts:

Serving size: **1 slice**

Wt.per serving: approx. **0.92 oz.** **26 gram slice**

Servings per container: 26 slices (including heels)

Nutrient	Values	Unit	%DailyValue
Calories	60	kcal	
Calories From Fat	5	kcal	
Total Fat	0.5	g	2%
Saturated Fat	0	g	
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	
Sodium	135	mg	6%
Potassium	10	mg	
Total Carbohydrate	13	g	4%
Dietary Fiber	0	g	0%
Sugars	1	g	
Protein	2	g	
Vitamin A			0%
Vitamin C			0%
Calcium			0%
Iron			0%
Thiamin			4%
Riboflavin			2%
Niacin			2%
Folate			2%

thelongco. 2010b

Product # 1336

Product Description: Country Style White Bread

Loaf Wt: 20 oz.

Number of slices: 18

Slice Thickness: 1/2"

Allergens: **wheat, soy**

Ingredients:

Enriched wheat flour (wheat flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, wheat gluten, potato flour, yeast, soy fiber, soybean oil, salt.

Contains 2% or less of the following: Buttermilk flavor, calcium propionate (to retard spoilage), yeast nutrients (calcium sulfate, sodium chloride, ammonium chloride), dough conditioners (sodium stearoyl lactylate, mono and diglycerides, ascorbic acid).

Nutrition facts:

Serving size: 1 slice

Wt.per serving: approx. 1.1 oz. approx. 31 gram per slice

Servings per container: 18 slices

Nutrient	Values	Unit	%DailyValue
Calories	80	Kcal	
Calories From Fat	5	kcal	
Total Fat	0.5	g	1%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0
Sodium	180	mg	8%
Total Carbohydrate	15	g	5%
Dietary Fiber	less than 1	g	3%
Sugars	3	g	
Protein	3	g	
Vitamin A			0%
Vitamin C			0%
Calcium			6%
Iron			6%
Thiamin			10%
Riboflavin			6%
Niacin			6%
Folate			6%

Product # 1338

Product Description: White Round Top portion pack

Label Description: the word "white" is printed on the individual wrapper

Specifications: crumb color: white
crust: golden brown, round top
Slice Thickness: 9/16"

Shelf-life: no code

Kosher PAREVE

Emergency Contact 1.800.362.9775

Allergens **wheat, soy**

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, contains 2% or less of the following: salt, soybean oil, yeast nutrients (calcium sulfate, ammonium chloride), dough conditioners (monoglycerides, sodium stearyl lactylate, calcium peroxide), calcium propionate (preservative), corn starch, diammonium phosphate, tricalcium phosphate, soy lecithin.

Nutrition facts:

Serving size: 1 slice

Wt.per serving: approx. 0.87 oz. approx. 25 gram slice

Nutrient	Values	Unit	%DailyValue
Calories	70	Kcal	
Calories From Fat	5	kcal	
Total Fat	0.5	g	1%
Saturated Fat	0	g	
<i>Trans</i> Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	135	mg	6%
Potassium	20	mg	1%
Total Carbohydrate	13	g	4%
Dietary Fiber	0	g	0%
Sugars	1	g	
Protein	2	g	
Vitamin A			0%
Vitamin C			0%
Calcium			2%
Iron			4%
Thiamin			10%
Riboflavin			6%
Niacin			6%
Folate			6%

Product # 1339

Product Description: Wheat Pullman Portion Pack

Label Description: the word "wheat" is printed on the individual wrapper

Specification: Slice Thickness: 15/32"
slice ht: 4"= or - 1/4"
slice wdt: 4"= or - 1/4"
Crumb color: light brown

Shelf-life: no code

Kosher: Pareve

Emergency Contact: 1.800.362.9775

Allergens: **wheat, soy**

Ingredients:

Wheat Flour, Water, Whole Wheat Flour, High Fructose Corn Syrup, Yeast, Contains 2% or less of the following: Soybean Oil, Salt, Wheat Gluten, Caramel Color, Yeast Nutrients (Calcium Sulfate, Ammonium Chloride), Corn Starch, Dough Conditioners (Mono & Diglycerides, Ethoxylated Mono & Diglycerides, Sodium Stearoyl Lactylate, Calcium Peroxide), Calcium Propionate (Preservative), Diammonium Phosphate, Tricalcium Phosphate, soy lecithin.

Nutrition facts:

Serving size: 1 slice

Wt.per serving: approx. 0.75oz. approx. 22 gram slice

Nutrient	Values	Unit	%DailyValue
Calories	60	Kcal	
Calories From Fat	5	kcal	
Total Fat	0.5	g	1%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0.5	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0
Sodium	110	mg	4%
Total Carbohydrate	11	g	4%
Dietary Fiber	less than 1	g	2%
Sugars	1	g	
Protein	2	g	
Vitamin A			0%
Vitamin C			0%
Calcium			2%
Iron			6%
Thiamin			8%
Riboflavin			4%
Niacin			6%
Folate			6%

Product # 1344

Product Description: Oatmeal Bread
Individually Wrapped
90 slices per box or plastic
Slice Thickness: 9/16"

Allergens: **wheat, soy**

Ingredients:
wheat flour, water, oats, high fructose corn syrup, yeast, molasses, wheat gluten, brown sugar, contains 2% or less of the following: soybean oil, salt, vinegar, raisin juice concentrate, yeast nutrients (calcium sulfate, ammonium chloride), dough conditioner (DATEM, calcium peroxide), caramel color, corn starch, soy lecithin.

Nutrition facts:

Serving size: 1 slice

Wt.per serving: approx.1.1 oz. approx. 32 gram slice

Servings per container: 1

Nutrient	Values	Unit	%DailyValue
Calories	80	Kcal	
Calories From Fat	10	kcal	
Total Fat	1	g	2%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0
Sodium	135	mg	6%
Total Carbohydrate	15	g	5%
Dietary Fiber	0	g	0%
Sugars	3	g	
Protein	3	g	
Vitamin A			0%
Vitamin C			0%
Calcium			2%
Iron			4%
Thiamin			6%
Riboflavin			2%
Niacin			2%
Folate			0%

Product # 1345

Product Description:

Thick Slice Deli Rye

Label Description:

Nickles Deli Style Rye Bread

Specifications

light brown crumb with caraway seeds

Loaf Wt: 24oz.

Number of slices: 15 (including heels)

Slice Thickness: 1/2"

Code/Shelf-life:

(plant/bagger#/shift) 12 days

Example: N2C Fresh Thru Oct 18

Kosher Symbol

Pareve

Emergency Contact

1.800.362.9775

Allergen:

wheat, soy

Ingredients:

wheat flour, water, rye flour, caraway seeds, yeast, contains 2% or less of the following: soybean oil, wheat gluten, salt, high fructose corn syrup, dough conditioners (mono & diglycerides, DATEM, calcium peroxide), calcium propionate (preservative), yeast nutrients (calcium sulfate, ammonium chlorid, monocalcium phosphate), vinegar, lactic acid, phosphoric acid, acetic acid, soy lecithin.

Nutrition facts:

Serving size: 1 slice

Wt.per serving: 1.6 oz.

45 gram slice

Servings per container: 15 slices

Nutrient	Values	Unit	%DailyValue
Calories	115	kcal	
Calories From Fat	15	kcal	
Total Fat	1.5	g	2%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0.5	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	235	mg	10%
Potassium	22	mg	1%
Total Carbohydrate	21	g	7%
Dietary Fiber	1	g	5%
Sugars	1	g	
Protein		g	
Vitamin A			
Vitamin C			
Calcium			6%
Iron			4%
Thiamin			6%
Riboflavin			4%
Niacin			4%
Folate			2%

Product # 1377

Product Description: Country Style Potato Bread

Loaf Wt: 20 oz.

Number of slices: 18

Slice Thickness: 1/2"

Allergens: **wheat, soy**

Ingredients:

Enriched wheat flour (wheat flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, potato flour, high fructose corn syrup, contains 2% or less of the following: yeast, salt, soybean oil, wheat gluten, vinegar, corn flour, soft white wheat flour, dough conditioners (mono and diglycerides, sodium stearoyl lactylate, calcium peroxide), corn starch, turmeric, paprika, yeast nutrients (calcium sulfate, ammonium sulfate), soy lecithin, natural and artificial flavor.

Nutrition facts:

Serving size: 1 slice

Wt.per serving: approx. 1.1 oz. approx. 31 gram per slice

Servings per container: 18 slices

Nutrient	Values	Unit	%DailyValue
Calories	90	Kcal	
Calories From Fat	5	kcal	
Total Fat	1	g	1%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0
Sodium	200	mg	8%
Total Carbohydrate	17	g	6%
Dietary Fiber	less than 1	g	3%
Sugars	2	g	
Protein	2	g	
Vitamin A			0%
Vitamin C			0%
Calcium			2%
Iron			8%
Thiamin			10%
Riboflavin			6%
Niacin			6%
Folate			6%

Product # 1384

Product Description: Light 35 White Bread
Label Description: Healthy Slices Light 35 White Bread
Label Wt.: 16 oz.

Number of slices: 22
Slice Thickness: 9/16"

Nutritional claim: 3 grams of fiber/serving (2 slices)

Allergen: **wheat, soy**

Ingredients:

water, wheat flour, cellulose fiber, high fructose corn syrup, wheat gluten, yeast, contains 2% or less of the following: soybean oil, salt, cellulose gum, guar gum, dough conditioners (mono & diglycerides, DATEM, ethoxylated mono & diglycerides, calcium peroxide), calcium propionate (preservative), yeast nutrients (calcium sulfate, ammonium chloride), corn starch, soy lecithin.

Nutrition facts:

Serving size: **2 slices**

Wt.per serving: approx. 1.25 oz./2 **36 grams for 2 slices**

Servings per container: 11

Nutrient	Values	Unit	%DailyValue
Calories	70	Kcal	
Calories From Fat	5	kcal	
Total Fat	0.5	g	1%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	200	mg	8%
Potassium	15	mg	0%
Total Carbohydrate	16	g	5%
Dietary Fiber	3	g	12%
Sugars	2	g	
Protein	3	g	
Vitamin A			0%
Vitamin C			0%
Calcium			4%
Iron			8%
Thiamin			6%
Riboflavin			4%
Niacin			2%
Folate			0%

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Product # 1386

Product Description: Light 35 Wheat Bread
Label Description: Healthy Slices Light 35 Wheat Bread
Label Wt.: 16 oz.

Number of slices: 22
Slice Thickness: 9/16"

Nutritional claim: 3 grams of fiber/serving (2 slices)

Allergen: **wheat, soy**

Ingredients:

wheat flour, water, cellulose fiber, wheat bran, high fructose corn syrup, wheat gluten, yeast, contains 2% or less of the following: soybean oil, salt, cellulose gum, guar gum, caramel color, dough conditioners (mono & diglycerides, DATEM, ethoxylated mono & diglycerides, calcium peroxide), calcium propionate (preservative), yeast nutrients (calcium sulfate, ammonium chloride), corn starch, soy lecithin.

Nutrition facts:

Serving size: **2 slices**

Wt. per serving: approx. 1.25 oz./2 **36 grams for 2 slices**

Servings per container: 11

Nutrient	Values	Unit	%DailyValue
Calories	70	Kcal	
Calories From Fat	5	kcal	
Total Fat	0.5	g	1%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	190	mg	8%
Potassium	10	mg	0%
Total Carbohydrate	16	g	5%
Dietary Fiber	3	g	12%
Sugars	2	g	
Protein	3	g	
Vitamin A			0%
Vitamin C			0%
Calcium			4%
Iron			6%
Thiamin			4%
Riboflavin			4%
Niacin			2%
Folate			0%

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Product # 1502

Product Description: 3 1/2" Round Sandwich Bun

Allergens: **wheat**

Ingredients:

Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Yeast, Soybean Oil, Contains 2% or less of the following: Salt, Wheat Gluten, Dough Conditioners (Monoglycerides, Ascorbic Acid , DATEM, Calcium Peroxide, Azodicarbonamide), Calcium Propionate (Preservative), Calcium Sulfate, Diammonium Phosphate, Tricalcium Phosphate.

Nutrition facts:

Serving size: 1 bun

Wt.per serving: approx.1.4 oz. 40 gram bun

Servings /container: 12 buns

Nutrient	Values	Unit	%DailyValue
Calories	110	Kcal	
Calories From Fat	15	kcal	
Total Fat	1.5	g	2%
Saturated Fat	0	g	0
Trans Fat	0	g	
Polyunsaturated Fat	0.5	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0
Sodium	210	mg	9%
Potassium	30	mg	1%
Total Carbohydrate	20	g	7%
Dietary Fiber	1	g	4%
Sugars	3	g	
Protein	3	g	
Vitamin A			0
Vitamin C			0
Calcium			4%
Iron			6%
Thiamin			15%
Riboflavin			8%
Niacin			10%
Folate			10%

thelongcob2010/finprodspec/mjb

Product # 1509 / 1882

Product Description: 6" Wiener Bun
 Label Description: Nickles enriched 12 Hot Dog Buns
 Label Wt: 17 oz. 482 grams
 Specification: Hot Dog Bun with a white crumb and golen brown crust color
 Bun Wt: approx. 1.4 oz.
 length: 6"
 Slice Height: 5/8"
 Slice: hinge approx. 1 1/2" deep
 Shelf-life: 4 days
 Code: Plant/Bagger/Shift Fresh Thru Date
 Example:N3B=Plant/Shift/Bagger Fresh Thru FEB 17
 Packaging polyethylene bag with color coded, plastic clips
 6 packages of buns per plastic tray
 Kosher Symbol PAREVE
 Kosher Certification Quality Kosher Supervision
 Emergency Contact 1.800.362.9775
 Allergens **wheat, soy**
 Nutritional Claims 0 grams Trans Fat per Serving

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, soybean oil, contains 2% or less of the following: salt, wheat gluten, dough conditioners (sodium stearoyl lactylate, monoglycerides, calcium peroxide), corn starch, calcium propionate (preservative), yeast nutrients (ammonium chloride, calcium sulfate), diammonium phosphate, tricalcium phosphate.

Nutrition facts:

Serving size: 1 bun

Wt.per serving: approx. 1.4 oz. approx. 40 gram bun

Nutrient	Values	Unit	%DailyValue
Calories	120	Kcal	
Calories From Fat	15	kcal	
Total Fat	1.5	g	2%
Saturated Fat	0	g	0%
<i>Trans</i> Fat	0	g	
Polyunsaturated Fat	0.5	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	240	mg	10%
Total Carbohydrate	22	g	7%
Dietary Fiber	less than 1	g	3%
Sugars	2	g	
Protein	4	g	
Vitamin A			0%
Vitamin C			0%
Calcium			4%
Iron			6%
Thiamin			15%
Riboflavin			8%
Niacin			8%
Folate			10%

Product # 1512

Product Description: 9" Wiener Bun

Label Description: Nickles enriched 8 9" Hot Dog Buns

Specifications: Bun Wt: approx. 2.5 oz. 71 grams
Slice Height: 5/8" hinge slice

Label Wt.: 20 oz. 567 g

Packaging: clear and white polyethylene bag with red and black print with color coded clip

Code: 4 day code example: N2B

FRESH THRU MAR 21

Kosher: Pareve

Allergens: wheat

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, soybean oil, contains 2% or less of the following: salt, wheat gluten, dough conditioners (sodium stearoyl lactylate, ethoxylated mono-and diglycerides, calcium peroxide), calcium propionate (mold inhibitor), corn starch, yeast nutrients (calcium sulfate, ammonium chloride).

Nutrition facts:

Serving size: 1 bun

Wt.per serving: approx. 2.5 oz. approx 71 gram bun

8 buns/package

Nutrient	Values	Unit	%DailyValue
Calories	190	Kcal	
Calories From Fat	25	kcal	
Total Fat	3	g	4%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	1.5	g	
Cholesterol	0	mg	0%
Sodium	330	mg	14%
Total Carbohydrate	36	g	12%
Dietary Fiber	1	g	5%
Sugars	4	g	
Protein	6	g	
Vitamin A			0%
Vitamin C			0%
Calcium			4%
Iron			15%
Thiamin			30%
Riboflavin			15%
Niacin			15%
Folate			25%

Product # 1513

Product Description: 12" Wiener Buns

Label Description: Nickles enriched 8 12" Hot Dog Buns

Specifications: Bun Wt: approx. 3.0 oz.

Slice Height: 5/8" -0.125

Label Wt.: 23 oz. 652 g

Packaging: clear and white polyethylene bag with blue and black print with color coded clip

Code: 4 day code example: N2B

FRESH THRU MAR 21

Kosher: Pareve

Allergens: wheat, soy

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, soybean oil, contains 2% or less of the following: salt, wheat gluten, corn starch, dough conditioners (sodium stearoyl lactylate, ethoxylated mono and diglycerides, monoglycerides, calcium peroxide), yeast nutrients (calcium sulfate, ammonium chloride), calcium propionate (preservative).

Nutrition facts:

Serving size: 1 bun

Wt.per serving:approx. 3.0 oz. approx. 85 gram bun

Servings per container: 6 buns

Nutrient	Values	Unit	%DailyValue
Calories	220	Kcal	
Calories From Fat	25	kcal	
Total Fat	3	g	5%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	1.5	g	
Monounsaturated Fat	1.5	g	
Cholesterol	0	mg	0
Sodium	380	mg	16%
Total Carbohydrate	42	g	14%
Dietary Fiber	2	g	7%
Sugars	5	g	
Protein	7	g	
Vitamin A			0%
Vitamin C			0%
Calcium			2%
Iron			15%
Thiamin			30%
Riboflavin			15%
Niacin			15%
Folate			20%

Product # 1515

Product Description: Diamond Jim Buns
Label Description: Nickles Deli Style 8 Diamond Jim Buns
Label Wt.: 1 lb. 2 oz. (18 oz.) 510 grams
Product Description: Diamond Jim Buns
Bun Wt: approx. 2.3 oz.
Topping: *plain*
Slice Height: 5/8" + or - 1/8"
Allergens: **wheat, soy**

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, contains 2% or less of the following: soybean oil, wheat gluten, salt, yeast nutrients (calcium sulfate, ammonium chloride), corn starch, calcium propionate (preservative), dough conditioners (sodium stearoyl lactylate, monoglycerides, calcium peroxide).

Nutrition facts:

Serving size: 1 bun

Wt.per serving: approx. 2.3 oz. approx. 64 gram bun

Servings per container: 8 buns

Nutrient	Values	Unit	%DailyValue
Calories	160	kcal	
Calories From Fat	15	kcal	
Total Fat	2	g	3%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	350	mg	15%
Potassium	50	mg	1%
Total Carbohydrate	30	g	10%
Dietary Fiber	1	g	4%
Sugars	3	g	
Protein	6	g	
Vitamin A			0%
Vitamin C			0%
Calcium			6%
Iron			10%
Thiamin			25%
Riboflavin			15%
Niacin			15%
Folate			15%

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Product # 1516

Product Description: 8" Special Sub
4 rolls/package

Specifications Bun Wt: approx.4 oz.

Allergens **wheat**

Ingredients:

wheat flour, water, wheat gluten, contains 2% or less of the following:salt, corn sugar, partially hydrogenated soybean and/or cottonseed and/or canola oils, dough conditioners (DATEM, calcium stearoyl lactylate, sodium stearoyl lactylate, monoglycerides, calcium peroxide), wheat gluten, high fructose corn syrup, calcium propionate (preservative), vinegar, yeast nutrients (calcium sulfate, monocalcium phosphate, tricalcium phosphate, diammonium phosphate), corn flour, fumaric acid, acetic acid, sesame seeds.

Nutrition facts:

Serving size: 1 bun

Wt.per serving: approx. 4.0 oz. approx. 113 gram bun

Servings per container: 4 rolls

Nutrient	Values	Unit	%DailyValue
Calories	270	kcal	
Calories From Fat	25	kcal	
Total Fat	3	g	5%
Saturated Fat	1	g	4%
Trans Fat	0	g	
Polyunsaturated Fat	1.5	g	
Monounsaturated Fat	0.5	g	
Cholesterol	0	mg	0%
Sodium	510	mg	21%
Potassium	95	mg	
Total Carbohydrate	50	g	17%
Dietary Fiber	2	g	7%
Sugars	3	g	
Protein	10	g	
Vitamin A			
Vitamin C			
Calcium			15%
Iron			20%
Thiamin			40%
Riboflavin			20%
Niacin			25%
Folate			25%

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Product # 1518

Product Description: Soft Sub Plain (6)
Label Description: Nickles Deli Style 6 soft Subs
Bun Wt: approx. 3.2 oz.
Label Wt. 18 oz.
Slice Height: approx. 5/8"

Allergens: **wheat**

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimin mononitrate, riboflavin, folic acid), water, yeast, high fructose corn syrup, contains 2% or less of the following: soybean oil, salt, wheat gluten, yeast nutrients (calcium sulfate, ammonium chloride), corn starch, corn sugar, calcium salts, dough conditioners (DATEM, ethoxylated mono & diglycerides, sodium stearoyl lactylate, mono & diglycerides, calcium peroxide), calcium propionate (preservative).

Contains: **wheat**

Nutrition facts:

Serving size: 1 bun

Wt.per serving:approx. 3.2 oz. 90 gram bun

Servings per container: 6 buns

Nutrient	Values	Unit	%DailyValue
Calories	230	Kcal	
Calories From Fat	20	kcal	
Total Fat	2.5	g	4%
Saturated Fat	0	g	0
<i>Trans</i> Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	490	mg	20%
Potassium	70	mg	2%
Total Carbohydrate	43	g	14%
Dietary Fiber	1	g	4%
Sugars	3	g	
Protein	7	g	
Vitamin A			0%
Vitamin C			0%
Calcium			10%
Iron			15%
Thiamin			35%
Riboflavin			20%
Niacin			20%
Folate			25%

Product # 1519

Product Description: Soft Sub Seeded (6)
Label Description: Nickles Deli Style 6 Soft Subs
Bun Wt: approx. 3.2 oz.
Label Wt. 18 oz.
Slice Height: approx. 5/8"
Topping: Sesame Seeds
Allergens: **wheat**

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimin mononitrate, riboflavin, folic acid), water, yeast, high fructose corn syrup, contains 2% or less of the following: soybean oil, salt, wheat gluten, sesame seeds, yeast nutrients (calcium sulfate, ammonium chloride), corn starch, corn sugar, calcium salts, dough conditioners (DATEM, ethoxylated mono & diglycerides, sodium stearoyl lactylate, mono & diglycerides, calcium peroxide), calcium propionate (preservative).

Contains: **wheat**

Nutrition facts:

Serving size: 1 bun

Wt.per serving:approx. 3.2 oz. 90 gram bun

Servings per container: 6 buns

Nutrient	Values	Unit	%DailyValue
Calories	230	Kcal	
Calories From Fat	20	kcal	
Total Fat	2.5	g	4%
Saturated Fat	0	g	0
<i>Trans</i> Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	490	mg	20%
Potassium	70	mg	2%
Total Carbohydrate	43	g	14%
Dietary Fiber	1	g	4%
Sugars	3	g	
Protein	7	g	
Vitamin A			0%
Vitamin C			0%
Calcium			10%
Iron			15%
Thiamin			35%
Riboflavin			20%
Niacin			20%
Folate			25%

Product # 1522 and 1575

Product Description: 6" Hoagy (Plain or Cornmeal)

Allergens: **Wheat**

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, soybean oil, contains 2% or less of the following: yeast, salt, wheat gluten, dough conditioners (DATEM, ascorbic acid, monoglycerides, calcium peroxide, azodicarbonamide), calcium sulfate, calcium propionate (preservative), calcium sulfate, (if apparent: topped with cornmeal).

Nutrition facts:

Serving size: 1 bun

Wt. per serving: **approx. 66 gram bun**

Servings per container: 12 buns

Nutrient	Values	Unit	%DailyValue
Calories	170	kcal	
Calories From Fat	15	kcal	
Total Fat	1.5	g	3%
Saturated Fat	0	g	0%
<i>Trans</i> Fat	0	g	
Polyunsaturated Fat	0.5	g	
Monounsaturated Fat	0.5	g	
Cholesterol	0	mg	0%
Sodium	390	mg	16%
Total Carbohydrate	35	g	12%
Dietary Fiber	1	g	5%
Sugars	4	g	
Protein	6	g	
Vitamin A			0
Vitamin C			0
Calcium			6%
Iron			15%
Thiamin			25%
Riboflavin			15%
Niacin			10%
Folate			20%

the long co 2010/reviewed 2011

mjb/finished productspecfolder/1522/L/ab

Product # 1524 or 1881

Product Description: 4" Barb/Hamburger Bun

Round Hamburger Bun with a white crumb and golden brown crust color

Label Description: Nickles Large 12 Sandwich Buns

Allergens **wheat**

Ingredients:

Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Yeast, Soybean Oil, Contains 2% or less of the following: Salt, Wheat Gluten, Dough Conditioners (Monoglycerides, Ascorbic Acid, DATEM, Calcium Peroxide, Azodicarbonamide), Calcium Propionate (Preservative), Calcium Sulfate, Diammonium Phosphate, Tricalcium Phosphate.

Nutrition facts:

Serving size: 1 bun

Wt.per serving: approx. 1.8 oz. approx. 50 gram bun

Servings/bag: 12 buns

Nutrient	Values	Unit	%DailyValue
Calories	130	Kcal	
Calories From Fat	20	kcal	
Total Fat	2	g	3%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	1	g	
Cholesterol	0	mg	0%
Sodium	220	mg	9%
Total Carbohydrate	23	g	8%
Dietary Fiber	1	g	4%
Sugars	3	g	
Protein	5	g	
Vitamin A			0%
Vitamin C			0%
Calcium			2%
Iron			8%
Thiamin			20%
Riboflavin			8%
Niacin			20%
Folate			10%

2010

Product # 1530

Product Description: Split Top Steak Bun Plain p.p.

Label Description: none/ clear film

Specifications: 24 rolls/pillow-pack

Bun Wt: approx. 2.3 oz.

Slice Height: 5/8"

Shelf life: 4 days

Code: Production Date Plus 4 days Int.

Example of inkjet code: PROD 02/12 FRESH THRU 02/16 JW

Kosher: no symbol/ produced on a pareve line

Allergens: **wheat, soy**

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thiamine mononitrate, riboflavin, folic acid), water, high fructose corn syrup, soybean oil, contains 2% or less of the following: yeast, salt, dough conditioners (sodium stearoyl lactylate, monoglycerides, calcium peroxide), corn starch, calcium propionate (mold inhibitor), yeast nutrients (calcium sulfate, ammonium chloride).

Nutrition facts:

Serving size: 1 bun

Wt.per serving: approx. 2.3 oz. approx. 66 gram bun

Servings per container: 24 buns

Nutrient	Values	Unit	%DailyValue
Calories	170	Kcal	
Calories From Fat	15	kcal	
Total Fat	2	g	3%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0.5	g	
Monounsaturated Fat	0.5	g	
Cholesterol	0	mg	0
Sodium	390	mg	16%
Total Carbohydrate	35	g	12%
Dietary Fiber	1	g	5%
Sugars	4	g	
Protein	6	g	
Vitamin A			0%
Vitamin C			0%
Calcium			6%
Iron			15%
Thiamin			25%
Riboflavin			15%
Niacin			10%
Folate			20%

aib

Product # 1538

Product Description: Hard Rolls
Bun Wt: 2.3 oz.

Slice Height: n/a

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, contains 2% or less of: soybean oil, yeast, salt, yeast nutrients (calcium sulfate, ammonium sulfate, ammonium chloride), corn starch, dough conditioners (DATEM, mono & di-glycerides, azodicarbonamide, calcium peroxide), calcium propionate (preservative).

Nutrition facts:

Serving size: 1 bun

Wt. per serving: 2.3 oz. 64 gram bun

Servings per container: 8 buns

Nutrient	Values	Unit	%DailyValue
Calories	160	Kcal	
Calories From Fat	15	kcal	
Total Fat	1.5	g	2%
Saturated Fat	0	g	
Trans Fat	0	g	
Cholesterol	0	mg	0
Sodium	350	mg	15%
Total Carbohydrate	31	g	10%
Dietary Fiber	1	g	4%
Sugars	2	g	
Protein	6	g	
Vitamin A			0
Vitamin C			0
Calcium			10%
Iron			2%
Thiamin			6%
Riboflavin			4%
Niacin			2%
Folate			4%

Required when a cholesterol or other fatty acid claim is made:			
Polyunsaturated Fat	0.5	g	
Monounsaturated Fat	0.5	g	

aib

Product # 1540

Product Description: Potato Dinner Roll

Bun Wt: 1 oz.

crumb: open, white grain/ flour dusted top

Slice Height: NONE

Allergens: **wheat, soy**

Ingredients:

wheat flour, water, potato flour, high fructose corn syrup, yeast, contains 2% or less of each of the following: soybean oil, salt, wheat gluten, artificial flavor, leavening (sodium acid pyrophosphate, sodium bicarbonate, corn starch, and monocalcium phosphate), dough conditioners (sodium stearoyl lactylate, calcium peroxide), yeast nutrients (ammonium chloride, calcium sulfate), corn starch, calcium propionate (preservative).

Nutrition facts:

Serving size: 1 roll

Wt. per serving: approx. 1 oz.

28 gram bun

Servings Per Container: 12

Nutrient	Values	Unit	%DailyValue
Calories	70	kcal	
Calories From Fat	10	kcal	
Total Fat	1	g	2%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	150	mg	6%
Total Carbohydrate	14	g	15%
Dietary Fiber	0	g	0%
Sugars	1	g	
Protein	2	g	
Vitamin A			0%
Vitamin C			0%
Calcium			4%
Iron			6%
Thiamin			10%
Riboflavin			6%
Niacin			6%
Folate			8%

aib

Product # 1542

Product Description: Large Cup Dinner Rolls
yellow crumb with dark golden brown crust

Allergens: wheat, soy

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thiamine mononitrate, riboflavin, folic acid), water, high fructose corn syrup, soybean oil, contains 2% or less of the following: yeast, wheat gluten, salt, corn flour, soy flour, spice and coloring, dough conditioners (ethoxylated mono-diglycerides, monoglycerides, sodium stearoyl lactylate, calcium peroxide), calcium propionate (mold inhibitor), soy lecithin, yeast nutrients (ammonium chloride, calcium sulfate), natural and artificial flavors.

Nutrition facts:

Serving size: 1 slice

Wt.per serving: approx. 0.75oz. approx. 22 gram slice

Nutrient	Values	Unit	%DailyValue
Calories	120	Kcal	
Calories From Fat	20	kcal	
Total Fat	2	g	3%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0.5	g	
Monounsaturated Fat	0.5	g	
Cholesterol	0	mg	0%
Sodium	230	mg	9%
Total Carbohydrate	22	g	7%
Dietary Fiber	less than 1	g	3%
Sugars	3	g	
Protein	4	g	
Vitamin A			0%
Vitamin C			0%
Calcium			2%
Iron			6%
Thiamin			15%
Riboflavin			8%
Niacin			8%
Folate			15%

Product # 1544

Product Description: 12 Assorted Dinner Rolls

Label Wt. 16 oz.

Specifications diameter: 3" + or -1/2"

Crumb color: yellow

topping: plain, cornmeal, or plain (some may have a split top)

Bun Wt: approx. 1.3 oz.

Slice Height: none

Shelf-life 7 days

Code Plant/shift/bagger Example:N1B Fresh Thru May 4

Kosher Symbol Pareve

Allergens **wheat , soy**

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, soybean oil, yeast, wheat gluten, contains 2% or less of the following: salt, corn flour, spice and coloring, dough conditioners (ethoxylated mono- and diglycerides, monoglycerides, sodium stearoyl lactylate, calcium peroxide), yeast nutrients (calcium sulfate, ammonium chloride) , corn starch, calcium propionate (preservative), sesame seeds and/or cornmeal, if apparent.

Serving size: 1 roll

Wt.per serving: approx. 1.3oz. 38 gram bun

Servings per container: 12 rolls

Nutrient	Values	Unit	%DailyValue
Calories	80	Kcal	
Calories From Fat	15	kcal	
Total Fat	1.5	g	2%
Saturated Fat	0	g	0%
Trans Fat	0	g	0%
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0.5	g	
Cholesterol	0	mg	0%
Sodium	140	mg	6%
Total Carbohydrate	14	g	5%
Dietary Fiber	0	g	0%
Sugars	2	g	
Protein	3	g	
Vitamin A			0
Vitamin C			0
Calcium			0%
Iron			4%
Thiamin			10%
Riboflavin			6%
Niacin			4%
Folate			8%

Product # 1554

Product Description:

6" Honey Wiener Bun

Label Description:

Nickles Country Style Honey Buns 12 Hot Dog Buns

Specification:

Hot Dog Bun with a yellow crumb and deep golden brown crust color

Bun Wt: approx. 1.5 oz.

length: 6" + or - 1/4"

Slice Height: 5/8" + or - 1/4"

Slice: hinge approx. 1 1/2" deep

Shelf-life:

12 days

Code:

Plant/Bagger/Shift Fresh Thru Date

Example:N3B=Plant/Shift/Bagger Fresh Thru FEB 17

Packaging

polyethylene bag with color coded, plastic clips

Kosher Symbol

PAREVE

Kosher Certification

Quality Kosher Supervision

Emergency Contact

1.800.362.9775

Allergens

wheat

Nutritional Claims

0 grams Trans Fat per Serving

Ingredients:

Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Honey, High Fructose Corn Syrup, Yeast, Soybean Oil, Contains 2% or less of the following:Salt, Wheat Gluten, Dough Conditioners (Mono & Diglycerides, Ascorbic Acid, DATEM, Calcium Peroxide, Azodicarbonamide), Calcium Propionate (Preservative), Calcium Sulfate, Corn Starch, Turmeric and Paprika, Artificial and Natural Flavors, Diammonium Phosphate, Tricalcium Phosphate.

Nutrition facts:

Serving size: 1 bun

Wt.per serving: approx. 1.5 oz.

43 gram bun

Nutrient	Values	Unit	%DailyValue
Calories	120	Kcal	
Calories From Fat	20	kcal	
Total Fat	2	g	3%
Saturated Fat	0	g	0%
<i>Trans</i> Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	240	mg	10%
Total Carbohydrate	23	g	8%
Dietary Fiber	less than 1	g	3%
Sugars	4	g	
Protein	4	g	
Vitamin A			0
Vitamin C			0
Calcium			4%
Iron			6%
Thiamin			15%
Riboflavin			8%
Niacin			8%
Folate			8%

Navarre ABL

Product # 1556

Product Description: Snowball Roll
Label Description: Nickles 12 Snoball Dinner Rolls
Label Wt: 16 oz. (454g)
Specifications: Crust: golden brown with a dusting of flour
Crumb: pale yellow, slightly sweet flavor
3 1/2 x 3 1/2" (+/- 1/2") cluster/pull-a-part roll
Shelf-life: 7 days
Sample Code: Fresh Thru MAY 17 M1 RS 129
Allergens: **wheat**

Ingredients:

Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Yeast, Soybean Oil, Contains 2% or less of the following: Salt, Wheat Gluten, Calcium Propionate (Preservative), Corn Flour, Turmeric, Paprika, Natural and Artificial Flavors, Dough Conditioners (DATEM, Mono & Diglycerides, Calcium Peroxide, Ascorbic Acid, Azodicarbonamide), Calcium Sulfate, Diammonium Phosphate, Tricalcium Phosphate, Wheat Starch.

Nutrition facts:

Serving size: 1 roll

Wt/serving: approx. 37 grams

Nutrient	Values	Unit	%DailyValue
Calories	100	kcal	
Calories From Fat	10	kcal	
Total Fat	1	g	2%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0.5	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	170	mg	7%
Potassium	30	mg	1%
Total Carbohydrate	18	g	6%
Dietary Fiber	1	g	4%
Sugars	3	g	
Protein	3	g	
Vitamin A			0%

Product # 1564

Product Description: Cluster Hamburger Bun 8 pack

Crust color: golden brown

Crumb color: white

Physical Specifications:

<u>Characteristic</u>	<u>Approx. Target</u>
Roll weight:	1.5 oz. + or - 0.20 oz.
Net weight:	12 oz.
Diameter:	3 1/2 - 4" + or - 1/4"
Slice Ht.:	5/8" + or - 1/8"
Slice:	slab

Shipping: Product is shipped fresh from producing facility at ambient temperatures

Emergency Contact: 1-800-635-1110

Kosher: Parve

Nutritional Claims: 0 grams Trans Fat per Serving

Allergens: **wheat**

Ingredients:

Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Yeast, Soybean Oil, Contains 2% or less of the following: Salt, Wheat Gluten, Dough Conditioners (Mono & Diglycerides, Ascorbic Acid , DATEM, Calcium Peroxide, Azodicarbonamide), Calcium Propionate (Preservative), Calcium Sulfate, Corn Starch, Diammonium Phosphate, Tricalcium Phosphate.

Nutrition facts:

Serving size: 1 bun

Wt.per serving: approx. 1.5 oz. approx. 42 gram bun

Nutrient	Values	Unit	%DailyValue
Calories	130	Kcal	
Calories From Fat	15	kcal	
Total Fat	1.5	g	3%
Saturated Fat	0	g	0%
<i>Trans</i> Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	240	mg	10%
Potassium	35	mg	1%
Total Carbohydrate	26	g	7%
Dietary Fiber	less than 1	g	3%
Sugars	3	g	
Protein	3	g	
Vitamin A			0
Vitamin C			0
Calcium			4%
Iron			6%
Thiamin			15%
Riboflavin			8%
Niacin			8%
Folate			10%

Product # 1565

Product Description: 4" Yellow Hamburger or Sandwich Bun

Label Description: Country Style Honey Buns 12 Sandwich Buns

Specification: Hamburger or Sandwich Bun with a yellow crumb and deep, golden brown crust color
Buns are clustered together. Buns must be pulled apart from one another to use.

Bun Wt: approx. 1.75 oz.
Diameter: 4 1/8" + or - 1/4"
Slice Height: 5/8"
Slice: hinge approx. 3 1/2 " deep

Label Wt. 21 oz. 595 g

Shelf-life: 11 days

Code Example: NB3 Fresh Thru 29-Apr

Code: Plant/Bagger/Shift 11 day code

Packaging polyethylene bag with color coded, plastic clips

Kosher Symbol PAREVE

Kosher Certification Quality Kosher Supervision

Emergency Contact 1.800.362.9775

Allergens **wheat**

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimin mononitrate, riboflavin, folic acid), water, honey, high fructose corn syrup, potato flour, soybean oil, yeast, wheat gluten, salt, contains 2% or less of the following: corn starch, dough conditioners (sodium stearoyl lactylate, mono and diglycerides, calcium peroxide), yeast nutrients (calcium sulfate, ammonium chloride), calcium propionate (preservative).

Nutrition facts:

Serving size: 1 bun

Wt.per serving: approx. 1.75 oz. 49 gram bun

Nutrient	Values	Unit	%DailyValue
Calories	140	Kcal	
Calories From Fat	15	kcal	
Total Fat	2	g	3%
Saturated Fat	0	g	0%
Trans Fat	0	g	0
Polyunsaturated Fat	0.5	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0
Sodium	240	mg	10%
Total Carbohydrate	28	g	9%
Dietary Fiber	1	g	3%
Sugars	4	g	
Protein	4	g	
Vitamin A			0
Vitamin C			0
Calcium			2%
Iron			8%
Thiamin			15%
Riboflavin			10%
Niacin			15%
Folate			10%

Product # 1566

Product Description:

Cluster Wiener Bun

Label Description:

Nickles Enriched 8 Hot Dog Buns

Label Wt:

12 oz. (344 grams)

Specification:

Hot Dog Bun with a white crumb and golden brown crust color

Bun Wt: 1.5 oz.+ or - 0.2 oz.

length: 6" + or - 1/4" at slice

Slice Height: 5/8" + or - 1/4"

Shelf-life:

12 days

Slice: hinge 1 1/4" + or - 1/2"

Present Code:

Plant/Bagger/Shift Fresh Thru Date

Example:N3B=Plant/Shift/Bagger Fresh Thru FEB 17

Packaging

polyethylene bag with color coded, plastic clips

Kosher Symbol

PAREVE

Kosher Certification

Quality Kosher Supervision

Emergency Contact

1.800.362.9775

Nutritional Claim:

good source of folic acid / 0 grams trans fat per serving

Allergens

wheat

Ingredients:

Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Yeast, Soybean Oil, Contains 2% or less of the following: Salt, Wheat Gluten, Dough Conditioners (Mono & Diglycerides, Ascorbic Acid, DATEM, Calcium Peroxide, Azodicarbonamide), Calcium Propionate (Preservative), Calcium Sulfate, Corn Starch, Diammonium Phosphate, Tricalcium Phosphate.

Nutrition facts:

Serving size: 1 bun

Wt.per serving: approx. 1.5 oz.

43 gram bun

Nutrient	Values	Unit	%DailyValue
Calories	110	Kcal	
Calories From Fat	15	kcal	
Total Fat	1.5	g	2%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	210	mg	9%
Total Carbohydrate	20	g	7%
Dietary Fiber	1	g	4%
Sugars	3	g	
Protein	3	g	
Vitamin A			0
Vitamin C			0
Calcium			4%
Iron			6%
Thiamin			15%
Riboflavin			8%
Niacin			10%
Folate			10%

Product # 1570

Product Description: Arby's 5 " Seeded Kaiser
Bun Wt: 3.0 oz.

Allergens: **wheat, milk, soy**

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimine mononitrate, riboflavin, folic acid, water, high fructose corn syrup, nonfat milk, soybean oil, contains 2% or less of the following: yeast, salt, wheat gluten, malt syrup, corn starch, dough conditioners (sodium stearoyl lactylate, monoglycerides, calcium peroxide), calcium propionate (mold inhibitor), yeast nutrients (calcium sulfate, ammonium chloride), topped with sesame seeds.

Nutrition facts:

Serving size: 1 bun

Wt.per serving: approx. 3 oz.

Servings per container: 24 buns

Nutrient	Values	Unit	%DailyValue
Calories	170	Kcal	0
Calories From Fat	15	kcal	0
Total Fat	2	g	3%
Saturated Fat	0	g	0
Trans Fat	0	g	
Polyunsaturated Fat	0.5	g	0
Monounsaturated Fat	0.5	g	0
Cholesterol	0	mg	0
Sodium	390	mg	16%
Total Carbohydrate	35	g	12%
Dietary Fiber	1	g	5%
Sugars	4	g	0
Protein	6	g	0
Vitamin A	0		0
Vitamin C	0		0
Calcium	0		6%
Iron	0		15%
Thiamin	0		25%
Riboflavin	0		15%
Niacin	0		10%
Folate	0		20%

aib

Product # 1571

Product Description: Arby's 4 " Seeded Kaiser
Bun Wt: 2.35 oz.

Allergens **wheat, milk, soy**

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimine mononitrate, riboflavin, folic acid, water, high fructose corn syrup, nonfat milk, soybean oil, contains 2% or less of the following: yeast, salt, wheat gluten, malt syrup, corn starch, dough conditioners (sodium stearoyl lactylate, monoglycerides, calcium peroxide), calcium propionate (mold inhibitor), yeast nutrients (calcium sulfate, ammonium chloride), topped with sesame seeds.

Nutrition facts:

Serving size: 1 bun

Wt.per serving: approx. 2.35 oz.

Servings per container: 30 buns

Nutrient	Values	Unit	%DailyValue
Calories	170	Kcal	0
Calories From Fat	15	kcal	0
Total Fat	2	g	3%
Saturated Fat	0	g	0
Trans Fat	0	g	
Polyunsaturated Fat	0.5	g	0
Monounsaturated Fat	0.5	g	0
Cholesterol	0	mg	0
Sodium	390	mg	16%
Total Carbohydrate	35	g	12%
Dietary Fiber	1	g	5%
Sugars	4	g	0
Protein	6	g	0
Vitamin A	0		0
Vitamin C	0		0
Calcium	0		6%
Iron	0		15%
Thiamin	0		25%
Riboflavin	0		15%
Niacin	0		10%
Folate	0		20%

aib

Product # 1576

Label Description:

Nickles Large 12 Sandwich Buns

Product Description:

4" Seeded Barb/ Sesame Hamburger Bun

Specification:

Hamburger Bun with a white crumb and golden brown crust color & topped with
Bun Wt: approx. 1.8 oz. sesame seeds

Diameter: 4" + or - 1/4"

Slice Height: 5/8"

Slice: slab slice through entire bun

Label Wt.

22 oz. 624 g

Code/Shelf-life

Example: NB3 105 Fresh Thru APR 22

Code: Plant/Bagger/Shift Julian Prod Code 7 day code

Packaging

polyethylene bag with color coded, plastic clips

Kosher Symbol

PAREVE

Kosher Certification

Quality Kosher Supervision

Emergency Contact

1.800.362.9775

Allergens:

wheat

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, soybean oil, contains 2% or less of the following: salt, wheat gluten, dough conditioners (sodium stearoyl lactylate, monoglycerides, calcium peroxide), corn starch, calcium propionate (preservative), yeast nutrients (ammonium chloride, calcium sulfate), diammonium phosphate, tricalcium phosphate, sesame seeds.

Nutrition facts:

Serving size: 1 bun

Wt.per serving: approx. 1.8 oz.

52 gram bun

Nutrient	Values	Unit	%DailyValue
Calories	130	Kcal	
Calories From Fat	20	kcal	
Total Fat	2	g	3%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	1	g	
Cholesterol	0	mg	0%
Sodium	180	mg	8%
Total Carbohydrate	23	g	8%
Dietary Fiber	2	g	7%
Sugars	2	g	
Protein	5	g	
Vitamin A			0%
Vitamin C			0%
Calcium			2%
Iron			8%
Thiamin			25%
Riboflavin			8%
Niacin			25%
Folate			10%

Product # 1579

Product Description:

4 1/2" Hamburger or Sandwich Bun - Seeded

Label Description:

Nickles 12- 4 1/2" Round Buns

Specification:

Hamburger or Sandwich Bun with a white crumb and deep, golden brown crust color

Individual Buns with a slightly sweet flavor

Bun Wt: approx. 2.25 oz.

Diameter: 4 1/2" + or - 1/4"

Slice Height: 5/8"

Slice: slab

Label Wt.

27 oz. 765 g

Shelf-life:

11 days

Code

Example: 2L 247 Fresh Thru SEP 15

Code: Plant/Shift Prod Julian Date 11 day code

Packaging

polyethylene bag with color coded, plastic clips

Kosher Symbol

PAREVE

Kosher Certification

Quality Kosher Supervision

Emergency Contact

1.800.362.9775

Allergens

wheat

Ingredients:

Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Yeast, Soybean Oil, Contains 2% or less of the following: Salt, Wheat Gluten, Dough Conditioners (Monoglycerides, Ascorbic Acid, DATEM, Calcium Peroxide, Azodicarbonamide), Calcium Propionate (Preservative), Calcium Sulfate, Diammonium Phosphate, Tricalcium Phosphate, Sesame Seeds. tricalcium phosphate.

Nutrition facts:

Serving size: 1 bun

Wt.per serving: approx. 2.25 oz.

64 gram bun

Servings per container: 12 buns

Nutrient	Values	Unit	%DailyValue
Calories	190	kcal	
Calories From Fat	20	kcal	
Total Fat	2.5	g	4%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	370	mg	15%
Potassium	60	mg	2%
Total Carbohydrate	35	g	12%
Dietary Fiber	1	g	4%
Sugars	5	g	
Protein	6	g	
Vitamin A			0
Vitamin C			0
Calcium			6%
Iron			10%
Thiamin			30%
Riboflavin			15%
Niacin			20%
Folate			20%

Product # 1581

Product Description: Plain Barbs 5"
Bun Wt: 2.5 oz.
Heel Ht. 5/8"

Allergens: wheat, soy

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thiamine mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, soybean oil, contains 2% or less of: salt, wheat gluten, yeast nutrients (calcium sulfate, ammonium chloride), corn starch, calcium propionate (preservative), dough conditioners (sodium stearoyl lactylate, monoglycerides, calcium peroxide), high oleic canola oil.

Nutrition facts:

Serving size: 1 bun

Wt.per serving: 2.5 oz. 71 gram bun

Servings per container: 6 buns

Nutrient	Values	Unit	%DailyValue
Calories	190	kcal	
Calories From Fat	20	kcal	
Total Fat	2.5	g	4%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	370	mg	15%
Potassium	60	mg	2%
Total Carbohydrate	35	g	12%
Dietary Fiber	1	g	4%
Sugars	5	g	
Protein	6	g	
Vitamin A			0
Vitamin C			0
Calcium			6%
Iron			10%
Thiamin			30%
Riboflavin			15%
Niacin			20%
Folate			20%

thelong co. 10/05

Product # 1582

Product Description: 8" Sub Roll
Label Description: Nickles Deli Style 6 Large Sub Rolls
Specification: golden brown crust color, split top , white crumb
Bun Wt: approx. 2.8 oz.
Length: 8" + or - 1/2"
Slice Height: 5/8"
Slice: **Hinge slice**
Label Wt. 15 oz. (425 g)
Code/Shelf-life Fresh Thru Date (11 days) Plant/Shift/Supervisor's Int.
Packaging polyethylene bag with color coded, plastic clips
Kosher Symbol PAREVE
Kosher Certification Quality Kosher Supervision
Emergency Contact 1.800.362.9775
Allergen: **wheat, soy**

Ingredients:

wheat flour, water, wheat gluten, contains 2% or less of the following: high fructose corn syrup, yeast, soybean oil, salt, barley malt extract, soy flour, dough conditioners (calcium peroxide, calcium iodate, soy lecithin, ethoxylated mono-diglycerides, sodium stearoyl lactylate, l-cysteine HCL, monoglycerides), carrageenan, yeast nutrients (calcium sulfate, ammonium chloride), carboxymethylcellulose, glycerine, propylene glycol, glyceryl mono-stearate, sodium metabisulfite, vinegar, calcium propionate (preservative).

Nutrition facts:

Serving size: 1 bun

Wt.per serving: approx. 2.8 oz. 80 gram bun

Servings per container: 6 rolls

Nutrient	Values	Unit	%DailyValue
Calories	220	kcal	
Calories From Fat	25	kcal	
Total Fat	3	g	5%
Saturated Fat	1	g	4%
Trans Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	0.5	g	
Cholesterol	0	mg	0%
Sodium	470	mg	20%
Total Carbohydrate	42	g	14%
Dietary Fiber	1	g	5%
Sugars	3	g	
Protein	8	g	
Vitamin A			0%
Vitamin C			0%
Calcium			6%
Iron			4%
Thiamin			8%
Riboflavin			4%
Niacin			4%
Folate			6%

Product # 1583

Product Description: Seeded Barbs 5"
Bun Wt: 2.5 oz.
Heel Ht. 5/8"

Allergens: wheat, soy

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thiamine mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, soybean oil, contains 2% or less of: salt, wheat gluten, yeast nutrients (calcium sulfate, ammonium chloride), corn starch, calcium propionate (preservative), dough conditioners (sodium stearoyl lactylate, monoglycerides, calcium peroxide), high oleic canola oil, sesame seeds.

Nutrition facts:

Serving size: 1 bun

Wt.per serving: 2.5 oz. 71 gram bun

Servings per container: 6 buns

Nutrient	Values	Unit	%DailyValue
Calories	190	kcal	
Calories From Fat	20	kcal	
Total Fat	2.5	g	4%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	370	mg	15%
Potassium	60	mg	2%
Total Carbohydrate	35	g	12%
Dietary Fiber	1	g	4%
Sugars	5	g	
Protein	6	g	
Vitamin A			0
Vitamin C			0
Calcium			6%
Iron			10%
Thiamin			30%
Riboflavin			15%
Niacin			20%
Folate			20%

thelong co. 10/05

Product # 1590

Product Description: 3 1/4" Cluster Hamburger Bun
Bun Wt: approx.1.2 oz.

Slice Height: 5/8"

Shelf-life: 11 days

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, soybean oil, contains 2% or less of each of the following: wheat gluten, salt, yeast nutrients (calcium sulfate, ammonium chloride), corn starch, calcium propionate (preservative), dough conditioners (sodium stearoyl lactylate, mono and diglycerides, calcium peroxide), diammonium phosphate, tricalcium phosphate.

Allergens: wheat, soy

Nutrition facts:

Serving size: 1 bun

Wt.per serving: 33 grams

Servings /container: 12 buns

Nutrient	Values	Unit	%DailyValue
Calories	90	kcal	
Calories From Fat	10	kcal	
Total Fat	1	g	2%
Saturated Fat	0	g	0
Trans Fat	0	g	
Polyunsaturated Fat	0.5	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0
Sodium	150	mg	6%
Potassium	25	mg	1%
Total Carbohydrate	16	g	5%
Dietary Fiber	0	g	0%
Sugars	2	g	
Protein	3	g	
Vitamin A	0		0
Vitamin C	0		0
Calcium	0		4%
Iron	0		4%
Thiamin	0		10%
Riboflavin	0		6%
Niacin	0		8%
Folate	0		8%

The Long Co. 2006

Product # 1592

Product Description: Double Deck Sandwich Bun 6

crumb color: white
diameter: 4" + or - 1/4"
baked wt: approx. 2.2 oz./bun
six buns/bag
wheat

Allergens:

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, soybean oil, contains 2% or less of the following: salt, wheat gluten, yeast nutrients (calcium sulfate, ammonium chloride, diammonium phosphate, tricalcium phosphate), corn starch, calcium propionate (preservative), dough conditioners (sodium stearyl lactylate, monoglycerides, calcium peroxide)

Nutrition facts:

Serving size: 1 bun

Wt.per serving: approx. 2.2 oz. 62 gram bun

Servings per container: 6 buns

Nutrient	Values	Unit	%DailyValue
Calories	170	Kcal	
Calories From Fat	20	kcal	
Total Fat	2	g	3%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	320	mg	13%
Potassium	50	mg	1%
Total Carbohydrate	31	g	10%
Dietary Fiber	1	g	4%
Sugars	5	g	
Protein	5	g	
Vitamin A			0
Vitamin C			0
Calcium			6%
Iron			10%
Thiamin			25%
Riboflavin			15%
Niacin			15%
Folate			15%

thelongco 2005

Product # 1593

Product Description: Double Deck Sesame 6
golden brown crust topped with sesame seeds
crumb color: white
diameter: 4" + or - 1/4"
baked wt: approx. 2.2 oz./bun
six buns/bag
Allergens: wheat

Ingredients:
Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, soybean oil, contains 2% or less of the following: salt, wheat gluten, yeast nutrients (calcium sulfate, ammonium chloride, diammonium phosphate, tricalcium phosphate), corn starch, calcium propionate (preservative), dough conditioners (sodium stearyl lactylate, monoglycerides, calcium peroxide), sesame seeds.

Nutrition facts:

Serving size: 1 bun

Wt.per serving: approx. 2.2 oz. 62 gram bun

Servings per container: 6 buns

Nutrient	Values	Unit	%DailyValue
Calories	170	Kcal	
Calories From Fat	20	kcal	
Total Fat	2	g	3%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	320	mg	13%
Potassium	50	mg	1%
Total Carbohydrate	31	g	10%
Dietary Fiber	1	g	4%
Sugars	5	g	
Protein	5	g	
Vitamin A			0
Vitamin C			0
Calcium			6%
Iron			10%
Thiamin			25%
Riboflavin			15%
Niacin			15%
Folate			15%

Product # 1598

Product Description: 4" Rye bun
Label Description: Nickles Deli Style 8 Rye Kaiser Buns
Label Wt. 15 oz. (425 g)
Specification: dark brown crumb & crust with kaiser cut

Bun Wt: approx. 1.8 oz.
Diameter: 4" + or - 1/4"
Slice Height: 5/8"
Slice: slab slice through entire bun

Code/Shelf-life Example: LB3 Fresh Thru 22-Apr
Code: Plant/Bagger/Shift 7 day code

Packaging polyethylene bag with color coded, plastic clips

Kosher Symbol PAREVE

Kosher Certification Quality Kosher Supervision

Emergency Contact 1.800.776.6428

Allergens: **wheat**

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimin mononitrate, riboflavin, folic acid), water, rye flour, high fructose corn syrup, wheat gluten, contains 2% or less of the following:caramel color, soybean oil, salt, caraway seeds, lactic acid, phosphoric acid, acetic acid, yeast nutrients (monocalcium phosphate, calcium sulfate, ammonium chloride), corn starch, dough conditioners (mono & diglycerides, ethoxylated mono & diglycerides, sodium stearoyl lactylate, calcium peroxide), natural flavors, calcium propionate (preservative).

Nutrition facts:

Serving size: 1 bun

Wt.per serving: 1.8 oz. 51 gram bun

Servings per container: 8 buns

Nutrient	Values	Unit	%DailyValue
Calories	130	kcal	
Calories From Fat	15	kcal	
Total Fat	2	g	3%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	290	mg	12%
Potassium	45		1%
Total Carbohydrate	22	g	7%
Dietary Fiber	1	g	4%
Sugars	3	g	
Protein	5	g	
Vitamin A			0%
Vitamin C			0%
Calcium			8%
Iron			8%
Thiamin			20%
Riboflavin			10%
Niacin			10%
Folate			10%

Product # 1600

Product Description:

New England Style Wiener Bun

Freshly baked off-white hot dog bun. Buns are slice from top down through the center leaving a hinge in center of bun. 6 buns are clustered together/package.

Slightly sweet flavor with wheat and yeast flavor characters

Interior Packaging:

polyethylene bag with ink jet Julian Production Date, colored, plastic clip

Shelf-life:

Best if used within 72 hours after arrival (at ambient temperature)

Product has acceptable eating qualities 12 days from production date (at ambient temperatures).

May be stored in freezer up to 6 months in -10° or below freezer upon receipt.

Product has acceptable eating qualities about 3 days after thaw.

Intended use/customer:

Ready-to-eat / Food Service &/or Retail

Product Specifications:

<u>Attribute</u>	<u>Target</u>	<u>Range</u>
Bun Wt:	1.5 oz.	1.35- 1.75 oz.
Slice depth:	1 3/8"	(1 1/4" - 1 1/2")
Length:	5 7/8 "	(5 5/8" - 6 1/8")
Width on bottom:	1 1/2"	(1 7/16 - 1 5/8")

Kosher Symbol:

PAREVE Quality Kosher Supervisor 330.452.6480

Shipping/Distribution:

Shipped and transported in trailers at ambient temperatures.

Transport trailers are inspected for cleanliness and food safety prior to loading

ALLERGENS:

wheat

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, soybean oil, contains 2% or less of the following:salt, wheat gluten, corn starch, dough conditioners (sodium stearyl lactylate, monoglycerides, calcium peroxide), yeast nutrients (calcium sulfate, ammonium chloride), calcium propionate (preservative), diammonium phosphate, tricalcium phosphate.

Nutrition facts:

Serving size: 1 bun Wt.per serving:1.5 oz.

42 gram bun

Nutrient	Values	Unit	%DailyValue
Calories	110	kcal	
Calories From Fat	10	kcal	
Total Fat	1	g	2%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	220	mg	8%
Potassium	30		1%
Total Carbohydrate	20	g	6%
Dietary Fiber	less than 1	g	2%
Sugars	2	g	
Protein	3	g	
Vitamin A			0%
Vitamin C			0%
Calcium			4%
Iron			6%
Thiamin			10%
Riboflavin			6%
Niacin			6%
Folate			10%

finished product spec 2010/mjb

Product # 1616

Product Description: Bread Sticks
Package plain bag with colored clip shipped on trays
Label Description none/ plain bag
Kosher Symbol PAREVE
Allergens **wheat**
Nutritional Claims none
Ingredients:

wheat flour, water, contains 2% or less of the following: wheat gluten, yeast, high fructose corn syrup, salt, soybean oil, dextrose, dough conditioners (l-cysteine, diacetyl tartaric acid esters of mono-diglycerides (DATEM), calcium sulfate, ethoxylated mono- and diglycerides, azodicarbonamide, calcium iodate, monohydrochloride, ascorbic acid), calcium propionate (preservative), vinegar, diammonium phosphate, tricalcium phosphate, sorbic acid.

Nutrition facts:

Serving Size: 1 roll

Wt. per serving: approx. 48 grams

Servings per container: 8

Nutrient	Values	Unit	%DailyValue
Calories	130	Kcal	
Calories From Fat	10	kcal	
Total Fat	1	g	2%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0.5	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0
Sodium	310	mg	13%
Total Carbohydrate	25	g	8%
Dietary Fiber	less than 1	g	2%
Sugars	1	g	
Protein	4	g	
Vitamin A			0%
Vitamin C			0%
Calcium			10%
Iron			4%
Thiamin			8%
Riboflavin			2%
Niacin			6%
Folate			8%

2009

mjbrideweser@nicklesbakery.com

Product # 1649

Product Description: Wheat Lg. Cup Dinner Rolls
Bun Wt: 1.3 oz.

Allergens **wheat, soy**

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thiamin mononitrate, riboflavin, folic acid), whole wheat flour, water, wheat bran, contains 2% or less of the following: crushed whole wheat, high fructose corn syrup, soybean oil, yeast, wheat gluten, brown sugar, whole rye meal, salt, raisin juice, dough conditioners (ethoxylated mono-diglycerides, calcium peroxide, sodium stearoyl lactylate, corn starch, yeast nutrients (calcium sulfate, ammonium chloride), vinegar, calcium propionate (preservative).

Nutrition facts:

Serving size: 1 roll

Wt.per serving: approx.1.3 oz. approx. 37 gram bun

Servings per container: 1 roll

Nutrient	Values	Unit	%DailyValue
Calories	110	Kcal	
Calories From Fat	15	kcal	
Total Fat	1.5	g	2%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0.5	g	
Cholesterol	0	mg	0%
Sodium	200	mg	8%
Total Carbohydrate	21	g	7%
Dietary Fiber	1	g	6%
Sugars	4	g	
Protein	4	g	
Vitamin A			0%
Vitamin C			0%
Calcium			4%
Iron			4%
Thiamin			15%
Riboflavin			8%
Niacin			10%
Folate			10%

This information is an approximate.

Product # 1654

Product Description: Deli Kaiser Rolls
Bun Wt: approx. 2.1 oz.

Slice Height: none
wheat, soy

Allergens:

Ingredients:

Enriched wheat flour, (wheat flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water. Contains 2% or less of the following: Corn flour, wheat gluten, soybean oil, salt, dough conditioners (mono and diglycerides), sugar, soy flour, calcium propionate (to retard spoilage), barley malt, turmeric, paprika, cornmeal on top.

Nutrition facts:

Serving size: 1 bun

Wt.per serving: approx. 2.1 oz. 60 gram bun

Servings per container: 8 buns

Nutrient	Values	Unit	%DailyValue
Calories	160	Kcal	
Calories From Fat	21	kcal	
Total Fat	1.5	g	2%
Saturated Fat	0	g	
Trans Fat	0	g	
Polyunsaturated Fat	0.5	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	
Sodium	340	mg	14%
Total Carbohydrate	31	g	10%
Dietary Fiber	1	g	4%
Sugars	2	g	
Protein	6	g	
Vitamin A			0%
Vitamin C			0%
Calcium			4%
Iron			2%
Thiamin			4%
Riboflavin			4%
Niacin			2%
Folate			4%

Product # 1655

Product Description: Cluster Dinner Rolls

Label Description Nickles Two Dozen Cluster Dinner Rolls
Crumb color: light yellow Crust color: deep golden brown

Label Wt: 20 oz. 567 grams

Kosher Symbol: Pareve

Shelf-life 7 days

Allergens wheat, soy

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, soybean oil, contains 2% or less of the following: salt, wheat gluten, corn starch, dough conditioners (monoglycerides, mono- and diglycerides, calcium peroxide), corn flour, yeast nutrients (calcium sulfate, ammonium chloride), calcium propionate (preservative), spice and coloring, diammonium phosphate, tricalcium phosphate.

Nutrition facts:

Serving size: **2 rolls**

Wt.per serving: approx. 1.7 oz. approx. 47 gram bun

Servings per container: 24 rolls

Nutrient	Values	Unit	%DailyValue
Calories	130	Kcal	
Calories From Fat	20	kcal	
Total Fat	2	g	3%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0.5	g	
Monounsaturated Fat	0.5	g	
Cholesterol	0	mg	0%
Sodium	240	mg	10%
Total Carbohydrate	24	g	8%
Dietary Fiber	less than 1	g	4%
Sugars	3	g	
Protein	4	g	
Vitamin A			0%
Vitamin C			0%
Calcium			4%
Iron			8%
Thiamin			20%
Riboflavin			10%
Niacin			8%
Folate			10%

AIB

Product # 1661

Product Description: Snowflake Dinner Roll

Label Description: Nickles Snowflake Dinner Rolls
12 cluster-baked square-like rolls
with golden brown crust and white crumb

Physical Characteristics: Bun Wt: approx. 1.25 oz.
Dimensions: **approx.** 2 3/4 x 2 1/2 " + or - 1/4"

Code: N2B RB 141 Fresh Thru JUN 3

Decipher Code: Plant/Shift/Bagger- Sprv Int. Production Julian Date- 12 day code (month and day)

Allergens: wheat

Ingredients:

Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Soybean Oil, Yeast, Wheat Gluten, Contains 2% or less of the following: Salt, Dough Conditioners (Mono & Diglycerides, Ascorbic Acid, DATEM, Calcium Peroxide, Azodicarbonamide), Calcium Propionate (Preservative), Diammonium Phosphate, Tricalcium Phosphate.

Nutrition facts:

Serving size: 1 roll

Wt.per serving: approx. 1.25 oz. 35 gram bun

Servings per container: 12 rolls

Nutrient	Values	Unit	%DailyValue
Calories	90	Kcal	
Calories From Fat	10	kcal	
Total Fat	1.5	g	2%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	
Sodium	170	mg	7%
Potassium	25	mg	1%
Total Carbohydrate	16	g	5%
Dietary Fiber	0	g	0%
Sugars	2	g	
Protein	3	g	
Vitamin A			0%
Vitamin C			0%
Calcium			2%
Iron			4%
Thiamin			10%

Product # 1691

Product Description: 4" White Hamburger Bun

Label Description: Clear polyethylenefilm wrap with printed code

Allergen: **wheat**

Ingredients:

Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Yeast, Soybean Oil, Contains 2% or less of the following: Salt, Wheat Gluten, Dough Conditioners (Monoglycerides, Ascorbic Acid, DATEM, Calcium Peroxide, Azodicarbonamide), Calcium Propionate (Preservative), Calcium Sulfate, Diammonium Phosphate, Tricalcium Phosphate.

Nutrition facts:

Serving size: 1 bun

Wt.per serving:approx. 1.85 oz. approx. 52 gram bun

Serving/container: 30

Nutrient	Values	Unit	%DailyValue
Calories	130	Kcal	
Calories From Fat	20	kcal	
Total Fat	2	g	3%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	1	g	
Cholesterol	0	mg	0%
Sodium	260	mg	11%
Potassium	40	mg	1%
Total Carbohydrate	23	g	8%
Dietary Fiber	1	g	4%
Sugars	2	g	
Protein	4	g	
Vitamin A			0%
Vitamin C			0%
Calcium			4%
Iron			8%
Thiamin			20%
Riboflavin			8%
Niacin			20%
Folate			10%

mjb/finished product spec/thelongcob/APR 2011

Product # 1694

Product Description:

Small Beef Bun

Label Description:

plain bag with printed code
sliced, square-like, **12 cluster-baked** buns
with golden brown crust and tight white crumb

Physical Characteristics:

Bun Wt: approx. 1.3 oz.
Dimensions: **approx.** 2 3/4 x 2 1/2 " + or - 1/4"
Slice Height: 1/2" to 5/8"

Code:

N2B RB 141 Fresh Thru JUN 3

Decipher Code:

Plant/Shift/Bagger- Sprv Int. Production Julian Date- 12 day code (month and day)

Allergens:

wheat

Ingredients:

Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Soybean Oil, Yeast, Wheat Gluten, Contains 2% or less of the following: Salt, Dough Conditioners (Mono & Diglycerides, Ascorbic Acid, DATEM, Calcium Peroxide, Azodicarbonamide), Calcium Propionate (Preservative), Diammonium Phosphate, Tricalcium Phosphate.

Nutrition facts:

Serving size: 1 roll

Wt.per serving: approx. 1.25 oz.

35 gram bun

Servings per container: 12 rolls

Nutrient	Values	Unit	%DailyValue
Calories	90	Kcal	
Calories From Fat	10	kcal	
Total Fat	1.5	g	2%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	
Sodium	170	mg	7%
Potassium	25	mg	1%
Total Carbohydrate	16	g	5%
Dietary Fiber	0	g	0%
Sugars	2	g	
Protein	3	g	
Vitamin A			0%
Vitamin C			0%
Calcium			2%
Iron			4%
Thiamin			10%
Riboflavin			6%

Product # 1697

Product Description: 5" Barbs

Packaging: poly bulk wrap 20 buns/plastic baskets

Specifications: Bun Wt: approx. 2.5 oz.

Heel Ht. 5/8" slab slice

Allergens: **wheat, soy**

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thiamine mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, soybean oil, contains 2% or less of: salt, wheat gluten, yeast nutrients (calcium sulfate, ammonium chloride), corn starch, calcium propionate (preservative), dough conditioners (sodium stearyl lactylate, monoglycerides, calcium peroxide), high oleic canola oil.

Nutrition facts:

Serving size: 1 bun

Wt.per serving: approx. 2.5 oz. approx. 71 gram bun

Servings per container: 6 buns

Nutrient	Values	Unit	%DailyValue
Calories	190	kcal	
Calories From Fat	20	kcal	
Total Fat	2.5	g	4%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	370	mg	15%
Potassium	60	mg	2%
Total Carbohydrate	35	g	12%
Dietary Fiber	1	g	4%
Sugars	5	g	
Protein	6	g	
Vitamin A			0%
Vitamin C			0%
Calcium			6%
Iron			10%
Thiamin			30%
Riboflavin			15%
Niacin			20%
Folate			20%

Product # 1699

Product Description: 4 1/2" Kaiser Sandwich Bun

Allergens wheat

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, soybean oil, contains 2% or less of the following: salt, wheat gluten, sesame seeds, dough conditioners (monglycerides, calcium sulfate, calcium peroxide, ascorbic acid, azodicarbonamide), calcium propionate (preservative), coloring & spice, diammonium phosphate, tricalcium phosphate.

Nutrition facts:

Serving size: 1 roll

Wt.per serving: approx. 2.3 oz. 64 gram bun

Servings per container: 20

Nutrient	Values	Unit	%DailyValue
Calories	180	Kcal	
Calories From Fat	20	kcal	
Total Fat	2	g	3%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	400	mg	17%
Potassium	18		1%
Total Carbohydrate	36	g	12%
Dietary Fiber	1	g	5%
Sugars	5	g	
Protein	6	g	
Vitamin A			0%
Vitamin C			0%
Calcium			4%
Iron			10%
Thiamin			25%
Riboflavin			15%
Niacin			10%
Folate			20%

thelongcob2010/finprodspecB/mjb

Product # 1701

Product Description: Double Deck Sesame bulk
30 pillow-packed buns
golden brown crust topped with sesame seeds
crumb color: white
diameter: 4" + or - 1/4"
baked wt: approx. 2.2 oz./bun
six buns/bag
Allergens: wheat

Ingredients:
Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, soybean oil, contains 2% or less of the following:salt, wheat gluten, yeast nutrients (calcium sulfate, ammonium chloride,), corn starch, calcium propionate (preservative), dough conditioners (sodium stearoyl lactylate, monoglycerides, calcium peroxide), diammonium phosphate, tricalcium phosphate, sesame seeds.

Nutrition facts:
Serving size: 1 bun
Wt.per serving: approx. 2.2 oz. 62 gram bun
Servings per container: 30 buns

Nutrient	Values	Unit	%DailyValue
Calories	170	Kcal	
Calories From Fat	20	kcal	
Total Fat	2	g	3%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	320	mg	13%
Potassium	50	mg	1%
Total Carbohydrate	31	g	10%
Dietary Fiber	1	g	4%
Sugars	5	g	
Protein	5	g	
Vitamin A			0
Vitamin C			0
Calcium			6%
Iron			10%
Thiamin			25%
Riboflavin			15%
Niacin			15%
Folate			15%

Product # 1703

Product Description: 5" Round Sandwich Bun, seeded

Label Description: Plain Pillow-pack

Specification: Hamburger Bun with a white crumb and dark golden brown crust color topped with sesame seeds

Bun Wt: approx. 3.2 oz. + or - .25 oz.

Diameter: 5" + or - 1/4"

Slice Height: 5/8"

Slice: slab slice through entire bun

20 buns/pillo-pack

Kosher Certification Quality Kosher Supervision

Emergency Contact 1.800.362.9775

Allergens wheat, soy

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, contains 2% or less of the following: soybean oil, salt, wheat gluten, corn starch, dough conditioners (sodium stearyl lactylate, monoglycerides, calcium peroxide), yeast nutrients (calcium sulfate, ammonium chloride, diammonium phosphate, tricalcium phosphate), calcium propionate (preservative), sesame seeds.

Nutrition facts:

Serving size: 1 bun

Wt.per serving: approx. 3.2 oz. 90 gram bun

Nutrient	Values	Unit	%DailyValue
Calories	250	Kcal	
Calories From Fat	30	kcal	
Total Fat	3	g	5%
Saturated Fat	0.5	g	2%
Trans Fat	0	g	
Polyunsaturated Fat	1.5	g	
Monounsaturated Fat	1	g	
Cholesterol	0	mg	0
Sodium	550	mg	23%
Total Carbohydrate	48	g	16%
Dietary Fiber	1	g	6%
Sugars	7	g	
Protein	7	g	
Vitamin A			0%
Vitamin C			0%
Calcium			6%
Iron			15%
Thiamin			35%
Riboflavin			20%
Niacin			15%
Folate			20%

welongco.

Product # 1706

Product Description: Deep Kaiser, Sesame seeded pillow packed

Label Description No label/Pillow-Pack ink-jet code

Specifications slice ht: 5/8"
diameter: 4" + or - 1/4"
baked wt: approx. 1 oz./bun
crumb: white sesame seeds on top

Kosher PARVE

Emergency Contact 1.800.362.9775

Shelf Life 4 days

Code BAKED ON DATE & FRESH THRU DATE ink-jet code

Nutritional Claims none

Packaging coextruded .00065 polyethylene pillow-packed

Allergens wheat, soy

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimine hydrochloride, riboflavin, folic acid), water, high fructose corn syrup, yeast, soybean oil, contains 2% or less of the following: salt, dough conditioners(sodium stearoyl lactylate, monoglycerides, calcium peroxide), calcium propionate (mold inhibitor), yeast nutrients (calcium sulfate, ammonium chloride), sesame seeds, if apparent.

Nutrition facts:

Serving size: 1 bun

Wt.per serving: 2.3 oz. 64 gram bun

Servings per container: 30 buns/pillow pac

Nutrient	Values	Unit	%DailyValue
Calories	190	Kcal	
Calories From Fat	25	kcal	
Total Fat	3	g	5%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	1.5	g	
Monounsaturated Fat	1	g	
Cholesterol	0	mg	0%
Sodium	320	mg	13%
Total Carbohydrate	34	g	11%
Dietary Fiber	1	g	5%
Sugars	6	g	
Protein	5	g	
Vitamin A			0%
Vitamin C			0%
Calcium			4%
Iron			10%
Thiamin			25%
Riboflavin			15%
Niacin			15%
Folate			20%

Product # 1707

Product Description: Onion Buns 8-Pack
 Label Description: Nickles Deli Style 8 Onion Buns
 Label Wt.: 1 lb. 2oz. (18 oz.) 509 g
 Specifications diameter 4 1/4" + or - 1/4" heel ht. 5/8"
 baked wt: approx. 2.3 oz./bun
 Kosher Symbol PAREVE
 Kosher Certification Quality Kosher Supervisor 330.452.6480
 Shelf Life 8 days
 Code Example: 3L DT Fresh Thru 22-Apr
 Code: Shift/ Plant /Supervisor's Initials 8 day code

Allergens **wheat, soy, eggs**

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, eggs, contains 2% or less of the following: wheat gluten, yeast, salt, soybean oil, dough conditioners (sodium stearyl lactylate, monoglycerides, calcium peroxide), corn flour, vinegar, calcium propionate (mold inhibitor), yeast nutrients (calcium sulfate, ammonium chloride), turmeric, paprika, lecithin, onions and poppy seeds.

Nutrition facts:

Serving size: 1 bun (approx. 2.3 oz.) 66 gram bun
 servings per container: 8 buns

Nutrient	Values	Unit	%DailyValue
Calories	160	Kcal	
Calories From Fat	10	kcal	
Total Fat	1	g	2%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	less than 5	mg	1%
Sodium	410	mg	17%
Total Carbohydrate	33	g	11%
Dietary Fiber	2	g	7%
Sugars	5	g	
Protein	6	g	
Vitamin A			0%
Vitamin C			0%
Calcium			6%
Iron			10%
Thiamin			20%
Riboflavin			15%
Niacin			10%
Folate			20%

Product # 1709

Product Description:

4" Hamburger Bun

Bun Wt: 2.1 oz.

Slice Height: 5/8"

Shelf-life: 4days coded: baked on date and fresh thru date

Packaging: coextruded 0.00065 polyethylene (pillow-pac film) with ink-jet code

30 buns/pillow-pac

Allergens:

wheat, soy

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimine mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, soybean oil, contains 2% or less of the following: salt, wheat gluten, dough conditioners (sodium stearoyl lactylate, monoglycerides, calcium peroxide), cornstarch, calcium propionate (preservative), yeast nutrients(ammonium chloride, calcium sulfate).

Nutrition facts:

Serving size: 1 bun

Wt.per serving: 2.1 oz.

60 gram bun

Serving/container: 30

Nutrient	Values	Unit	%DailyValue
Calories	150	Kcal	
Calories From Fat	20	kcal	
Total Fat	2	g	3%
Saturated Fat	0	g	0
Trans Fat	0	g	
Polyunsaturated Fat	1.5	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0
Sodium	310	mg	13%
Total Carbohydrate	29	g	10%
Dietary Fiber	1	g	4%
Sugars	5	g	
Protein	4	g	
Vitamin A	0		0
Vitamin C	0		0
Calcium	0		4%
Iron	0		8%
Thiamin	0		20%
Riboflavin	0		10%
Niacin	0		10%
Folate	0		15%

aib

Product # 1716

Product Description: **Enriched 4" Seeded Hamburger Bun**

Label Description: Clear polyethylene film wrap with printed code

Allergen: **wheat**

Ingredients:

Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Yeast, Soybean Oil, Contains 2% or less of the following: Salt, Wheat Gluten, Dough Conditioners (Mono & Diglycerides, Ascorbic Acid, DATEM, Calcium Peroxide, Azodicarbonamide), Calcium Propionate (Preservative), Calcium Sulfate, Sesame Seeds.

Nutrition facts:

Serving size: 1 bun

Wt.per serving:approx. 2.1 oz. at least 56 gram bun

Serving/container: 30

Nutrient	Values	Unit	%DailyValue
Calories	130	Kcal	
Calories From Fat	20	kcal	
Total Fat	2	g	3%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	1	g	
Cholesterol	0	mg	0%
Sodium	180	mg	8%
Potassium	30	mg	1%
Total Carbohydrate	23	g	8%
Dietary Fiber	1	g	4%
Sugars	2	g	
Protein	5	g	
Vitamin A			0%
Vitamin C			0%
Calcium			4%
Iron			8%
Thiamin			20%
Riboflavin			8%
Niacin			20%
Folate			10%

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mjb/finished productspecfolder/1716/N/ab

Product # 1717

Product Description: Diamond Jim Buns Seeded
Label Description: Nickles Deli Style 8 Diamond Jim Buns
Label Wt.: 1 lb. 2 oz. (18 oz.) 510 grams
Product Description: Diamond Jim Seeded Buns
Bun Wt: **approx.** 2.3 oz.
Topping: *seeded*
Slice Height: 5/8" + or - 1/8"
Allergens: **wheat**

Ingredients:

Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Yeast. Contains 2% or less of the following: Soybean Oil, Salt, Wheat Gluten, Dough Conditioners (Mono & Diglycerides, DATEM, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Calcium Propionate (Preservative), Yeast Nutrients (Calcium Sulfate, Calcium Carbonate, Ammonium Sulfate, Ammonium Chloride), Corn Starch, Diammonium Phosphate, Sesame Seeds.

Nutrition facts:

Serving size: 1 bun

Wt.per serving: approx. 2.3 oz. approx. 64 gram bun

Servings per container: 8 buns

Nutrient	Values	Unit	%DailyValue
Calories	160	kcal	
Calories From Fat	15	kcal	
Total Fat	2	g	3%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	0.5	g	
Cholesterol	0	mg	0%
Sodium	350	mg	15%
Potassium	50	mg	1%
Total Carbohydrate	30	g	10%
Dietary Fiber	1	g	4%
Sugars	3	g	
Protein	6	g	
Vitamin A			0%
Vitamin C			0%
Calcium			6%
Iron			10%
Thiamin			25%
Riboflavin			15%
Niacin			15%
Folate			15%

aib2009

Product # 1719

Product Description: Sausage Hard Rolls - Sliced (8)

Label Description: 8 Sliced Sausage Rolls

Label Wt.: 1 lb. 2 oz. (18 oz.) 510 grams

Bun Wt: **64 g (2.3 oz.)**

Allergens: **wheat, soy**

Ingredients:

Enriched Wheat Flour (Wheat Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Yeast Soybean Oil. Contains 2% or Less of the Following: Salt, Wheat Gluten, Dough Conditioners (Ethoxylated Mono and Diglycerides, Soy Lecithin, Sodium Stearoyl Lactylate), Yeast Nutrients (Ammonium Chloride, Calcium Sulfate), Soy Flour Vinegar, Vegetable Powder, Calcium Propionate (to Retard Spoilage).

Nutrition facts:

Serving size: 1 bun

Wt.per serving: approx. 2.3 oz. approx. 64 gram bun

Servings per container: 8 buns

Nutrient	Values	Unit	%DailyValue
Calories	160	kcal	
Calories From Fat	15	kcal	
Total Fat	1.5	g	2%
Saturated Fat	0.5	g	3%
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	350	mg	15%
Total Carbohydrate	31	g	10%
Dietary Fiber	1	g	4%
Sugars	2	g	
Protein	6	g	
Vitamin A			0%
Vitamin C			0%
Calcium			10%
Iron			2%
Thiamin			6%
Riboflavin			4%
Niacin			2%
Folate			4%

Product # 1721

Label Description:

Product Description: Yellow Kaiser

Specification:

Bun Wt: approx. 2.3 oz.
Diameter: 4" + or - 1/4"
Slice Height: 5/8"
Slice: slab slice through entire bun
oz. 780 g

Label Wt.

Code/Shelf-life

Example: Fresh Thru
Code: Plant/Bagger/Shift day code

Packaging

polyethylene bag with color coded, plastic clips

Kosher Symbol

PAREVE

Kosher Certification

Quality Kosher Supervision

Emergency Contact

1.800.362.9775

Allergens

wheat, soy

Ingredients:

wheat flour, water, yeast, corn sugar, contains 2% or less of the following: partially hydrogenated soybean and/or cottonseed and/or canola oils, salt, sugar, dough conditioners (sodium stearoyl latylate, DATEM, mono & diglycerides, ethoxylated mono & diglycerides, calcium sulfate, tricalcium phosphate), corn flour, spice & coloring, soy flour, wheat gluten, calcium propionate (preservative), vinegar, nondiastatic malt.

Nutrition facts:

Serving size: 1 roll

Wt.per serving: approx. 2.3 oz. 65 gram bun

servings per container: 12

Nutrient	Values	Unit	%DailyValue
Calories	160	Kcal	
Calories From Fat	20	kcal	
Total Fat	2	g	3%
Saturated Fat	0.5	g	3%
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0
Sodium	330	mg	14%
Potassium	15		0%
Total Carbohydrate	30	g	10%
Dietary Fiber	0	g	0%
Sugars	2	g	
Protein	6	g	
Vitamin A			0
Vitamin C			0
Calcium			4%
Iron			4%
Thiamin			15%
Riboflavin			4%
Niacin			8%
Folate			0%

Product # 1725

Product Description: Split Top Seeded Steak Bun

Specifications: Bun Wt: approx. 2.3 oz.

Slice Height: 5/8" + or - 1/4"

Label Wt. Net Wt. : 1 lb. 10 oz. (26 oz.) 737 g

Code example: FRESH THRU

1L JW OCT 30

Kosher: Pareve

Allergens: **Wheat**

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, soybean oil, contains 2% or less of the following: yeast, salt, dough conditioners (DATEM, ascorbic acid, monoglycerides, calcium peroxide, azodicarbonamide), calcium sulfate, corn starch, calcium propionate (preservative), tricalcium phosphate, diammonium phosphate, sesame seeds.

Nutrition facts:

Serving size: 1 bun

Wt.per serving: **approx.66 gram bun**

Servings per container: 12 buns

Nutrient	Values	Unit	%DailyValue
Calories	170	kcal	
Calories From Fat	15	kcal	
Total Fat	1.5	g	3%
Saturated Fat	0	g	0%
<i>Trans</i> Fat	0	g	
Polyunsaturated Fat	0.5	g	
Monounsaturated Fat	0.5	g	
Cholesterol	0	mg	0%
Sodium	390	mg	16%
Total Carbohydrate	35	g	12%
Dietary Fiber	1	g	5%
Sugars	4	g	
Protein	6	g	
Vitamin A			0
Vitamin C			0
Calcium			6%
Iron			15%
Thiamin			25%
Riboflavin			15%
Niacin			10%
Folate			20%

thelongco2. 2009

Product # 1733

Product Description: Onion Buns Pillow-Pac
Bun Wt: approx. 2.3 oz.

Slice Height: 5/8"
wheat, eggs, soy

Allergens:

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thiamine mononitrate, riboflavin, folic acid), water, high fructose corn syrup, eggs, onions, contains 2% or less of the following: salt, yeast, soybean oil, dough conditioners (sodium stearoyl lactylate, monoglycerides, calcium peroxide), corn flour, vinegar, calcium propionate (mold inhibitor), spice and coloring, yeast nutrients (calcium sulfate, ammonium chloride), lecithin, poppy seeds.

Nutrition facts:

Serving size: 1 bun

Wt. per serving: approx. 2.3 oz. 66 gram bun

servings per container: 24 buns

Nutrient	Values	Unit	%DailyValue
Calories	160	Kcal	
Calories From Fat	15	kcal	
Total Fat	1.5	g	2%
Saturated Fat	0	g	
Trans Fat	0	g	
Polyunsaturated Fat	0.5	g	
Monounsaturated Fat	0	g	
Cholesterol	less than 5	mg	1%
Sodium	390	mg	16%
Total Carbohydrate	33	g	11%
Dietary Fiber	2	g	7%
Sugars	5	g	0
Protein	6	g	0
Vitamin A	0		0
Vitamin C	0		0
Calcium	0		4%
Iron	0		10%
Thiamin	0		20%
Riboflavin	0		16%
Niacin	0		10%
Folate	0		8%

aib

Product # 1744

Product Description: Finger Rolls
Label Description: Nickles 24 Finger Rolls
Label Wt: 1 lb. 9 oz. (25 oz.) 708 g
Specification: Bun Wt: approx. 1.1 oz.
Slice Height: none
Code: NO CODE
Kosher: Pareve
Allergens: **Wheat**

Ingredients:

Enriched **wheat flour** (wheat flour, barley malt, niacin, iron, thaimin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, soybean oil, contains 2% or less of the following: yeast, salt, vinegar, wheat gluten, lecithin, calcium propionate (mold inhibitor), mono-diglycerides, calcium sulfate, DATEM, dextrose, calcium peroxide, calcium phosphate, l-cysteine, sodium phosphate, calcium iodate.

Nutrition facts:

Serving size: 1 roll

Wt.per serving: approx. 1.1 oz. approx. 31 gram bun

Servings per container: 24 rolls

Nutrient	Values	Unit	%DailyValue
Calories	80	Kcal	
Calories From Fat	10	kcal	
Total Fat	1	g	2%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0.5	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	130	mg	5%
Potassium	20	mg	5%
Total Carbohydrate	14	g	5%
Dietary Fiber	0	g	0%
Sugars	less than 1	g	
Protein	2	g	
Vitamin A			
Vitamin C			
Calcium			6%
Iron			4%
Thiamin			10%
Riboflavin			6%
Niacin			6%
Folate			8%

2-2009

Product # 1749

Product Description: Jr. Arby/ Small Barb, seeded
Bun Wt: approx.1.5 oz.

Slice Height: 5/8"

Allergens: **wheat, milk, soy**

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimine mononitrate, riboflavin, folic acid, water, high fructose corn syrup, nonfat milk, soybean oil, contains 2% or less of the following: yeast, salt, wheat gluten, malt syrup, corn starch, dough conditioners (sodium stearoyl lactylate, monoglycerides, calcium peroxide), calcium propionate (mold inhibitor), yeast nutrients (calcium sulfate, ammonium chloride), topped with sesame seeds.

Nutrition facts:

Serving size: 1 bun

Wt.per serving: approx. 1.5 oz.

Servings per container: 12 buns

Nutrient	Values	Unit	%DailyValue
Calories	170	Kcal	
Calories From Fat	15	kcal	
Total Fat	2	g	3%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0.5	g	
Monounsaturated Fat	0.5	g	
Cholesterol	0	mg	0%
Sodium	390	mg	16%
Total Carbohydrate	35	g	12%
Dietary Fiber	1	g	5%
Sugars	4	g	
Protein	6	g	
Vitamin A			0
Vitamin C			0
Calcium			6%
Iron			15%
Thiamin			25%
Riboflavin			15%
Niacin			10%
Folate			20%

aib

Product # 1750

Product Description: Double Deck Sandwich Bun

Label Description: Clear pillow-pack wrap with code

Specifications: 30 buns per pillow-package

Bun with white crumb and golden brown crust color (plain)

Bun Wt: approx. 2.2 oz.

Diameter: approx. 4"

Slice Height: 5/8" bottom (2x slab slice through entire bun)

Shelf-life: 4days

Code: baked on date and fresh thru date

Example of ink jet code: BAKED ON 02/09 #1750 (product line #)

FRESH THRU 02/13 MD (supervisor's int.)

Packaging: coextruded 0.00065 polyethylene (pillow-pac film)

with ink-jet code

Kosher Certification: Quality Kosher Supervision

Emergency Contact: 1.800.362.9775

Allergens: **wheat**

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, soybean oil, contains 2% or less of the following: salt, wheat gluten, yeast nutrients (calcium sulfate, ammonium chloride), corn starch, calcium propionate (preservative), dough conditioners (monoglycerides, calcium peroxide), diammonium phosphate, tricalcium phosphate.

Nutrition facts:

Serving size: 1 bun

Wt.per serving: approx. 2.2 oz. 62 gram bun

Servings per container: 30 buns

Nutrient	Values	Unit	%DailyValue
Calories	170	Kcal	
Calories From Fat	20	kcal	
Total Fat	2	g	3%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	320	mg	13%
Potassium	50	mg	1%
Total Carbohydrate	31	g	10%
Dietary Fiber	1	g	4%
Sugars	5	g	
Protein	5	g	
Vitamin A			0
Vitamin C			0
Calcium			6%
Iron			10%
Thiamin			25%
Riboflavin			15%
Niacin			15%
Folate			15%

thelongco 2005

Product # 1761

Product Description: 4 1/2" Hamburger or Sandwich Bun

Label Description: Nickles 12- 4 1/2" Round Buns

Specification: Hamburger or Sandwich Bun with a white crumb and deep, golden brown crust color. Individual Buns with a slightly sweet flavor

Bun Wt: approx. 2.25 oz.

Diameter: 4 1/2" + or - 1/4"

Slice Height: 5/8"

Slice: slab

Label Wt. 27 oz. 765 g

Shelf-life: 11 days

Code Example: 2L Fresh Thru Sept. 15

Code: Plant/Shift 11 day code

Kosher Symbol PAREVE

Kosher Certification Quality Kosher Supervision

Emergency Contact 1.800.362.9775

Allergens **wheat, soy**

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thiamin mononitrate, riboflavin, Folic acid), water, high fructose corn syrup, yeast, soybean oil, contains 2% or less of: salt, wheat gluten, yeast nutrients calcium sulfate, ammonium chloride, corn starch, calcium propionate (preservative), dough conditioners (sodium stearoyl lactylate, monoglycerides, calcium peroxide), diammonium phosphate, tricalcium phosphate.

Nutrition facts:

Serving size: 1 bun

Wt.per serving: approx. 2.25 oz. 64 gram bun

Servings per container: 12 buns

Nutrient	Values	Unit	%DailyValue
Calories	190	kcal	
Calories From Fat	20	kcal	
Total Fat	2.5	g	4%
Saturated Fat	#REF!	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	0	g	
Cholesterol	#REF!	mg	0%
Sodium	370	mg	15%
Potassium	60	mg	2%
Total Carbohydrate	35	g	12%
Dietary Fiber	1	g	4%
Sugars	5	g	
Protein	6	g	
Vitamin A			#REF!
Vitamin C			#REF!
Calcium			6%
Iron			10%
Thiamin			30%
Riboflavin			15%
Niacin			20%
Folate			20%

Product # 1765

Product Description: 4" White Hamburger Bun
Label Description: Clear polyethylene wrap with printed code
Finished Product Specifications 30 buns/pillow-pac

Golden brown crust color with close, white crumb color, slighty sweet

Bun Wt: approx. 2.1 oz.

Over all Ht: 1 3/4" + or -1/4"

Slice Height: 5/8"

Shelf-life: 6 days

Code: baked on date and fresh thru date

code example: BAKED ON 02/09 GOOD THRU 02/15

Packaging: polyethylene film (air tight pillow-pack)

Allergens: **wheat**

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, soybean oil, contains 2% or less of the following: salt, wheat gluten, dough conditioners (sodium stearoyl lactylate, monoglycerides, calcium peroxide), corn starch, calcium propionate (preservative), yeast nutrients (ammonium chloride, calcium sulfate), diammonium phosphate, tricalcium phosphate.

Nutrition facts:

Serving size: 1 bun

Wt.per serving:approx. 2.1 oz. approx. 60 gram bun

Serving/container: 30

Nutrient	Values	Unit	%DailyValue
Calories	150	Kcal	
Calories From Fat	20	kcal	
Total Fat	2	g	3%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	1.5	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	310	mg	13%
Total Carbohydrate	29	g	10%
Dietary Fiber	1	g	4%
Sugars	5	g	
Protein	4	g	
Vitamin A			0%
Vitamin C			0%
Calcium			4%
Iron			8%
Thiamin			20%
Riboflavin			10%
Niacin			10%
Folate			15%

aib

Product # 1766

Product Description: 4" Wheat Bun made with whole grain

Label Description: Nickles Deli Style 12 Wheat Buns

Label Wt: 1 lb. 6.5 oz. (22 oz.) 623 g

Specification: Bun Wt: approx.1.9 oz. approx. 53 grams

Slice Height: 5/8" +/- 1/4"

Code: NO CODE Production Julian Date

Nutrition Claim: **made with whole grain**

23 grams of whole grains per serving

51% whole grains or whole wheat flour based on total flour wt.

Kosher Symbol: Pareve

Allergens: **wheat**

Ingredients:

100% Whole Wheat Flour, Water, Wheat Flour, High Fructose Corn Syrup, Yeast, Wheat Gluten, Soybean Oil, Contains 2% or less of the following: Salt, (Sodium Stearoyl Lactylate, Mono & Diglycerides, Calcium Peroxide), Yeast Nutrients (Calcium Sulfate, Ammonium Chloride), Calcium Propionate (Preservative), Corn Starch, Diammonium Phosphate, Tricalcium Phosphate.

Nutrition facts:

Serving size: 1 bun

Wt.per serving: approx. 1.9 oz. approx. 53 gram bun

Servings per container: 12 buns

Nutrient	Values	Unit	%DailyValue
Calories	130	kcal	
Calories From Fat	20	kcal	
Total Fat	2	g	3%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	240	mg	10%
Potassium	100	mg	3%
Total Carbohydrate	24	g	8%
Dietary Fiber	3	g	12%
Sugars	4	g	
Protein	5	g	
Vitamin A	0		0%
Vitamin C	0		0%
Calcium		mg	6%
Iron		mg	6%
Thiamin		mg	10%
Riboflavin		mg	4%
Niacin		mg	10%
Folate		mcg	2%

Product # 1769

Product Description:

Split Top Steak Roll SEEDED

Specifications:

Bun Wt: approx. 2.3 oz.

Topping: sesame seeds

Slice Height: 5/8"

24 buns /piilo-pac

Shelf life:

4 days

Code:

Production Date Plus 4 days Int.

Example of inkjet code:

PROD 02/12 FRESH THRU 02/16 JW

Packaging:

coextruded 0.00065 polyethylene (pillow-pac film)
with ink-jet code

Kosher:

no symbol/ produced on a pareve line

Allergens:

Wheat

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thiamine mononitrate, riboflavin, folic acid), water, high fructose corn syrup, contains 2% or less of the following: soybean oil, yeast, salt, dough conditioners (sodium stearoyl lactylate, monoglycerides, calcium peroxide), corn starch, yeast nutrients (calcium sulfate, ammonium chloride), calcium propionate (preservative), sesame seeds.

Nutrition facts:

Serving size: 1 bun

Wt.per serving:approx. 2.3 oz.

approx. 66 gram bun

Servings per container: 24 buns

Nutrient	Values	Unit	%DailyValue
Calories	170	Kcal	
Calories From Fat	15	kcal	
Total Fat	1.5	g	3%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0.5	g	
Monounsaturated Fat	0.5	g	
Cholesterol	0	mg	0%
Sodium	390	mg	16%
Total Carbohydrate	35	g	12%
Dietary Fiber	1	g	5%
Sugars	4	g	
Protein	6	g	
Vitamin A			0%
Vitamin C			0%
Calcium			6%
Iron			15%
Thiamin			25%
Riboflavin			15%
Niacin			10%
Folate			20%

aib

Product # 1785

Product Description:

Fish Buns/Diamond Jim Split

Label Description:

Nickles 8 Diamond Jim Split Buns (yellow print)

Label Wt.:

18 oz. (510 g)

Specification:

oval-like shaped bun with a white crumb and pale crust color

Bun Wt: approx. 2.3 oz.

Diameter: 4" + or - 1/4"

Slice Height: 5/8" + or - 1/4"

Slice: slab slice through entire bun

Topping: plain with split (NO seeds)

Label Wt.

18 oz. 510 g

Code/Shelf-life

Example: NB3 Fresh Thru 22-Apr

Code: Plant/Bagger/Shift 7 day code

Packaging

polyethylene bag with color coded, plastic clips

Kosher Symbol

PAREVE

Emergency Contact

1.800.362.9775

Allergens:

wheat

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, contains 2% or less of each of the following: soybean oil, wheat gluten, salt, yeast nutrients (calcium sulfate, ammonium chloride), corn starch, calcium propionate (preservative), dough conditioners (sodium stearyl lactylate, monoglycerides, calcium peroxide).

Nutrition facts:

Serving size: 1 bun

Wt.per serving: 2.3 oz.

64 gram bun

Servings per container: 8 buns

Nutrient	Values	Unit	%DailyValue
Calories	160	Kcal	
Calories From Fat	15	kcal	
Total Fat	2	g	3%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	350	mg	15%
Potassium	50	mg	1%
Total Carbohydrate	30	g	10%
Dietary Fiber	1	g	4%
Sugars	3	g	
Protein	6	g	
Vitamin A			0
Vitamin C			0
Calcium			6%
Iron			10%
Thiamin			25%
Riboflavin			15%
Niacin			15%
Folate			15%

long co.2007

Product # 1786

Product Description: Cornmeal Split Top Steak
Bun Wt: approx. 2.3 oz.
Slice Height: 5/8" +/- 1/8"

Allergens: **wheat**

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, contains 2% or less of: soybean oil, yeast, salt, dough conditioner (sodium stearoyl lactylate, monoglycerides, calcium peroxide), yeast nutrients (ammonium chloride, calcium sulfate), calcium phosphate, calcium propionate (preservative), cornmeal.

Nutrition facts:

Serving size: 1 bun

Wt. per serving: approx. 2.3 oz. 66 gram bun

Servings per container: 12 buns

Nutrient	Values	Unit	%DailyValue
Calories	170	Kcal	0
Calories From Fat	15	kcal	0
Total Fat	1.5	g	3%
Saturated Fat	0	g	0
Trans Fat	0	g	
Polyunsaturated Fat	0.5	g	
Monounsaturated Fat	0.5	g	
Cholesterol	0	mg	0
Sodium	390	mg	16%
Total Carbohydrate	35	g	12%
Dietary Fiber	1	g	5%
Sugars	4	g	0
Protein	6	g	0
Vitamin A	0		0
Vitamin C	0		0
Calcium	0		6%
Iron	0		15%
Thiamin	0		25%
Riboflavin	0		15%
Niacin	0		10%
Folate	0		20%

aib

Product # 1789

Product Description: Diamond Jim Split Buns Seeded
Bun Wt: 2.3 oz.

Slice Height: 5/8"

Allergens: **wheat**

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, contains 2% or less of each of the following: soybean oil, wheat gluten, salt, yeast nutrients (calcium sulfate, ammonium chloride), corn starch, calcium propionate(mold inhibitor), dough conditioners (sodium stearoyl lactylate, monoglycerides, calcium peroxide), sesame seeds, if apparent.

Nutrition facts:

Serving size: 1 bun

Wt.per serving: 2.3 oz.

64 gram bun

Servings per container: 8 buns

Nutrient	Values	Unit	%DailyValue
Calories	160	Kcal	0
Calories From Fat	15	kcal	0
Total Fat	2	g	4%
Saturated Fat	0	g	0
Trans Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0
Sodium	350	mg	15%
Potassium	50	mg	1%
Total Carbohydrate	30	g	10%
Dietary Fiber	1	g	4%
Sugars	3	g	
Protein	6	g	
Vitamin A			0
Vitamin C			0
Calcium			6%
Iron			10%
Thiamin			25%
Riboflavin			15%
Niacin			15%
Folate			15%

long co.

Product # 1791

Product Description: Cornmeal steak buns
pillo-pack
Bun Wt: 2.3 oz.
Slice Height: 5/8"

Code example FRESH THRU 1L JW OCT 30
Kosher Pareve
Allergens: **Wheat , Soy**

Ingredients:
Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, soybean oil, contains 2% or less of the following: salt, wheat gluten, corn starch, dough conditioners (sodium stearyl lactylate, monoglycerides, calcium peroxide), yeast nutrients (calcium sulfate, ammonium chloride, tricalcium phosphate), calcium propionate (preservative), diammonium phosphate, cornmeal.

Nutrition facts:

Serving size: 1 bun

Wt.per serving: approx. 2.3 oz. 66 gram bun

Servings per container: 24 buns

Nutrient	Values	Unit	%DailyValue
Calories	170	kcal	
Calories From Fat	15	kcal	
Total Fat	1.5	g	3%
Saturated Fat	0	g	0%
<i>Trans</i> Fat	0	g	
Polyunsaturated Fat	0.5	g	
Monounsaturated Fat	0.5	g	
Cholesterol	0	mg	0%
Sodium	390	mg	16%
Total Carbohydrate	35	g	12%
Dietary Fiber	1	g	5%
Sugars	4	g	
Protein	6	g	
Vitamin A			0
Vitamin C			0
Calcium			6%
Iron			15%
Thiamin			25%
Riboflavin			15%
Niacin			10%
Folate			20%

Product # 1793

Product Description:

White Whole Grain Cluster Barbs

Label Description

Nickles Whole Grain White Sandwich Buns

Specifications:

baked wt: approx. 12 oz.

cluster buns

slice ht: 5/8" + or - 1/8"

Nutrition Claims:

0 grams trans fat per serving

7 grams whole grains per serving

33% whole grain flour based on total flour weight

*Please note this product has a low amount of whole grain and a high amount of fiber because it contains soy fiber that **cannot** be calculated as a grain, but increases the fiber content.*

3 grams fiber per bun

Kosher:

Pareve

Allergens:

wheat, soy

Ingredients:

Enriched Wheat Flour (Flour, Malted Barley Flour, Reduced Iron, Niacin, Thiamin Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid), Water, Whole White Wheat Flour, High Fructose Corn Syrup, Yeast, Wheat Gluten, Soybean Oil, Inulin, Salt, Soy Fiber, Nutrient Blend (Tricalcium Phosphate, Magnesium Oxide, Maltodextrin, Zinc Oxide, Niacin, Reduced Iron, Pyridoxine Hydrochloride, Riboflavin, Thiamin Mononitrate, Folic Acid, Vitamin B12), Monoglycerides, Calcium Carbonate, Vitamin D3, Calcium Stearoyl Lactylate, Calcium Propionate (preservative), Grain Vinegar, Soy Flour, Calcium Sulfate, Monocalcium Phosphate, Ethoxylated Mono- and Diglycerides, Soy Lecithin, sesame seeds, *if seeded*.

Nutrition facts:

Serving size: 1 bun

wt./serving

43 grams

Servings per container: 8

Nutrient	Values	Unit	%DailyValue
Calories	120	Kcal	
Calories From Fat	15	kcal	
Total Fat	1.5	g	2%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	220	mg	9%
Potassium	50	mg	2%
Total Carbohydrate	22	g	7%
Dietary Fiber	3	g	12%
Sugars	3	g	
Protein	4	g	
Vitamin A	0		0%
Vitamin C	0		0%
Calcium	36.08	mg	20%
Iron	1.83	mg	10%
Vitamin D	75	IU	20%
Thiamin	0.18	mg	15%
Riboflavin	0.12	mg	10%
Niacin	1.41	mcg	10%
Folate	28.02	mcg	15%

Product # 1794

Product Description:

White Whole Grain Cluster Barbs

Label Description

Nickles Whole Grain White Hot Dog Buns

Specifications:

baked wt: approx. 12 oz.

cluster buns

slice ht: 5/8" = or - 1/8"

Nutrition Claims:

0 grams trans fat per serving

7 grams whole grains per serving

33% whole grain flour based on total flour weight

Please note this product has a low amount of whole grain and a high amount of fiber because it contains soy fiber that cannot be calculated as a grain, but increases the fiber content.

3 grams fiber per bun

Kosher:

Pareve

Allergens:

wheat, soy

Ingredients:

Enriched Wheat Flour (Flour, Malted Barley Flour, Reduced Iron, Niacin, Thiamin Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid), Water, Whole White Wheat Flour, High Fructose Corn Syrup, Yeast, Wheat Gluten, Soybean Oil, Inulin, Salt, Soy Fiber, Nutrient Blend (Tricalcium Phosphate, Magnesium Oxide, Maltodextrin, Zinc Oxide, Niacin, Reduced Iron, Pyridoxine Hydrochloride, Riboflavin, Thiamin Mononitrate, Folic Acid, Vitamin B12), Monoglycerides, Calcium Carbonate, Vitamin D3, Calcium Stearoyl Lactylate, Calcium Propionate (preservative), Grain Vinegar, Soy Flour, Calcium Sulfate, Monocalcium Phosphate, Ethoxylated Mono- and Diglycerides, Soy Lecithin.

Nutrition facts:

Serving size: 1 bun

wt./serving

43 grams

Servings per container: 8

Nutrient	Values	Unit	%DailyValue
Calories	120	Kcal	
Calories From Fat	15	kcal	
Total Fat	1.5	g	2%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	220	mg	9%
Potassium	50	mg	2%
Total Carbohydrate	22	g	7%
Dietary Fiber	3	g	12%
Sugars	3	g	
Protein	4	g	
Vitamin A	0		0%
Vitamin C	0		0%
Calcium	36.08	mg	20%
Iron	1.83	mg	10%
Vitamin D	75	IU	20%
Thiamin	0.18	mg	15%
Riboflavin	0.12	mg	10%
Niacin	1.41	mg	10%
Folate	28.02	mcg	15%

Product # 1802

Product Description:

Deli Steak Rolls

Label Description

Nickles Deli Style 12 Hoagy Rolls

Net Wt. : 13 oz. 369 g

Bun Wt: approx. 2.3 oz.

Slice Height: 5/8" + or - 1/4"

Code example

FRESH THRU

1L JW OCT 30

Kosher

Pareve

Allergens:

Wheat , Soy

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, soybean oil, contains 2% or less of the following: salt, wheat gluten, corn starch, dough conditioners (sodium stearyl lactylate, monoglycerides, calcium peroxide), yeast nutrients (calcium sulfate, ammonium chloride, tricalcium phosphate), calcium propionate (preservative), diammonium phosphate.

Nutrition facts:

Serving size: 1 bun

Wt.per serving: approx. 2.3 oz.

66 gram bun

Servings per container: 6 buns

Nutrient	Values	Unit	%DailyValue
Calories	170	kcal	
Calories From Fat	15	kcal	
Total Fat	1.5	g	3%
Saturated Fat	0	g	0%
<i>Trans</i> Fat	0	g	
Polyunsaturated Fat	0.5	g	
Monounsaturated Fat	0.5	g	
Cholesterol	0	mg	0%
Sodium	390	mg	16%
Total Carbohydrate	35	g	12%
Dietary Fiber	1	g	5%
Sugars	4	g	
Protein	6	g	
Vitamin A			0
Vitamin C			0
Calcium			6%
Iron			15%
Thiamin			25%
Riboflavin			15%
Niacin			10%
Folate			20%

Product # 1811

Product Description: 8" Sub Bun Unsliced
 Label Description: Nickles Deli Style 6 Large Sub Rolls
 Specification: golden brown crust color, split top , white crumb
 Bun Wt: approx. 2.8 oz.
 Length: 8" + or - 1/2"
 Slice Height: 5/8"
 Slice: **NONE**
 Label Wt. 15 oz. (425 g)
 Code/Shelf-life Fresh Thru Date (11 days) Plant/Shift/Supervisor's Int.
 Packaging polyethylene bag with color coded, plastic clips
 Kosher Symbol PAREVE
 Kosher Certification Quality Kosher Supervision
 Emergency Contact 1.800.362.9775
 Allergen: **wheat, soy**

Ingredients:

wheat flour, water, wheat gluten, contains 2% or less of the following: high fructose corn syrup, yeast, soybean oil, salt, barley malt extract, soy flour, dough conditioners (calcium peroxide, calcium iodate, soy lecithin, ethoxylated mono-diglycerides, sodium stearoyl lactylate, l-cysteine HCL, monoglycerides), carrageenan, yeast nutrients (calcium sulfate, ammonium chloride), carboxymethylcellulose, glycerine, propylene glycol, glyceryl mono-stearate, sodium metabisulfite, vinegar, calcium propionate (preservative), diammonium phosphate, tricalcium phosphate.

Nutrition facts:

Serving size: 1 bun

Wt.per serving: approx. 2.8 oz. 80 gram bun

Servings per container: 6 rolls

Nutrient	Values	Unit	%DailyValue
Calories	220	Kcal	
Calories From Fat	25	kcal	
Total Fat	3	g	5%
Saturated Fat	1	g	4%
Trans Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	0.5	g	
Cholesterol	0	mg	0%
Sodium	470	mg	20%
Total Carbohydrate	42	g	14%
Dietary Fiber	1	g	5%
Sugars	3	g	
Protein	8	g	
Vitamin A			0%
Vitamin C			0%
Calcium			6%
Iron			4%
Thiamin			8%
Riboflavin			4%
Niacin			4%
Folate			6%

Product # 1816/1916

Product Description: Blunt End Sub
Label Description: Nickles Deli Style Blunt End Sub Buns
Bun Wt: approx. 3.2 oz.
Label Wt. 19 oz.
Slice Height: approx. 5/8"

Allergens: **wheat**

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimin mononitrate, riboflavin, folic acid), water, yeast, high fructose corn syrup, contains 2% or less of the following: soybean oil, salt, wheat gluten, yeast nutrients (calcium sulfate, ammonium chloride), corn starch, corn sugar, calcium salts, dough conditioners (DATEM, ethoxylated mono & diglycerides, sodium stearoyl lactylate, mono & diglycerides, calcium peroxide), calcium propionate (preservative).

Contains: **wheat**

Nutrition facts:

Serving size: 1 bun

Wt.per serving:approx. 3.2 oz. 90 gram bun

Servings per container: 6 buns

Nutrient	Values	Unit	%DailyValue
Calories	230	Kcal	
Calories From Fat	20	kcal	
Total Fat	2.5	g	4%
Saturated Fat	0	g	0
<i>Trans</i> Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	490	mg	20%
Potassium	70	mg	2%
Total Carbohydrate	43	g	14%
Dietary Fiber	1	g	4%
Sugars	3	g	
Protein	7	g	
Vitamin A			0%
Vitamin C			0%
Calcium			10%
Iron			15%
Thiamin			35%
Riboflavin			20%
Niacin			20%
Folate			25%

Product # 1817

Product Description:

Wheat Hot Dog Bun 8 pack

UPC:

0 78821 30006 7

Specification:

Wheat Hot Dog Bun with a brown crumb and brown crust color

Bun Wt: 50

length: 6" + or - 1/4"

Slice Height: 5/8" + or - 1/4"

Slice: hinge approx. 1 1/2" deep

Availability:

Monday & Thursday Sale Days

Shelf-life:

11 days

Code:

Plant/Bagger/Shift Suprv Int. Prod Date Fresh Thru Date

Ex: **N3A**=Plant/Shift/Bagger **LW**=Suprv Int. **145**=Julian Prod Date **Fresh Thru JUNE 5**

Packaging

polyethylene bag with color coded, plastic clips

Kosher Symbol

PAREVE

Kosher Certification

Quality Kosher Supervision

Emergency Contact

1.800.362.9775

Nutritional Claims

0 grams Trans Fat per Serving

EXCELLENT SOURCE of fiber

3 grams of fiber per serving

18-20 grams of whole grains per roll

43% whole grain based on total wt.

77 % whole grain flour based on total flour wt.

Allergens

wheat

Ingredients:

100% Whole Wheat Flour, Water, Wheat Flour, High Fructose Corn Syrup, Yeast, Wheat Gluten, Soybean Oil, Contains 2% or less of the following: Salt, Calcium Sulfate, Dough Conditioners (Calcium Peroxide, DATEM, Ascorbic Acid, Azodicarbonamide), Calcium Propionate (Preservative).

Nutrition facts:

Serving size: 1 bun (50 g)

Servings per container: 8

Nutrient	Values	Unit	%DailyValue
Calories	120	Kcal	
Calories From Fat	15	kcal	
Total Fat	2	g	3%
Saturated Fat	0	g	0%
<i>Trans</i> Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	230	mg	10%
Potassium	90	mg	3%
Total Carbohydrate	23	g	8%
Dietary Fiber	3	g	12%
Sugars	4	g	
Protein	5	g	
Vitamin A			0
Vitamin C			0
Calcium			6%
Iron			6%
Thiamin			10%
Riboflavin			4%
Niacin			8%
Folate			2%

analyzed:thelongco.June 23, 2010

Product # 1828

Product Description: Sliced 8" Sub Bun
 Label Description: Nickles Deli Style 6 Large Sub Rolls
 Specification: golden brown crust color, split top , white crumb
 Bun Wt: approx. 2.8 oz.
 Length: 8" + or - 1/2"
 Slice Height: 5/8"
 Slice: slab

Label Wt. 15 oz. (425 g)
 Code/Shelf-life Fresh Thru Date (11 days) Plant/Shift/Supervisor's Int.
 Packaging polyethylene bag with color coded, plastic clips
 Kosher Symbol PAREVE
 Kosher Certification Quality Kosher Supervision
 Emergency Contact 1.800.362.9775
 Allergen: **wheat, soy**

Ingredients:
 wheat flour, water, wheat gluten, contains 2% or less of the following: high fructose corn syrup, yeast, soybean oil, salt, barley malt extract, soy flour, dough conditioners (calcium peroxide, calcium iodate, soy lecithin, ethoxylated mono-diglycerides, sodium stearoyl lactylate, l-cysteine HCL, monoglycerides), carrageenan, yeast nutrients (calcium sulfate, ammonium chloride), carboxymethylcellulose, glycerine, propylene glycol, glyceryl monostearate, sodium metabisulfite, vinegar, calcium propionate (preservative), diammonium phosphate, tricalcium phosphate.

Nutrition facts:

Serving size: 1 bun

Wt.per serving: approx. 2.8 oz.

80 gram bun

Servings per container: 6 rolls

Nutrient	Values	Unit	%DailyValue
Calories	220	Kcal	
Calories From Fat	25	kcal	
Total Fat	3	g	5%
Saturated Fat	1	g	4%
Trans Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	0.5	g	
Cholesterol	0	mg	0%
Sodium	470	mg	20%
Total Carbohydrate	42	g	14%
Dietary Fiber	1	g	5%
Sugars	3	g	
Protein	8	g	
Vitamin A			0%
Vitamin C			0%
Calcium			6%
Iron			4%
Thiamin			8%
Riboflavin			4%
Niacin			4%
Folate			6%

Product # 1830

Product Description: Dinner Rolls/ Ind. Wrapped
Label Description: none: clear film with code
Specifications: diameter: 3" + or - 1/4"/round
slice: none
crumb color: light yellow
Packaging: 12 individually wrapped rolls/box
Shelf Life: Production day is printed on the wrapping film
Code: production day: example: Feb 9
Kosher Symbol: none (rolls are produced on a Pareve production line)
Emergency Contact: 1.800.362.9775
Allergens: **wheat, soybeans**

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, soybean oil, contains 2% or less of the following: yeast, wheat gluten, salt, corn flour, yeast nutrients (calcium sulfate, ammonium chloride), corn starch, calcium propionate (preservative), dough conditioners (calcium sulfate, sodium stearyl lactylate, calcium peroxide), spice and coloring.

Nutrition facts:

Serving size: 1 roll Wt.per serving: approx. 1.3 oz. (37 grams)

Servings per container: 1 roll

Nutrient	Values	Unit	%DailyValue
Calories	90	kcal	
Calories From Fat	15	kcal	
Total Fat	1.5	g	2%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0.5	g	
Cholesterol	0	mg	0%
Sodium	140	mg	6%
Total Carbohydrate	15	g	6%
Dietary Fiber	0	g	0%
Sugars	2	g	
Protein	3	g	
Vitamin A			0%
Vitamin C			0%
Calcium			0%
Iron			4%
Thiamin			10%
Riboflavin			6%
Niacin			4%
Folate			8%

Product # 1843

Product Description: Large Kaiser Sandwich Bun

Label Description: Nickles Big Texas Style

Specification: white crumb, kaiser cut, cornmeal topping

Bun Wt: approx. 2.3 oz.

Diameter: 4 1/2" + or - 1/4"

Slice Height: 5/8"

Slice: slab slice through entire bun

Allergens wheat, soy

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thiamine mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, soybean oil, contains 2% or less of the following: salt, wheat gluten, dough conditioners (sodium stearoyl latylate, monglycerides, calcium peroxide), calcium propionate (preservative), yeast nutrients (ammonium chloride, calcium sulfate), corn starch, cornmeal.

Nutrition facts:

Serving size: 1 roll

Wt.per serving: approx. 2.3 oz. 64 gram bun

servings per container: 6

Nutrient	Values	Unit	%DailyValue
Calories	180	Kcal	
Calories From Fat	20	kcal	
Total Fat	2	g	3%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	0	g	
Cholesterol		mg	0%
Sodium	400	mg	17%
Potassium	15		
Total Carbohydrate	36	g	12%
Dietary Fiber	1	g	5%
Sugars	5	g	
Protein	6	g	
Vitamin A			0
Vitamin C			0
Calcium			4%
Iron			10%
Thiamin			25%
Riboflavin			15%
Niacin			10%
Folate			20%

Product # 1854

Product Description:

4" Multigrain Kaiser

Label Description:

Nickles Deli Style **8** Multigrain Kaiser Rolls

Bun Wt: approx. 1.9 oz. **approx. 54 grams**

Slice Height: 5/8" + or - 1/4"

Code/Shelf-life

Code: Plant/Bagger/Shift 7 days

Example: LB2

Packaging

polyethylene bag with color coded, plastic clips
shipped on black plastic mag-rack trays (not yellow plastics)

UPC Code

0-78821-10051

Pallet count: 6

Availability

Daily

Label Wt: 15 oz.

Kosher Symbol

PAREVE

Kosher Certification

Quality Kosher Supervision

Emergency Contact

1.800.362.9775

Nutrition Claim:

made with whole grain

15 grams of whole grains per serving

Allergens:

wheat

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimin mononitrate, riboflavin, folic acid), water, stone ground whole wheat flour, yeast, wheat bran, rolled wheat, rye meal, crushed wheat, wheat germ, high fructose corn syrup, wheat gluten, soybean oil, brown sugar, contains 2% or less of the following: salt, molasses, yeast food (calcium sulfate, ammonium chloride), corn starch, caramel color, dough conditioners (monoglycerides, sodium stearoyl lactylate, calcium peroxide), calcium propionate (preservative).

Nutrition facts:

Serving size: 1 bun

Wt.per serving: approx. 1.9 oz. approx. 54 gram bun

Servings per container: 12 buns

Nutrient	Values	Unit	%DailyValue
Calories	150	kcal	
Calories From Fat	25	kcal	
Total Fat	2.5	g	4%
Saturated Fat	0	g	0%
Trans Fat	0	g	0%
Polyunsaturated Fat	1.5	g	
Monounsaturated Fat	0.5	g	
Cholesterol	0	mg	0%
Sodium	260	mg	11%
Potassium	70	mg	2%
Total Carbohydrate	25	g	8%
Dietary Fiber	3	g	10%
Sugars	3	g	
Protein	5	g	
Vitamin A			0%
Vitamin C			0%
Calcium			6%
Iron			8%

Product # 1864

Product Description: Hard Crust Yellow Kaiser
Label Description: Nickles Deli Style Hard Crust Kaiser Rolls

Label Wt.: 15 oz. (425g)

Specifications: Crust Color: dark, golden brown /Crumb Color: v. pale yellow
Bun Wt: 2.7 oz.
Slice Height: 5/8 " Diameter: 4" +/- 1/2"

Shelf-life: 7 days

Kosher Symbol: Parveve

ALLERGENS: **wheat, soy**

Ingredients:

wheat flour, water, yeast, contains 2% or less of the following: dextrose, wheat, gluten, partially hydrogenated soybean, cottonseed, and/or canola oil, salt, sugar, DATEM, calcium propionate (mold inhibitor), soy flour, yellow corn flour, mono- & diglycerides, sodium stearoyl lactylate, calcium sulfate, spice and coloring, potassium iodate, soy lecithin, natural and artificial flavors.

Nutrition facts:

Serving size: 1 bun

Wt.per serving: 2.7 oz. 76 gram bun

Nutrient	Values	Unit	%DailyValue
Calories	220	kcal	
Calories From Fat	25	kcal	
Total Fat	3	g	5%
Saturated Fat	1	g	4%
Trans Fat	0		
Polyunsaturated Fat	1	g	
Monounsaturated Fat	0.5	g	
Cholesterol	0	mg	0%
Sodium	500	mg	21%
Total Carbohydrate	42	g	14%
Dietary Fiber	1	g	6%
Sugars	3	g	
Protein	8	g	
Vitamin A			0%
Vitamin C			0%
Calcium			6%
Iron			4%
Thiamin			8%
Riboflavin			4%
Niacin			4%
Folate			6%

Product # 1879

Label description: Nickles Deli Style 12 Kaiser Buns

Label Wt.: 1 lb. 6 oz. (22oz.) 624g

Product Description: Special Kaiser Bun (seeded)

Bun Wt: approx. 1.9 oz.

Topping: sesame seeds

Slice Height: 5/8" + or - 1/8"

Allergens: **wheat, soy**

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, contains 2% or less of the following: soybean oil, salt, wheat gluten, dough conditioners (sodium stearoyl lactylate, monoglycerides, calcium peroxide), calcium propionate (preservative), spice and coloring, yeast nutrients (calcium sulfate, ammonium chloride), sesame seeds.

Nutrition facts:

Serving size: 1 bun

Wt.per serving:approx.1.9 oz. approx. 54 gram bun

Servings per container: 12

Nutrient	Values	Unit	%DailyValue
Calories	160	Kcal	
Calories From Fat	15	kcal	
Total Fat	2	g	3%
Saturated Fat	0	g	
<i>Trans</i> Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	0.5	g	
Cholesterol	0	mg	0%
Sodium	290	mg	12%
Total Carbohydrate	32	g	10%
Dietary Fiber	less than 1	g	3%
Sugars	5	g	
Protein	4	g	
Vitamin A			0%
Vitamin C			0%
Calcium			4%
Iron			8%
Thiamin			15%
Riboflavin			10%
Niacin			8%
Folate			10%

Product # 1898

Product Description: Plain Special Kaiser Bun
Bun Wt: 1.9 oz.

Slice Height: 5/8"
wheat, soy

Allergens:

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thiamine mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, contains 2% or less of the following: soybean oil, salt, wheat gluten, dough conditioners (sodium stearoyl lactylate, monoglycerides, calcium peroxide), calcium propionate (preservative), spice and coloring, yeast nutrients (calcium sulfate, ammonium chloride).

Nutrition facts:

Serving size: 1 bun

Wt.per serving: 1.9 oz. 54 gram bun

Servings per container: 12

Nutrient	Values	Unit	%DailyValue
Calories	160	Kcal	
Calories From Fat	15	kcal	
Total Fat	2	g	3%
Saturated Fat	0	g	0%
<i>Trans</i> Fat	0	g	
Polyunsaturated Fat	0.5	g	
Monounsaturated Fat	0.5	g	
Cholesterol	0	mg	0%
Sodium	290	mg	12%
Total Carbohydrate	32	g	10%
Dietary Fiber	less than 1	g	3%
Sugars	5	g	
Protein	4	g	
Vitamin A			0%
Vitamin C			0%
Calcium			4%
Iron			8%
Thiamin			15%
Riboflavin			10%
Niacin			8%
Folate			10%

aib

Product # 1904

Product Description: Deep Kaiser, Plain
Label Description: Nickles 12 White Kaiser Buns
Label Wt: 1 lb. 9 oz. (25 oz.) 709 g
Specification: Bun Wt: approx. 2.3 oz.
Slice Height: 5/8"
12 buns/pkg.
Shelf life: 4 days
Code: FRESH THRU 3L BM FEB 16
Kosher: Pareve
Allergens: **wheat**

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, soybean oil, contains 2% or less of the following: salt, wheat gluten, yeast nutrients (calcium sulfate, ammonium chloride), corn starch, dough conditioners (sodium stearoyl lactylate, monoglycerides, calcium peroxide), calcium propionate (preservative).

Nutrition facts:

Serving size: 1 bun

Wt.per serving: approx. 2.3 oz. approx. 65 gram bun (+ or - 7.5 grams)

Servings per container: 12 buns

Nutrient	Values	Unit	%DailyValue
Calories	150	Kcal	
Calories From Fat	20	kcal	
Total Fat	2	g	3%
Saturated Fat	0	g	0%
<i>Trans</i> Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0
Sodium	300	mg	13%
Potassium	50	mg	1%
Total Carbohydrate	29	g	10%
Dietary Fiber	1	g	4%
Sugars	4	g	
Protein	5	g	
Vitamin A			0%
Vitamin C			0%
Calcium			4%
Iron			8%
Thiamin			25%
Riboflavin			10%
Niacin			15%
Folate			15%

Product # 1906

Product Description: Cornmeal Kaiser 12
Label Description: Nickles 12 White Kaiser Buns
Label Wt: 1 lb. 9 oz. (25 oz.) 709 g
Specification: Bun Wt: approx. 2.08 oz.
Slice Height: 5/8" + or - 1/8"
12 buns/pkg.
Shelf life: 4 days
Code: FRESH THRU 3L BM FEB 16
Kosher: Pareve
Allergens: **wheat, soy**

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, soybean oil, contains 2% or less of the following: salt, wheat gluten, yeast nutrients (calcium sulfate, ammonium chloride), corn starch, dough conditioners (sodium stearoyl lactylate, monoglycerides, calcium peroxide), calcium propionate (preservative), diammonium phosphate, tricalcium phosphate, cornmeal.

Nutrition facts:

Serving size: 1 bun

Wt.per serving: approx. 2.0 oz. approx. 60 gram bun

Servings per container: 12 buns

Nutrient	Values	Unit	%DailyValue
Calories	150	Kcal	
Calories From Fat	20	kcal	
Total Fat	2	g	3%
Saturated Fat	0	g	0%
<i>Trans</i> Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0
Sodium	300	mg	13%
Potassium	50	mg	1%
Total Carbohydrate	29	g	10%
Dietary Fiber	1	g	4%
Sugars	4	g	
Protein	5	g	
Vitamin A			0%
Vitamin C			0%
Calcium			4%
Iron			8%
Thiamin			25%
Riboflavin			10%
Niacin			15%
Folate			15%

aib

Product # 1921, 1907 or 1908

Product Description: 13" Sub
Bun Wt: approx. 5.8 oz.

Slice Height: 5/8"+ or - 1/8"

Slice: hinged

Allergens **wheat**

Ingredients:

wheat flour, water, yeast, wheat gluten, contains 2% or less of the following: salt, dextrose, high fructose corn syrup, vinegar, barley malt, partially hydrogenated soybean, cottonseed, and/or canola oil, salt, corn flour, dough conditioners (sodium stearoyl lactylate, calcium steroyl lactylate, calcium peroxide, DATEM), carrageenan, carboxymethylcellulose, fumaric acid, acetic acid, yeast nutrients (calcium sulfate, monocalcium phosphate), calcium propionate (preservative), corn meal.

Nutrition facts:

Serving size: 1 bun

Wt.per serving: approx. 5.8 oz. 163 gram bun

Servings per container: 4

Nutrient	Values	Unit	%DailyValue
Calories	410	Kcal	
Calories From Fat	30	kcal	
Total Fat	3	g	4%
Saturated Fat	1	g	4%
Trans Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	0.5	g	
Cholesterol	0	mg	0%
Sodium	740	mg	30%
Total Carbohydrate	80	g	25%
Dietary Fiber	2	g	8%
Sugars	4	g	
Protein	15	g	
Vitamin A			0%
Vitamin C			0%
Calcium			10%
Iron			8%
Thiamin			15%
Riboflavin			10%
Niacin			8%
Folate			15%

2008

Product # 1929

Product Description:

5" Wiener Bun

Label Description:

Nickles 12 - 5" Wiener Buns

Label Wt:

16 oz 453 grams

Specification:

Hot Dog Bun with a white crumb and golden brown crust color

Bun Wt: approx 38 grams or 1.33 oz.

length: 5" + or - 1/4"

Slice Height: 5/8" + or - 1/4"

Slice: hinge approx. 1" deep +/- 1/4"

Shelf-life:

7 days

Code:

Plant/Bagger/Shift Suprv Int. Fresh Thru Date

Example:N3B=Plant/Shift/Bagger DH Fresh Thru FEB 17

Packaging

polyethylene bag with color coded, plastic clips

Kosher Symbol

PAREVE

Kosher Certification

Quality Kosher Supervision

Emergency Contact

1.800.362.9775

Allergens

wheat

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, soybean oil, wheat gluten, contains 2% or less of the following: salt, mono diglycerides, calcium propionate (preservative), DATEM, calcium sulfate, diammonium phosphate, calcium peroxide, tricalcium phosphate, ascorbic acid, azodicarbonamide.

Nutrition facts:

Serving size: 1 bun

Wt.per serving: approx. 1.3 oz.

38 gram bun

Nutrient	Values	Unit	%DailyValue
Calories	100	Kcal	
Calories From Fat	15	kcal	
Total Fat	1.5	g	2%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	180	mg	8%
Potassium	30		1%
Total Carbohydrate	18	g	6%
Dietary Fiber	1	g	4%
Sugars	3	g	
Protein	3	g	
Vitamin A			0%
Vitamin C			0%
Calcium			2%
Iron			6%
Thiamin			15%

Product # 1930
 Product Description: Italian Split Bun
 Label Description Nickles Deli Style 8 Italian Split Top Buns
 Label Wt. 21 oz. 595 g
 Specifications width @ slice: 3 1/4 + or - 1/4"
 length: 5" + 1/2"
 baked wt: **approx.** 2.7 oz/bun.
 appearance: v.light crust color with split, white crumb
 Kosher Symbol PAREVE
 Emergency Contact 1.800.362.9775
 Shelf Life 11 days
 Code Example: 2NB Fresh Thru 22-Apr
 Code: Shift/ Plant /Bagger # 11 day code
 Allergens **wheat, soy**
 Nutritional Claims none

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimin mononitrate, riboflavin, folic acid), water, yeast, high fructose corn syrup, contains 2% or less of the following: wheat gluten, soybean oil, salt, yeast nutrients (ammonium chloride, calcium sulfate), corn starch, dough conditioners mono & diglycerides, calcium peroxide), calcium propionate (preservative), diammonium phoshate, tricalcium phosphate.

Nutrition facts:

Serving Size: 1 roll Wt. per serving: approx. 2.7 oz. 75 grams
 Servings per container: 8

Nutrient	Values	Unit	%DailyValue
Calories	180	Kcal	
Calories From Fat	20	kcal	
Total Fat	2	g	3%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0
Sodium	410	mg	17%
Potassium	60	mg	2%
Total Carbohydrate	33	g	11%
Dietary Fiber	1	g	4%
Sugars	2	g	
Protein	7	g	
Vitamin A			0%
Vitamin C			0%
Calcium			6%
Iron			10%
Thiamin			30%
Riboflavin			15%
Niacin			20%
Folate			20%

Product # 1934

Product Description: Hot Dog Bun
Bun Wt: 1.95 oz. (+ 0.25 oz.)
Slice Height: 5/8" +/- 1/4"

Packaging: polyethylene bag with
color-coded, plastic clip

Allergens: wheat

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thiamine hydrochloride, riboflavin, folic acid), water, high fructose corn syrup, yeast, soybean oil, contains 2% or less of the following: salt, wheat gluten, corn starch, dough conditioners (sodium stearoyl lactylate, monoglycerides, calcium peroxide), yeast nutrients (calcium sulfate, ammonium chloride), calcium propionate(preservative).

Nutrition facts:

Serving size: 1 bun

Wt.per serving: 1.95 oz. 56 gram bun

Nutrient	Values	Unit	%DailyValue
Calories	150	kcal	
Calories From Fat	15	kcal	
Total Fat	1.5	g	2%
Saturated Fat	0	g	0
Trans Fat	0	g	0
Polyunsaturated Fat	0.5	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0
Sodium	260	mg	11%
Total Carbohydrate	30	g	10%
Dietary Fiber	less than 1	g	3%
Sugars	3	g	
Protein	5	g	
Vitamin A			0
Vitamin C			0
Calcium			4%
Iron			8%
Thiamin			25%
Riboflavin			10%
Niacin			15%
Folate			15%

Product # 1943

Product Description: 4 1/2" Corn Meal Yellow Kaiser
Specification: golden brown crust color, kaiser cut top with cornmeal/ yellow crumb color
Bun Wt: approx. 2.7 oz.
Diameter: 4 1/2" + or - 1/4"
Slice Height: 5/8"
Slice: slab slice through entire bun
Packaging polyethylene bag with color coded, plastic clips
Kosher Symbol PAREVE
Kosher Certification Quality Kosher Supervision
Emergency Contact 1.800.362.9775
Allergens **wheat, soy**

Ingredients:
wheat flour, water, yeast, corn sugar, contains 2% or less of the following:
partially hydrogenated soybean and/or cottonseed and/or canola oils, salt,
sugar, dough conditioners (sodium stearoyl latylate, DATEM, mono & di-
glycerides, ethoxylated mono & diglycerides, calcium sulfate, tricalcium
phosphate), corn flour, spice & coloring, soy flour, wheat gluten, calcium
propionate (preservative), vinegar, nondiastatic malt, corn meal.

Nutrition facts:

Serving size: 1 roll

Wt.per serving: approx. 2.7 oz. 77 gram bun

servings per container: 12

Nutrient	Values	Unit	%DailyValue
Calories	190	Kcal	
Calories From Fat	20	kcal	
Total Fat	2.5	g	4%
Saturated Fat	0.5	g	3%
Trans Fat	0	g	0%
Polyunsaturated Fat	1	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	5
Sodium	450	mg	18%
Total Carbohydrate	35	g	12%
Dietary Fiber	1	g	5%
Sugars	2	g	
Protein	7	g	
Vitamin A			0%
Vitamin C			0%
Calcium			4%
Iron			4%
Thiamin			15%
Riboflavin			4%
Niacin			8%
Folate			0%

Product # 1949

Product Description: Sausage Bun/Yellow Seeded

Specification: yellow crumb, hot dog bun, sesame seeds topping

Bun Wt: approx. 2.0 oz.

Length: 6" + or - 1/4"

Slice Height: 5/8"

Slice: hinge

Code/Shelf-life Example: Fresh Thru

Code: Plant/Bagger/Shift day code

Packaging polyethylene film

Kosher Symbol PAREVE

Kosher Certification Quality Kosher Supervision

Emergency Contact 1.800.776.6428

Allergens wheat

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, soybean oil, contains 2% or less of the following: yeast, salt, wheat gluten, dough conditioners (sodium stearoyl lactylate, monoglycerides, calcium peroxide), calcium propionate (preservative), coloring & spice, yeast nutrients (ammonium chloride,calcium sulfate), corn starch, diammonium phosphate, tricalcium phosphate, sesame seeds.

Nutrition facts:

Serving size: 1 roll

Wt.per serving: approx. 2.0 oz. 59 gram bun

servings per container: 12

Nutrient	Values	Unit	%DailyValue
Calories	160	Kcal	
Calories From Fat	15	kcal	
Total Fat	1.5	g	2%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	1	g	
Cholesterol	0	mg	0
Sodium	280	mg	12%
Potassium	30	mg	1%
Total Carbohydrate	32	g	10%
Dietary Fiber	1	g	3%
Sugars	6	g	
Protein	4	g	
Vitamin A			0%
Vitamin C			0%
Calcium			4%
Iron			8%
Thiamin			12%
Riboflavin			10%
Niacin			8%
Folate			10%

Product #1964

Product Description:

Honey Dinner Roll

Label Description

Nickles 16 Split Top Honey Dinner Rolls

Label Wt.

1 lb. 2 oz. (18 oz.) 510 g

Specifications

length: 3 1/4" + or - 1/4"

width: 2 1/2" + or - 1/2"

Crumb color: pale yellow

topping: none, split on top

Bun Wt: approx. 1.2 oz.

Slice Height: none

Shelf-life

sales day plus seven days

Code

shift/Plant/supervisor's int. seven day code Example:1L AH Dec 06

Packaging

polyethylene bag with color coded, plastic clips

Kosher Symbol

PAREVE

Kosher Certification

Quality Kosher Supervision

Emergency Contact

1.800.362.9775

Allergens

wheat, soy

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimin mononitrate, riboflavin, folic acid), water, honey, high fructose corn syrup, potato flour, soybean oil, yeast, wheat gluten, salt, contains 2% or less of the following: yeast nutrients (calcium sulfate, ammonium chloride), dough conditioners (mono-and diglycerides, sodium stearoyl lactylate, calcium peroxide), calcium propionate(preservative), turmeric, paprika.

Nutrition facts:

Serving size: 1 bun

SERVINGS PER CONTAINER:16

32 gram bun

Nutrient	Values	Unit	%DailyValue
Calories	90	Kcal	
Calories From Fat	10	kcal	
Total Fat	1	g	2%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0.5	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0
Sodium	155	mg	7%
Total Carbohydrate	18	g	6%
Dietary Fiber	less than 1	g	2%
Sugars	3	g	
Protein	3	g	
Vitamin A			0
Vitamin C			0
Calcium			4%
Iron			4%
Thiamin			8%
Riboflavin			4%
Niacin			6%
Folate			6%

Product # 1965

Product Description: 4" Wheat Bun (Whole Grain)

Label Description: Nickles 8 Wheat Sandwich Buns

Label Wt: (15 oz.) 424 g

Specification: Bun Wt: approx.1.9 oz. approx. 53 grams

Slice Height: 5/8" +/- 1/4"

wheat bun with grain topping

Code: Plant/Bagger/Shift Suprv Int. Prod Date Fresh Thru Date

Example:N3A=Plant/Shift/Bagger DH=Suprv Int. 235 Julian Prod Date Fresh Thru SEP 5

Nutrition Claim: made with whole grains

3 grams of fiber per serving

16 grams of wholes grains per serving

Kosher Symbol: Pareve

Allergens: **wheat**

Ingredients:

stoneground 100% whole wheat flour, water, wheat flour, high fructose corn syrup, wheat gluten, yeast, soybean oil, contains 2% or less of the following: salt, dough conditioners (sodium stearoyl lactylate, mono & diglycerides, calcium peroxide, ascorbic acid, azodicarbonimide), yeast nutrients (calcium sulfate, ammonium chloride), calcium propionate (preservative), corn starch, tricalcium phosphate, diammonium phosphate.

Nutrition facts:

Serving size: 1 bun

Wt.per serving: approx. 2.0 oz. approx. 53 gram bun

Servings per container: 8 buns

Nutrient	Values	Unit	%DailyValue
Calories	130	Kcal	
Calories From Fat	20	kcal	
Total Fat	2	g	3%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	240	mg	10%
Potassium	100	mg	3%
Total Carbohydrate	24	g	8%
Dietary Fiber	3	g	12%
Sugars	4	g	
Protein	6	g	
Vitamin A			0%
Vitamin C			0%
Calcium			6%

Product #1966

Product Description:

8 Grain Dinner Roll

Label Description

Nickles 16 Split Top 8 Grain Dinner Rolls

Label Wt.

1 lb. 2 oz. (18 oz.) 510 g

Specifications

length: 3 1/4" + or - 1/4"

width: 2 1/2" + or - 1/2"

Crumb color: light tan with grains

topping: grain topped with split on top

Bun Wt: approx. 1.2 oz.

Slice Height: none

Shelf-life

sales day plus seven days

Code

shift/Plant/supervisor's int. seven day code Example:1L AH Dec 06

Packaging

polyethylene bag with color coded, plastic clips

Emergency Contact

1.800.362.9775

Allergens

wheat, soy

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, wheat bran, stone ground 100% whole wheat flour, yeast, wheat gluten, contains 2% or less of the following: honey, rye meal, oat bran, molasses, barley grits, soybean oil, steel cut wheat, oat flakes, barley flakes triticale flakes, soft white wheat flakes rye flakes, amaranth, flaxseed, toasted wheat germ, degermed yellow corn meal, salt, yeast nutrients (calcium sulfate, monocalcium phosphate, ammonium chloride), corn starch, dough conditioners (monoglycerides,sodium stearyl lactylate, calcium peroxide), calcium propionate (preservative), caramel color.

Nutrition facts:

Serving size: 1 bun

SERVINGS PER CONTAINER:16

32 gram bun

Nutrient	Values	Unit	%DailyValue
Calories	80	Kcal	
Calories From Fat	10	kcal	
Total Fat	1	g	2%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0
Sodium	150	mg	6%
Total Carbohydrate	15	g	5%
Dietary Fiber	1	g	4%
Sugars	2	g	
Protein	3	g	
Vitamin A			0
Vitamin C			0
Calcium			4%
Iron			6%
Thiamin			10%
Riboflavin			6%
Niacin			8%
Folate			8%

thelongco. 2-2009

Product #1975

Product Description: **Nickles** Wheat Dinner Roll made with whole grains

Crumb color: light brown
Topping: grain topped with *split on top*
16 pack

Product Specification: Characteristic Approx.Target
Roll weight: 1.2 oz. + or - 0.20 oz.
Net weight: 18 oz.
Length: 3 1/4" + or - 1/4"
width: 2 1/2" + or - 1/2"
Slice: none

Kosher Symbol: PAREVE
Kosher Certification: Quality Kosher Supervision
Packaging: polyethylene bag with color coded, plastic clips
Emergency Contact: 1.800.362.9775

Health Claim: **Contains 11 grams of whole grain per serving (1 roll)**
Made with 56% whole grain flour based on total flour
Made with 35% whole grain flour based on total wt.
wheat

Allergens

Ingredients:

Stone ground whole wheat flour, water, enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimin mononitrate, riboflavin, folic acid), high fructose corn syrup, yeast, wheat gluten, contains 2% or less of the following: soybean oil, salt, calcium propionate (preservative), dough conditioners (sodium stearoyl lactylate, calcium peroxide), yeast nutrient (calcium sulfate), caramel color, diammonium phosphate, tricalcium phosphate.

Nutrition facts:

Serving size: 1 bun

SERVINGS PER CONTAINER:16 32 gram bun

Nutrient	Values	Unit	%DailyValue
Calories	80	Kcal	
Calories From Fat	5	kcal	
Total Fat	1	g	2%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0
Sodium	140	mg	6%
Potassium	55	mg	2%
Total Carbohydrate	15	g	5%
Dietary Fiber	2	g	8%
Sugars	1	g	
Protein	3	g	
Vitamin A			0
Vitamin C			0
Calcium			2%
Iron			4%
Thiamin			10%
Riboflavin			4%
Niacin			8%
Folate			4%

Product # 1980

Product Description: Whole Grain Steak Bun

Label Description: **plain bag with Julian Production Date**

Bun Wt: approx. 2.3 oz.

Slice Height: 5/8"

Slice: hinge

Nutritional Claims: **22 grams of whole grains per serving**
33% whole grains based on total wt.
51% whole grains based on total flour wt.

Allergens: **wheat**

Ingredients:

100% Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Wheat Bran, Rolled Wheat, Rye Meal, Crushed Wheat, High Fructose Corn Syrup, Wheat Gluten, Yeast, Contains 2% or less of the following: Soybean Oil, Salt, Wheat Germ, Calcium Propionate (Preservative), Yeast Nutrients (Calcium Sulfate, Ammonium Chloride), Dough Conditioners (Monoglycerides, Sodium Stearoyl Lactylate, Calcium Peroxide), Corn Starch, Diammonium Phosphate, Tricalcium Phosphate.

Nutrition facts:

Serving size: 1 bun

Wt.per serving:approx. 2.3 oz.

67 gram bun

Servings per container: 12 buns

Nutrient	Values	Unit	%DailyValue
Calories	170	Kcal	
Calories From Fat	20	kcal	
Total Fat	2	g	3%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	330	mg	14%
Potassium	135	mg	4%
Total Carbohydrate	32	g	11%
Dietary Fiber	4	g	16%
Sugars	5	g	
Protein	8	g	
Vitamin A			0%
Vitamin C			0%
Calcium			10%
Iron			10%
Thiamin			20%
Riboflavin			10%

Product # 1997

Product Description: Soft Dinner Rolls
Label Description: clear bag with code
Label Wt.: none
Specifications: diameter: 3" + or - 1/4"/round
slice: none
crumb color: light yellow
12 rolls/bag
Shelf life: 4 days
code example: N2B Fresh Thru Feb 13
Kosher: no symbol/ made produced on a Pareve line
Emergency Contact: 1.800.362.9775
Allergens: **wheat**
Nutritional Claims: none

Ingredients:

Enriched wheat flour (wheat flour, barley malt, niacin, iron, thaimin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, soybean oil, contains 2% or less of the following: yeast, wheat gluten, salt, corn flour, yeast nutrients (calcium sulfate, ammonium chloride), corn starch, calcium propionate (preservative), dough conditioners (calcium sulfate, sodium stearoyl lactylate, calcium peroxide), spice and coloring.

Nutrition facts:

Serving size: 1 roll Wt.per serving: approx. 1.2 oz. (33 grams)

Servings per container: 1 roll

Nutrient	Values	Unit	%DailyValue
Calories	100	Kcal	
Calories From Fat	10	kcal	
Total Fat	1	g	1%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	0	mg	0%
Sodium	180	mg	7%
Total Carbohydrate	19	g	6%
Dietary Fiber	0	g	0%
Sugars	3	g	
Protein	3	g	
Vitamin A			0%
Vitamin C			0%
Calcium			2%
Iron			6%
Thiamin			15%
Riboflavin			6%
Niacin			8%
Folate			10%

Product # 2006

Product Description: Cinnamon Bread

Label Description Nickles Country Style Cinnamon Twirl Bread

Slice Thickness: approx. 9/16"

code: 11 days

sample code: Fresh Thru July 7

Allergens: **wheat, milk, eggs, soy**

Ingredients:

enriched wheat flour (wheat flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid,) sugar, nonfat milk, partially hydrogenated soybean and/or cottonseed oils, eggs, yeast, invert sugar, cinnamon, contains 2% or less of the following: water, dough conditioners (mono and diglycerides, sodium stearoyl lactylate, soy lecithin, calcium peroxide), salt, whey, sodium benzoate (preservative), wheat gluten, corn flour, spice and coloring, natural and artificial flavors, yeast nutrients (calcium sulfate, ammonium chloride), corn starch.

Nutrition facts:

Serving size: 1 slice

Wt. per serving: approx. .095-1.25 oz. approx. 30 gram slice

Servings per container: approx. 14 slice

Nutrient	Values	Unit	%DailyValue
Calories	100	Kcal	
Calories From Fat	30	kcal	
Total Fat	3.5	g	5%
Saturated Fat	0.5	g	3%
Trans Fat	1	g	
Polyunsaturated Fat	0	mg	
Monounsaturated Fat	1.5	mg	
Cholesterol	5	mg	2%
Sodium	120	mg	5%
Potassium	15	mg	0%
Total Carbohydrate	17	g	6%
Dietary Fiber	0	g	0%
Sugars	6	g	
Protein	2	g	
Vitamin A			0%
Vitamin C			0%
Calcium			2%
Iron			4%
Thiamin			4%
Riboflavin			2%
Niacin			4%
Folate			0%

long 2006

Product # 2009

Product Description: Maple Twist Rolls
Label Wt. 16 oz.

Allergens: **wheat, soy, eggs, milk**

Ingredients:

Wheat Flour, Sugar, Water, Whole Eggs, Partially Hydrogenated Soybean & Cottonseed Oils, Yeast, Contains less than 2% of each of the following: Invert Sugar, Vital Wheat Gluten, Salt, Corn Starch, Cinnamon, High Fructose Corn Syrup, Nonfat Milk, Mono- & Diglycerides, Dextrose, Calcium Sulfate, Artificial & Natural Flavors, Calcium Carbonate, Ethoxylated Monoglycerides, Sodium Stearoyl Lactylate, Corn Flour, Enzyme, Spice & Coloring Potassium Sorbate & Propionic Acid (Preservatives), Caramel Color, Ammonium Chloride, Agar, Locust Bean Gum, Soy Lecithin, Azodicarbonamide, Phosphoric Acid.

Nutrition facts:

Serving size: 1 sweet roll
wt./serving

77 grams/2.7 oz.

Servings per container: 6

Nutrient	Values	Unit	%DailyValue
Calories	250	Kcal	
Calories From Fat	50	kcal	
Total Fat	6	g	9%
Saturated Fat	1.5	g	8%
Trans Fat	1	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	2	g	
Cholesterol	20	mg	6%
Sodium	270	mg	11%
Potassium	0	mg	0%
Total Carbohydrate	46	g	15%
Dietary Fiber	Less than 1	g	4%
Sugars	23	g	
Protein	5	g	
Vitamin A			0%
Vitamin C			0%
Calcium			25%
Iron			2%
Thiamin			6%
Riboflavin			6%
Niacin			2%
Folate			6%

Product # 2016

Product Description: Cinnamon Sweet Rolls

Label Wt. 16 oz.

Allergens: **wheat, soy, eggs, & milk**

Ingredients:

Wheat Flour, Sugar, Nonfat Milk, Palm and/or Canola and/or Soybean and/or Hydrogenated Palm Oil, Water, Yeast, Eggs, Invert Sugar, Brown Sugar, Contains 2% or less of the following: Molasses, Emulsifiers (Mono & Diglycerides, Sodium Stearoyl Lactylate, Polysorbate 60), Corn Sugar, Calcium Sulfate, Calcium Carbonate, Agar Agar, Salt, Corn Starch, Locust Bean Gum, Titanium Dioxide, Cocoa (Processed with Alkali), Wheat Gluten, Cinnamon, Ammonium Sulfate, Corn Flour, Turmeric, Paprika, Natural and Artificial Flavors, Caramel Color, Egg Whites, Calcium Peroxide, Azodicarbonamide, Ascorbic Acid, Soy Lecithin.

Nutrition facts:

Serving size: 1 sweet roll

wt./serving: 57 grams

Servings per container: 8

Nutrient	Values	Unit	%DailyValue
Calories	190	Kcal	
Calories From Fat	45	kcal	
Total Fat	5	g	8%
Saturated Fat	2.5	g	13%
Trans Fat	0	g	
Polyunsaturated Fat	0.5	g	
Monounsaturated Fat	1.5	g	
Cholesterol	10	mg	3%
Sodium	150	mg	6%
Potassium	35	mg	1%
Total Carbohydrate	32	g	11%
Dietary Fiber	0	g	0%
Sugars	17	g	
Protein	4	g	
Vitamin A			0%
Vitamin C			0%
Calcium			15%
Iron			4%
Vitamin D			0%
Thiamin			8%
Riboflavin			4%
Niacin			4%
Folate			0%

mjb/product finished spec/the long co/March 2011

Product # 2036

Product Description: Cherry Fruit Rolls

Label Wt. 16 oz.

Allergens: **wheat, soy, eggs, & milk**

Ingredients:

Wheat Flour, Sugar, Cherries, Water, Eggs, Palm Oil, Yeast, Corn Syrup, Invert Sugar, Contains 2% or less of the following: Corn Sugar, Calcium Sulfate, Calcium Carbonate, Agar Agar, Salt, Locust Bean Gum, Titanium Dioxide, Wheat Gluten, Corn Starch, Mono & Diglycerides, Polysorbate 60, Modified Cornstarch, Ammonium Sulfate, Corn Flour, Turmeric, Paprika, Sodium Stearoyl Lactylate, Carboxymethylcellulose, Potassium Sorbate (Perservative), Citric Acid, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide, Soy Lecithin.

Nutrition facts:

Serving size: 1 sweet roll

wt./serving: 57 grams

Servings per container: 8

Nutrient	Values	Unit	%DailyValue
Calories	170	Kcal	
Calories From Fat	35	kcal	
Total Fat	4	g	6%
Saturated Fat	2	g	10%
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	1.5	g	
Cholesterol	10	mg	3%
Sodium	130	mg	5%
Potassium	25	mg	1%
Total Carbohydrate	32	g	11%
Dietary Fiber	0	g	0%
Sugars	15	g	
Protein	3	g	
Vitamin A			0%
Vitamin C			0%
Calcium			10%
Iron			4%
Vitamin D			0%
Thiamin			8%
Riboflavin			4%
Niacin			4%
Folate			0%

mjb/product finished spec/the long co/March 2011

Product # 2038

Product Description: Apple Fruit Rolls

Label Wt. 16 oz.

Allergens: **wheat, soy, eggs, & milk**

Ingredients:

Wheat Flour, Sugar, Apples, Water, Palm Oil, Yeast, Eggs, Corn Syrup, Invert Sugar, Contains 2% or less of the following: Corn Sugar, Calcium Carbonate, Agar Agar, Salt, Locust Bean Gum, Titanium Dioxide, Wheat Gluten, Modified Starch, Mono & Diglycerides, Polysorbate 60, Cinnamon, Calcium Sulfate, Ammonium Sulfate, Corn Starch, Corn Flour, Turmeric, Paprika, Natural and Artificial Flavors, Lemon Puree Sodium Stearoyl Lactylate, Carboxymethylcellulose, Soybean Oil, Potassium Sorbate (Preservative), Citric Acid, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide, Soy Lecithin.

Nutrition facts:

Serving size: 1 sweet roll

wt./serving: 57 grams

Servings per container: 8

Nutrient	Values	Unit	%DailyValue
Calories	170	Kcal	
Calories From Fat	35	kcal	
Total Fat	4	g	6%
Saturated Fat	2	g	10%
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	1.5	g	
Cholesterol	10	mg	3%
Sodium	130	mg	5%
Potassium	25	mg	1%
Total Carbohydrate	32	g	11%
Dietary Fiber	0	g	0%
Sugars	15	g	
Protein	3	g	
Vitamin A			0%
Vitamin C			0%
Calcium			10%
Iron			4%
Vitamin D			0%
Thiamin			8%
Riboflavin			4%
Niacin			4%
Folate			0%

mjb/product finished spec/the long co/March 2011

Product # 2503

Product Description: Banana Flip
Label Wt. 2.5 oz.

Allergens: **wheat, soy, eggs, milk**

Ingredients:

Sugar, Flour, Eggs, Partially Hydrogenated Soybean Oil, Corn Syrup, Water, Whey, Bananas, Contains 2% or less of the following: Leavening Agents (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate, Calcium Sulfate), Salt, Nonfat Milk, Sodium Casenate, Natural and Artificial Flavors, Xanthan Gum, Calcium Phosphate, Dough Conditioners (Soy Lecithin), Artificial Color (Includes Yellow #5).

Nutrition facts:

Serving size: 1 cake

wt./serving

92 grams

Servings per container: 1

Nutrient	Values	Unit	%DailyValue
Calories	350	Kcal	
Calories From Fat	120	kcal	
Total Fat	13	g	20%
Saturated Fat	3	g	15%
Trans Fat	0.5	g	
Polyunsaturated Fat	2	g	
Monounsaturated Fat	8	g	
Cholesterol	50	mg	16%
Sodium	350	mg	15%
Potassium	0	mg	0%
Total Carbohydrate	55	g	18%
Dietary Fiber	0	g	0%
Sugars	39	g	
Protein	3	g	
Vitamin A			10%
Vitamin C			0%
Calcium			2%
Iron			2%
Thiamin			2%
Riboflavin			4%
Niacin			0%

Product # 2514

Product Description: Nickles Dessert Cups
Label Wt. 4 oz.

Allergens: **wheat, soy, eggs, milk**

Ingredients:

Flour, Sugar, Water, Eggs, Contains 2% or less of the following: Nonfat Milk, Leavening Agents (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate, Calcium Sulfate), Salt, Potassium Sorbate (preservative), Sodium Casenate, Xanthan Gum, Calcium Phosphate, Dough Conditioners (Monoglycerides, Polysorbate 60), Artificial Flavors, Sorbitan, Monostearate, Artificial Color (Includes Yellow #5).

Nutrition facts:

Serving size: 1 cake

wt./serving 29 grams

Servings per container: 4

Nutrient	Values	Unit	%DailyValue
Calories	80	Kcal	
Calories From Fat	0	kcal	
Total Fat	0.5	g	1%
Saturated Fat	0.5	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	0	g	
Cholesterol	12	mg	4%
Sodium	150	mg	6%
Total Carbohydrate	19	g	6%
Dietary Fiber	0	g	0%
Sugars	10	g	
Protein	2	g	
Vitamin A			4%
Vitamin C			0%
Calcium			2%
Iron			0%
Thiamin			15%
Riboflavin			2%
Niacin			0%

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Product # 2527

Product Description: Angel Food Cake
Label Wt. 13 oz.

Nutritional Claims: No Trans Fat, No Fat, No Cholesterol

Allergens: **wheat, soy, eggs**

Ingredients:

sugar, egg whites, water, flour, wheat starch, bleached wheat flour, enriched unbleached wheat flour (wheat flour, barley malt, niacin, iron, thiamin hydrochloride, riboflavin, folic acid), modified corn starch, contains 2% or less of the following: leavening (baking soda, sodium acid pyrophosphate, sodium aluminum phosphate), salt, malic acid, corn starch, fumaric acid, potassium sorbate and sodium propionate (preservatives), artificial flavors.

Nutrition facts:

Serving size: 1/6 cake

wt./serving

62 grams

Servings per container: about 6

Nutrient	Values	Unit	%DailyValue
Calories	180	Kcal	
Calories From Fat	0	kcal	
Total Fat	0	g	0%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0	g	0
Monounsaturated Fat	0	g	0
Cholesterol	0	mg	0
Sodium	270	mg	10%
Total Carbohydrate	39	g	13%
Dietary Fiber	0	g	0%
Sugars	27	g	
Protein	4	g	
Vitamin A			0%
Vitamin C			0%
Calcium			0%
Iron			4%
Thiamin			4%
Riboflavin			8%
Niacin			2%
Folate			0%

aib

Product # 2654

Product Description: Angel Food Jelly Roll
Label Wt. 14 oz.

Nutritional Claims: No Trans Fat, No Fat, No Cholesterol

Allergens: **wheat, soy, eggs**

Ingredients:

sugar, egg whites, water, flour, wheat starch, bleached wheat flour, enriched unbleached wheat flour (wheat flour, barley malt, niacin, iron, thiamin hydrochloride, riboflavin, folic acid), modified corn starch, contains 2% or less of the following: leavening (baking soda, sodium acid pyrophosphate, sodium aluminum phosphate), agar, algin, salt, malic acid, corn starch, fumaric acid, potassium sorbate and sodium propionate (preservatives), locust bean gum, natural and artificial flavors, artificial color (red 40).

Nutrition facts:

Serving size: 1/8 cake

wt./serving

50 grams

Servings per container: about 8

Nutrient	Values	Unit	%DailyValue
Calories	140	Kcal	
Calories From Fat	0	kcal	
Total Fat	0	g	0%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Polyunsaturated Fat	0	g	0
Monounsaturated Fat	0	g	0
Cholesterol	0	mg	0
Sodium	135	mg	6%
Total Carbohydrate	33	g	11%
Dietary Fiber	0	g	0%
Sugars	27	g	
Protein	4	g	
Vitamin A			0%
Vitamin C			0%
Calcium			0%
Iron			2%
Thiamin			2%
Riboflavin			6%
Niacin			2%
Folate			0%

aib

Product # 3228

Product Description: Assorted Cake Donuts
Plain, Powdered Sugar, & Chocolate Covered
Label Wt. 14.5 oz.

Allergens: **wheat, soy, eggs, & milk**

Ingredients:

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Palm Oil, Partially Hydrogenated Soybean and/or Cottonseed Oil, Water, Sugar, Corn Sugar, Contains 2% or less of the following: Defatted Soy Flour, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Sodium Aluminum Phosphate, Monocalcium Phosphate, Glucono Delta Lactone), Wheat Starch, Milk Protein Concentrate, Calcium Propionate, Sodium Propionate, Potassium Sorbate and Sorbic Acid (Preservatives), Salt, Mono & Diglycerides, Egg White, Toasted Wheat Germ, Lactose, Soy Lecithin, Egg Yolk, Sodium Stearoyl Lactylate, Cellulose Gum, Dextrin, Guar Gum, Artificial Flavor, Artificial Color (FD&C Yellow #5, Yellow #6), Karaya Gum, Modified Food Starch, Titanium Dioxide (Color), Corn Starch, Cinnamon.

Nutrition facts:

Serving size: 1 donut

wt./serving: 34 grams

Servings per container: 12

Nutrient	Values	Unit	%DailyValue
Calories	150	Kcal	
Calories From Fat	70	kcal	
Total Fat	8	g	12%
Saturated Fat	4	g	20%
Trans Fat	0	g	
Polyunsaturated Fat	0.5	g	
Monounsaturated Fat	1.5	g	
Cholesterol	0	mg	0%
Sodium	160	mg	7%
Potassium	20	mg	1%
Total Carbohydrate	22	g	7%
Dietary Fiber	1	g	4%
Sugars	10	g	
Protein	2	g	
Vitamin A			0%
Vitamin C			0%
Calcium			0%
Iron			4%
Vitamin D			0%
Thiamin			8%
Riboflavin			4%
Niacin			4%
Folate			4%

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Product # 3228

Product Description: Nickles 12 Chocolate Cake Donuts

Label Wt. 14.5 oz.

Allergens: **wheat, soy, eggs, & milk**

Ingredients:

Sugar, Palm Oil, and/or Partially Hydrogenated Soybean and/or Cottonseed Oil, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Cocoa Powder, Whole Milk Solids, Defatted Soy Flour, Contains 2% or less of the following: Non Fat Dry Milk, Reduced Mineral Whey Powder, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Sodium Aluminum Phosphate, Monocalcium Phosphate, Glucono Delta Lactone), Corn Sugar, Wheat Starch, Milk Protein Concentrate, Calcium Propionate, Sodium Propionate, Potassium Sorbate and Sorbic Acid (Preservatives), Salt, Mono & Diglycerides, Egg White, Toasted Wheat Germ, Lactose, Soy Lecithin, Egg Yolk, Sodium Stearoyl Lactylate, Cellulose Gum, Dextrin, Guar Gum, Artificial Flavor, Artificial Color (FD&C Yellow #5, Yellow #6), Karaya Gum, Modified Food Starch.

Nutrition facts:

Serving size: 1 donut

wt./serving: 34 grams

Servings per container: 12

Nutrient	Values	Unit	%DailyValue
Calories	160	Kcal	
Calories From Fat	80	kcal	
Total Fat	9	g	14%
Saturated Fat	6	g	30%
Trans Fat	0	g	
Polyunsaturated Fat	0	g	
Monounsaturated Fat	1	g	
Cholesterol	0	mg	0%
Sodium	150	mg	6%
Potassium	40	mg	1%
Total Carbohydrate	21	g	7%
Dietary Fiber	1	g	4%
Sugars	12	g	
Protein	2	g	
Vitamin A			0%
Vitamin C			0%
Calcium			0%
Iron			4%
Vitamin D			0%
Thiamin			8%
Riboflavin			4%
Niacin			2%
Folate			4%

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Product # 3239

Product Description: Creme Sticks
Label Wt. 15 oz.

Allergens: **wheat, eggs**

Ingredients:

Wheat Flour, Sugar, Partially Hydrogenated Soybean and/or Cottonseed and/or Palm Oils, Water, High Fructose Corn Syrup, Eggs, Contains 2% or less of the following: Dough Calcium Carbonate, Agar Agar, Salt, Locust Bean Gum, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate), Yeast, Yeast Nutrients (Calcium Sulfate, Ammonium Chloride), Natural & Artificial Flavors, Artificial Color including, FD&C Yellow #5, Titanium Dioxide, Corn Starch.

Nutrition facts:

Serving size: 1 donut

wt./serving

71 grams

Servings per container: 6

Nutrient	Values	Unit	%DailyValue
Calories	290	Kcal	
Calories From Fat	140	kcal	
Total Fat	16	g	25%
Saturated Fat	3.5	g	18%
Trans Fat	5	g	
Polyunsaturated Fat	1	g	
Monounsaturated Fat	7	g	
Cholesterol	10	mg	3%
Sodium	270	mg	11%
Potassium	10	mg	0%
Total Carbohydrate	35	g	13%
Dietary Fiber	0	g	0%
Sugars	20	g	
Protein	3	g	
Vitamin A			0%
Vitamin C			0%
Calcium			15%
Iron			2%
Thiamin			6%
Riboflavin			2%
Niacin			4%
Folate			0%

Product # 3248

Product Description: Mini Powdered Sugar Donuts - Giant Bag
Label Wt. 19.5 oz.

Kosher: Dairy
Allergens: **wheat, soy, eggs, milk**

Ingredients:
Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate Riboflavin, Folic Acid), Vegetable Shortening (Partially Hydrogenated Soybean and/or Cottonseed Oil), Dextrose, Soybean Oil, Nonfat Milk, Food Starch-Modified, Defatted Soy Flour, Leavening (Baking Soda, Sodium Acid Pyrophosphate, Sodium Aluminum Phosphate), Contains less than 2% of each of the following: Artificial & Natural Flavors, Perseravatives (Sodium Propionate, Potassium Sorbate, Sorbic Acid, Calcium Propionate, Alpha Tocopherol), Salt, Eggs, Mono- & Diglycerides, Wheat Starch, Dextrin, Soy Lecithin, Guar Gum, Corn Starch, Karaya Gum, Sodium Stearoyl Lactylate, Enzymes, Artificial Color, Polysorbate 80.

Nutrition facts:
Serving size: 4 donuts
wt./serving
Servings per container: 11

52 grams

Nutrient	Values	Unit	%DailyValue
Calories	220	Kcal	
Calories From Fat	110	kcal	
Total Fat	12	g	18%
Saturated Fat	3	g	14%
Trans Fat	3	g	
Polyunsaturated Fat	2	g	
Monounsaturated Fat	4	g	
Cholesterol	Less than 5	mg	1%
Sodium	210	mg	9%
Potassium	0	mg	0%
Total Carbohydrate	27	g	9%
Dietary Fiber	Less than 1	g	2%
Sugars	13	g	
Protein	2	g	
Vitamin A			4%
Vitamin C			0%
Calcium			0%
Iron			4%
Thiamin			8%
Riboflavin			4%
Niacin			4%
Folate			6%